St. Jude the Apostle Parish

42 Dana Ave ♦ Wynantskill, New York 12198 ♦ 518-283-1162 ♦ https://parishes.rcda.org/stjude



St. Jude the Apostle

St. Michael the Archangel

Saturday, September 21, 2024	Sunday, September 22, 2024	Saturday, September 21, 2024	Sunday, September 22, 2024
Mass 4:00PM	Mass 10:00AM	4:00PM	Mass 8:30AM
Fr. Patrick Rice	Fr. Patrick Rice	Fr. James Donlon	Fr. Patrick Rice
Saturday, September 28, 2024	Sunday, September 29, 2024	Saturday, September 28, 2024	Sunday, September 29, 2024
Mass 4:00PM	Mass 10:00AM	Mass 4:00PM	Mass 8:30AM
Fr. Patrick Rice	Fr. Patrick Rice	Fr. James Donlon	Fr. Patrick Rice

Sanctuary Votive Light For Our Priests, Deacons, Brothers, Religions and Lay Orders

St. Jude the Apostle Parishioners

Saturday, September 14th, 2024-4:00PM

Margaret Whitmore, Family
Jerri Richards, Husband
Rosane Farcher, Husband
Tina Demczar, Bob & Doris Moak

Sunday, September 15th, 2024-10:00AM

John Perkinson, Wife Tina Demczar, Pat Miorin Mark LaPoint, Mom

Wednesday September 18th, 2024 For Vocations,

Parishioners of St. Jude the Apostle

Friday September 20th, 2024
For the Intentions of the Parishioners of St. Jude,
Fr. Patrick Rice

Saturday, September 21st, 2024-4:00PM

Nancy Hannigan, Husband Fran & George Geiger, Mary Ellen Hart & Pat Schaeffer Rosana Farcher, Husband

Sunday, September 22nd, 2024-10:00AM

Carol Maple, Family
John Perkinson, Wife
Tina Demczar, Ann & Bob Kowalczyk
James R. Romano, Michael & Kris Hoffey

ST. JUDE THE APOSTLE SCHOOL

Welcome Back to School!!!

The 2024-2025 school year kicked off with a BANG! All of our students, Pre-k through Grade 5, started school with a full day on Thursday, September 5th! Our Faculty & Staff were ready to greet all our students and families with BIG smiles and lots of excitement for another AMAZING school year!















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GOSPEL REFLECTION

e summoned the crowd with His disciples and said to them, "Whoever wishes to come after Me must deny himself, take up his cross, and follow Me. For whoever wishes to save his life will lose it, but whoever loses his life for My sake and that of the gospel will save it." Mark 8:34–35

Practically speaking, how do we follow Jesus and save our souls? Is it enough to profess that we believe in Jesus?

If we were to arrive at the conclusion that Jesus is God and the Savior of the World, would we then be saved? Certainly not.

Even the demons believe this truth. tion on our part. We must deny our-Furthermore, the road to salvation re-Christ and the Gospel. What exactly To answer this question, let's first condesire that which is the easiest in life, consoling. We often seek out those least resistance. For example, if you on the most delicious foods, which tween a vacation in the most exotic cult work, which would you choose? If



Jesus is quite clear that salvation requires acselves, take up our crosses, and follow Him. quires that we lose ourselves for the sake of does this mean, practically speaking? sider the way that many people live. We tend to the most enjoyable, the greatest, and the most things that make us feel good and the path of could choose to fast on bread and water or feast would you choose? If you could choose beand luxurious location or a week of very diffiyou could choose to drive a brand new, high-

end car or a very old beater, which one would you prefer? Most people would quickly pick the nice food, luxurious vacation and fancy new car.

In his spiritual classic, the *Ascent to Mount Carmel*, Saint John of the Cross outlines a very different path. He gives a series of spiritual maxims to use for prayer and meditation to help purify your soul of every unhealthy attachment so that you can become more fully attached to God and His holy will. St. John says, "Strive always to prefer, not that which is easiest, but that which is most difficult; Not that which is most attractive, but that which is most unpleasant; Not that which gives most pleasure, but rather that which gives least..." These spiritual maxims, when read in their entirety, challenge us to the core of our being. They quickly reveal to those who are honest that they often prefer the easiest, most pleasant and best that this world has to offer. But what is best for your eternal soul?

Jesus' teaching, that we must deny ourselves, take up our cross, and follow Him, is the road map to saving your eternal soul and to discovering a spiritual fulfillment that far surpasses anything this world or our flesh have to offer. But in order to understand this road map and then to follow it, we often need to make a "spiritual U-turn" so to speak. This U-turn begins with us choosing the Cross on every level of our being and concludes with God stripping away all selfish desires and replacing them with a desire for sacrificial love.

If you were to carefully examine your thoughts throughout the day, you might find that you think about yourself a lot. "I like this, don't want to do that, am angry about this, and am trying to avoid that..." Very often, our thoughts begin with "I" and end with "me." Denying yourself, taking up your cross, and losing your life means that you no longer think about yourself. It means that the eyes of your soul have turned away from yourself and focus exclusively upon the will of God and the love of others. But this will never be possible until we are freed of the numerous selfish desires that often direct most of our actions day in and day out.

Reflect, today, upon that which you desire throughout your day. What occupies your thoughts the most? What are you drawn to the most? Do you spend most of your day thinking about how you can better serve God and His holy will? Or do you spend most of your day thinking about yourself? Do the eyes of your soul most often turn to the selfless service of others? Or do they more often think about what you want in a selfish way? Reflect upon these difficult questions and seek to eradicate everything within you that is selfish. Doing so will enable you to make a spiritual U-turn so that you can carry the glorious and transforming Cross of Christ.

My sacrificial Lord, You lived a selfless life in which Your only concerns were the glory of the Father in Heaven and the salvation of the world. Please free me from all selfishness so that I will be more able to deny myself in every way, run toward every cross in life, and follow You into the beautiful life of selfless and sacrificial love. Jesus, I trust in You.

STEWARDSHIP

OUR YEAR-TO-DATE (7/1/24-6/30/25) is:

\$ 3,403.00 (Offertory) \$ 250.00 (E-Giving) \$ 3,653.00 TOTAL



Electronic Giving is available and is a con-

Giving, please stop by the Parish Office.

To cover our expenses for the week, We need \$4,808.00

venient way to ensure your Offertory donation to St. Jude the Apostle Church. There We are UNDER budget is a quick and easy form to fill out, and the money will be taken out automatically from We are UNDER (\$ 1,155.00) your bank account on the 16th of each month. If you are interested in Electronic

\$ 38,058.95 (Offertory)

\$ 48,080.00 (E-Giving)

\$ 86,138.95 **TOTAL**

(\$10,021.05)

FAITH FORMATION

Te are two weeks away from the start of Faith Formation classes which will begin on Sunday, September 29th at St. Michael's Parish.

IF YOU HAVE NOT ALREADY REGISTERED, PLEASE DO SO AS **QUICKLY AS POSSIBLE!!**

Grades K-6 will meet weekly from 9:30-10:30 am, and grades 7-10 will meet twice a month from 10:45-12:15. Registration forms are available in the Gathering Area. If you would like an electronic copy, please email ffstmichaels@gmail.com.

If you would like to join our Faith Formation team as a Substitute Catechist, please email JoAnn Taylor at ffstmichaels@gmail.com.





LIVING WITH LOSS

Our Living with Loss Group will resume sessions on Thursday, September 19 at 3 pm at the Parish Center. Anyone who is navigating thru their grief journey is invited to attend. No RSVP is necessary.



PASTORAL STAFF FR. PATRICK RICE, Pastor frpat.aspspp@gmail.com

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Allison Hartwich, Business Mgr., ksjaw@rcda.org

Chris Harris, Ministry Coordinator, Charris 17@gmail.com

RESPECT LIFE ROSARY RECCITATION

Recitation of the Rosary, sponsored by the Respect Life Committee will return the last weekend of each month at 3:30 pm on Saturday, September 28 and at 9:30 am on Sept. 29.





Did you know American eat about 90

bananas a year, which is more than apples or oranges? Bananas are often referred to as a "superfood"-full of vitamins and minerals, especially potassium. Bananas are available to us year-round-fresh apples and oranges are often plentiful at certain times of the year. Storage can be difficult, but bananas do not ripen in cool, dark places-good to know-many if us do not like the taste of over ripe bananas. They pack easily for lunches and are ready to eat for those with tight schedules! Try one-and enjoy! They are good for you!

St. Jude the Apostle ~ Adult Choir

St. Jude's Adult Choir is looking for new members. Please consider joining us. We are a faith-filled group who provide music for our liturgical celebrations.

"Music ministry is more time consuming than most other liturgical ministries. Alternatively, music ministry often has a stronger sense of community than other ministries because we meet so regularly......



Join the Choir...

You'll Be Glad You Did!

Music ministry provides beauty, joy, comfort, inspiration, and musical prayer for our communal liturgies and various parish celebrations. This is possible due to the generous sharing of time and talent of diverse and committed members. If you can carry a tune and want

to learn, come and sing with us." If you would like more information, please see Debbie Moore in the choir loft.

We are seeking donations of baby flannel material to make receiving blankets to support Glory House - an important Ministry that supports and sustains pregnant women ages 18-25. If you have baby flannel to donate, please drop it off at the St. Michael's Parish Office or contact Phyllis Mescia at 518-244 -3412



Sacraments Available PARISH OFFICE (518) 283-1162



Please call the Parish Office or email Deacon Warren @ warrensafford@gmail.com



RECONCILIATION/CONFESSION Saturday 3:00-3:30pm. Individual Confessions: arranged by calling the Parish Office.



Couples please call the Office six months in advance and prior to making reception plans.







PASTORAL CARE Please call the Parish Officefor visitation and Communion for the homebound.



Are you or someone you know interested in becoming a Roman Catholic? Never been Baptized, Baptized in another faith tradition or maybe Baptized Catholic but never received First Holy Communion or Confirmation? Please call the Parish Officefor information.



GENERAL PRACTICE Arthur R. Frost, Esq. afrost@frostfirm.com

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