

*Third Sunday of Lent — 8 March 2026*



The Parish of  
Saint Francis of Assisi

The Cathedral Church  
of The Immaculate  
Conception

Historic St. Mary's  
Church

*Welcome! - Bienvenido! - Mabuhay!*

Parish Network Mass Times				Confession Times	
<b>Historic St. Mary's</b>	Sat 4:00 PM	Sun 8:00 AM 10:30 AM	M-F 12:05 PM	<b>Historic St. Mary's</b>	Sat: 3:15 PM Mon, Wed, Fri 11:30-11:55 am Tues & Thurs (after Mass)
<b>St. Francis Delaware Ave</b>	Sat 4:00 PM	Sun 9:00 AM 10:30 AM (Spanish)		<b>St. Francis Delaware Ave</b>	Sat: 3:15 PM Sun: 8:15 AM
<b>St. Francis South End</b>		Sun 10:30 AM		<b>St. Francis South End</b>	Before or after Mass (by request)
<b>The Cathedral</b>		Sun 11:00 AM 5:00 PM		<b>The Cathedral</b>	Sun: 10:30 AM-10:50 AM 4:00 PM—4:50 PM

**Central Offices & Mailing Address**  
125 Eagle Street  
Albany, New York 12202

**Office Hours:** Monday through Friday, 9:00 AM — 4:00 PM  
**Office Phone:** 518.463.4447  
**Email:** CICAAlban@rcda.org | SFAAlbany@rcda.org | SMAAlbany@rcda.org

**The Cathedral**

125 Eagle Street  
Albany, New York, 12202

www.cathedralic.com  
www.facebook.com/CathedralAlbany  
@cathedralalbany

**Saint Francis of Assisi**

**Delaware Site:**  
391 Delaware Avenue  
Albany, New York 12209

**South End Site:**  
93 Fourth Avenue  
Albany, New York 12202

www.facebook.com/SaintFrancisAlbany  
@saintfrancisalbany

**Historic Saint Mary's** (518) 462.4254

10 Lodge Street,  
Albany, New York 12207

www.hist-stmarys.org  
www.facebook.com/historicstmarychurch  
**Open daily**

**Cathedral Church Hours**

Sunday: 9:00 AM—6:00 PM  
Monday—Saturday: 9:00 AM—4:30 PM

**The Cathedral and Parish Offices will be closed on National Holidays and other days throughout the year as noted in the bulletin.**

**Saint James Food Pantry**

St. James Place, Albany, NY 12209 | 518.414.1929  
Monday & Wednesday: 10:00am—12:30pm

**Saint John's/Saint Ann's Center**

88 Fourth Avenue, Albany, NY 12202 | 518.472.9091  
Monday, Wednesday & Thursday: 10:am—12pm; 1:pm 3pm  
**WELCOME TABLE**  
Tuesday and Saturday: 11:30am—1:00pm

**St. Mary's Food Pantry**

10 Lodge Street, Albany, New York 12207 | 518.462.4357  
Tuesday & Friday, 9:00—11:30 AM

**Holy Hours of Adoration:**

**Thursday** 6:30 pm—7:30 pm with The Most Holy Rosary at St. Mary's  
**First Friday** 8:00 am—Noon at St. Mary's | 11:30 am—3:30 pm at Cathedral | 7:30 pm—8:30 pm at St. Francis—Delaware  
**First Saturday** 5:15 pm-6:15 pm at St. Francis—Delaware (Spanish)

# CÉAD MÍLE Fáilte

("A Hundred Thousand Welcomes!")

## Remembering Albany's Irish Catholic Heritage Laetare Sunday, March 15<sup>th</sup>

In the 1840's, Irish Catholics in large numbers came to North America as refugees from one of modern history's worst natural disasters. So many Irish came to New York to escape the Great Hunger, that the Vatican created the Diocese of Albany in 1847. Those refugees helped establish the Diocese of Albany and literally built our Cathedral.

On joyful Laetare Sunday nearing Easter, the Cathedral will honor our Irish Catholic Heritage at the 11 am Mass with: Adoration (10:00), Confessions and Rosary (10:30), Holy Mass (11:00). Traditional religious music on Irish uilleann pipes before and after Mass, followed by hospitality with food and music, and a tour of the Cathedral. Please join us!

### Lenten Opportunities

Mondays: Morning Prayer, 8 a.m., Cathedral

Tuesdays: "Mary's Mantle" Consecration Retreat Meeting, 6:30-8 pm, Historic St. Mary's, 10 Lodge St.

Christian Initiation and Adult Faith Formation, 6:30-8 pm, Cathedral Rectory Office, 125 Eagle Street, Albany.

Wednesdays: "Total Consecration" Retreat Meeting, 6:30-8 pm, Church of St. Mary's, 163 Columbia Turnpike, Clinton Heights (Rensselaer)

Thursdays: Eucharistic Holy Hour and Benediction, 6:30-7:30 pm, Historic St. Mary's

Fridays: Stations of the Cross, 5:15, Eucharistic Exposition and Confessions, 6-7 pm; Cathedral



### Happy One Year Anniversary to Father Rendell as Rector of the Cathedral and Pastor of our Network

Fr. Rendell was installed as Rector of the Cathedral on March 2, 2025. We thank him for living out the words of his installation: a loving father, a gentle shepherd, and a wise teacher of his people, so that he may lead them to Christ who will strengthen all that he does.

O Mary, Queen of the Clergy, pray for Fr. Rendell!  
*Ad Multos Annos* | For Many More Years  
Sa Loob Ng Maraming Taon!

### St. Vincent de Paul Society

The St. Vincent de Paul Society provides emergency assistance to our neighbors struggling with rent, utilities, and other bills. Founded by Blessed Frederick Ozanam, inspired by St Vincent de Paul, all of our "clients" are local; almost all of them live within blocks of our three parishes. What distinguishes us is our highly personal approach. No money is allotted without first visiting someone in their home, which enables us to really listen to their story and then serve them in the best possible way.

You can help through a almsgiving. Either place your gift in one of the poor boxes near the church entrance, or place a check made out to "The St. Vincent de Paul Society" in the collection basket.

**You can also help by joining us. Call the Cathedral at 518-463-4447 for more information.**

*Believing as we do that all people are equally recipients of God's ravishing love, The St. Vincent de Paul Society does not discriminate on the basis of race, color, creed, gender, sexual orientation or immigration status.*

### PASTOR'S REFLECTION

8 MARCH, 2026, THIRD SUNDAY OF LENT

**Jesus said to her, "Whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty." (John 4:14-15)**



In the Divine Mercy image, a red ray and a pale ray of light radiate from the Sacred Heart of Jesus, who explains to St. Faustina, "The pale ray stands for the Water which makes souls righteous. The red ray stands for the Blood which is the life of souls." This Water, gushing from His Heart, makes us

"right" with God (through Baptism and Confession) and offers us His supernatural eternal life, where every thirst is satisfied and we receive peace after a good Confession or after receptive time in Adoration.

This "water" also refers to the Holy Spirit dwelling in us, as Jesus says: "**Let anyone who thirsts come to me and drink. Whoever believes in me, as scripture says: 'Rivers of living water will flow from within him.'**" He said this in reference to the Spirit that those who came to believe in him were to receive. (John 7:37-39) If we turn to addictive pleasures, they cannot satisfy the our soul's thirst for God, for a life that is surrendered completely to Jesus, our Lord and God.

Please come and bring a friend "thirsty" for Divine Mercy to our churches, even outside of Mass, so that more people can encounter Jesus Christ in the Eucharist, whether in the tabernacle or offered to God in the Sacrifice of the Mass. He desires to hear our prayers from the heart, and He desires to fill our hearts with His 'living water'—His incomparable divine life and His very self. Let's pray and sacrifice this week as an offering to Jesus our eternal High Priest in heaven, to ask Him to bestow abundant graces on souls who are seeking and thirsting for God.

Peace in Jesus  
through Mary,

*Fr. Rendell R. Jones*

*"My heart is drawn there where my God is hidden, where He dwells with us day and night, clothed in the White Host; He governs the whole world, He communes with souls... But my heart senses that the living water is here; It is my living God, though a veil hides Him." (St. Faustina, Diary, paragraph 1591)*

### LENTEN MORNING PRAYER

The *Liturgy of the Hours* is an ancient form of Christian prayer using Scripture, especially the psalms, to give praise and thanks to God at set hours every day. While priests, deacons and many religious are required to recite the "Hours," the Church has long encouraged the practice for lay members as well, to help keep God, Scripture and the Church central in our thoughts throughout our busy day. During Lent, we are reciting Morning Prayer — the first of the "Hours" — at the Cathedral on Mondays at 8 am.

Please join us! No experience needed!

**Readings for Next Sunday, March 15, 2026**

1 Sm 16:1b, 6-7, 10-13a/Eph 5:8-14/  
Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38



**Synod Get-Togethers**

As the season of Lent has begun, please consider joining your fellow parishioners for Mass and one or several of our six planned Synod sessions.

We are at an important crossroad in the life of our Diocese and Parishes, where reflecting on our mission and God’s call is needed to be able to continue to provide Mass and the many church services that we have had available in the past. There are many challenges and opportunities to strengthen and improve our parish life.

Your insight and wisdom are essential to making good decisions to discern and meet the needs of our believing community.

The focus of the Synod get-togethers is prayerful listening together to God and to parishioners including you. Please join us for a brief, open discussion and some light refreshments at one or more of these sessions. The discussion topics will change from session to session, so attending more than one will increase your opportunity to reflect on God’s call with us.

The schedule of sessions is as follows:

**Friday, March 6**, after 6:30 PM Mass - at St. Francis of Assisi, Delaware Avenue

**Sunday March 8**, after 10:30 AM Spanish Mass - at St. Francis of Assisi, Delaware Avenue

**Monday, March 16**, after 6:00 PM Mass - at St. Francis of Assisi, South End

**Sunday, March 22**, after 11:00 AM Mass, - at the Cathedral of the Immaculate Conception

**Now Using Hypoallergenic Incense**

Father Torres was sorry to learn that some parishioners are highly reactive to the incense used at Mass. For those who have asthma, respiratory allergies, emphysema, or a sensitive airway, both the fragrance of the incense and the inhalation of the smoke that rises from it can be quite irritating and cause coughing, difficulty breathing, singing, and even speaking, which impedes one’s ability to fully participate in the Mass. So Father sent some of us on a quest to find a hypoallergenic alternative. Several options were discovered and eagerly tested by a group of interested people. Happily, everyone agreed that the incense that had the most agreeable fragrance and the least irritating smoke was of the Gloria brand. It is a slow-burning incense that contains a blend of lavender, rose, frankincense, and myrrh. It is also advertised as hypoallergenic! A big thank you to all who did the research and gathered the samples for us to try!

**Church Offices Closed, March 12, 2026**

The offices (the Cathedral, St. Francis, Historic St. Mary’s) will be closed all day March 12, 2026, for a staff retreat.

**My Parish NFP**

My Parish NFP is a one stop shop for engaged couples, married couples, single women, and families to discover more about natural family planning and fertility awareness, in line with the teachings of the Catholic Church. It is a hub for classes, information, and resources in both English and Spanish. Find out more at [www.myparishnfp.org](http://www.myparishnfp.org)



**STEWARDSHIP**

**Cathedral of the Immaculate Conception  
Monthly Offering—January, 2026**

Regular Offertory	\$11,068.58
Average Monthly Need	\$29,000.00
<b>SHORTFALL</b>	<b>(\$17,931.42)</b>

*The average weekly need is based on Total Expenses 2025*

**Historic St. Mary  
Monthly Offering—January, 2026**

Regular Offertory	\$27,977.44
Average Monthly Need	\$35,100.00
<b>SHORTFALL</b>	<b>(\$7,122.56)</b>

*The average weekly need is based on Total Expenses (2024-2025)*

**St. Francis of Assisi  
Monthly Offering—January, 2026**

Regular Offertory	\$16,048.02
Average Monthly Need	\$29,000.00
<b>SHORTFALL</b>	<b>(\$12,951.98)</b>

*The average weekly need is based on Total Expenses 2025*

**Thank you for your generous support!**

*If you would like to make a financial contribution to your parish through your smartphone, please use the QR code below. camera at the QR codes below and tap the link.*



**The Cathedral**



**St. Francis**



**Historic St. Mary’s**

**A Note to Parishioners About Our Finances**

Our three parishes have been navigating many transitions over the past year and can look ahead to a great deal more on the horizon. These have included a greater consolidation of our shared network and a large turnover of staff and personnel responsible for administering it. Those of us now charged with that responsibility intend to bring as much constancy as we can to the process, and to be present and transparent throughout. The changing reports of our operating needs each month reported in the bulletin will reflect some of these changes as we get a grasp of all that our parishes confront. We ask especially for your patience and your prayers that we can be prudent in attending to all we have been tasked with.

— Yours in Christ, the Historic Parish Network team

**BE A PRAYER PARTNER WITH POPE LEO**



**For children with incurable diseases:**

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope. Amen



## Historic Albany Parish Network

The Most Rev'd Mark O'Connell, JCD  
Bishop of Albany

### Clergy

The Very Rev'd. Rendell R. Torres, Rector and Pastor

*Fr.Rendell.Torres@rcda.org*

Rev. Emmanuel Udoh, Resident Priest

*udohe@rcda.org*

Rev. Mr. James M. Agnew, Deacon

*James.Agnew@rcda.org*

Rev. Mr. Timothy J. Kosto, II, Deacon

*Timothy.Kosto@rcda.org*

Rev. Mr. Aaron Tremblay, Deacon

*Aaron.Tremblay@rcda.org*

### Assisting Clergy

Rev. Julian A. Davies, OFM

Rev. John Moyna

Rev. Sean O'Brien, OFM

### Parish Operations Manager

Mrs. Barbara Koerner-Fox

*Barbara.Koernerfox@rcda.org*

### Music & Liturgy

Dr. Brian Glikes, Director of Diocesan & Cathedral Music

*Brian.Glikes@rcda.org*

Mr. Patrick Buonacore, Liturgical Coordinator & Sacristan

*Patrick.Buonacore@rcda.org*

Mr. John Rodier, Sacristan & Cantor

518.466.1405

### Saint Francis Music

Ms. Kristen Witham

### Buildings & Grounds

Mr. Kurt Schlachter, Facilities Manager

*Cathedralfacilities@rcda.org*

### Weekday Mass Intentions

*As of March 3, 2026*

#### Historic St. Mary's

<b>Mon, March 9</b> 12:05 PM	† Staniskaw and Janina Szczerba	Requested by Aniela Melanowicz
<b>Tues, March 10</b> 12:05 PM	<i>Pro Populo</i>	
<b>Wed, March 11</b> 12:05 PM	<i>Pro Populo</i>	
<b>Thu, March 12</b> 12:05 PM	<i>Pro Populo</i>	
<b>Fri, March 13</b> 12:05 PM	<i>Pro Populo</i>	

### COMUNIDAD HISPANA

391 DELAWARE AVE

ST. FRANCIS OF ASSISI

**Santa Misa:** Domingo 10:30 AM

**Confesiones:** Domingo 10:00 AM

**Primer Domingo del mes: Bendición a todos los niños y jóvenes al final de la Santa Misa**

- **Hora Santa:** Todos los primeros Sábados de cada mes a las 5:15pm.

### Sunday Mass Intentions

*As of March 3, 2026*

#### Saint Francis (Delaware)

<b>Sat, March 7</b> 4:00 PM	† Erma Arduine	Requested by Dolores Arduine Fournier
<b>Sun, March 8</b> 9:00 AM	<i>Pro Populo</i>	
<b>Sun, March 8</b> 10:30 AM	<i>Pro Populo</i>	
<b>Sat, March 14</b> 4:00 PM	<i>Pro Populo</i>	
<b>Sun, March 15</b> 9:00 AM	† John Anthony Hartigan	Requested by Paul and Kate McGrath
<b>Sun, March 15</b> 10:30 AM	<i>Pro Populo</i>	

#### Saint Francis (South End)

<b>Sun, March 8</b> 10:30 AM	<i>Pro Populo</i>	
<b>Sun, March 15</b> 10:30 AM	† GeorgeAnn Payne	Requested by Bob and Pat Benac
	† Vincent Giordano	Requested by The Brodfuehrers

#### The Cathedral

<b>Sun, March 8</b> 11:00 AM	† Mary R. Fontane	Requested by Family
	† Rosemarie Marrantino	Requested by Molly Wakeman
<b>Sun, March 8</b> 5:00 PM	† Peter and Claire Rua	Requested by Family
<b>Sun, March 15</b> 11:00 AM	Vangie Pilpil	Thanksgiving 20th Birthday
<b>Sun, March 15</b> 5:00 PM	<i>Pro Populo</i>	

#### Historic St. Mary's

<b>Sat, March 7</b> 4:00 PM	† Gene Cropsey	Requested by Family
	† Frank J. John	Requested by Family
<b>Sun, March 8</b> 8:00 AM	† Deceased Members of the Govel Family	Requested by Family
<b>Sun, March 8</b> 10:30 AM	† Richard Burns	Requested by Rita Burns
	† Fred Lanz	Requested by Rita Burns
<b>Sat, March 14</b> 4:00 PM	Mr. and Mrs Daniel Scaringe	Requested by Sons
	† In Honor of St. Joseph	Requested by Joe Scaringe
<b>Sun, March 15</b> 8:00 AM	† James J. Finnerty	Requested by Emminger Family
<b>Sun, March 15</b> 10:30 AM	† John W. Lane III	Requested by Charles and Cynthia Herubin
	† Mary Sabot	Requested by Robert and Theresa Long

Parish offices will be closed Thursday, March 12, 2026.



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