

The Parish of
Saint Francis of Assisi

The Cathedral Church
of The Immaculate
Conception

Historic St. Mary's
Church

Welcome! - Bienvenido! - Mabuhay!

Parish Network Mass Times				Confession Times	
Historic St. Mary's	Sat 4:00 PM	Sun 8:00 AM 10:30 AM	M-F 12:05 PM	Historic St. Mary's	Sat: 3:15 PM Mon, Wed, Fri 11:30-11:55 am Tues & Thurs (after Mass)
St. Francis Delaware Ave	Sat 4:00 PM	Sun 9:00 AM 10:30 AM (Spanish)		St. Francis Delaware Ave	Sat: 3:15 PM Sun: 8:15 AM
St. Francis South End		Sun 10:30 AM		St. Francis South End	Before or after Mass (by request)
The Cathedral		Sun 11:00 AM 5:00 PM		The Cathedral	Sun: 10:30 AM-10:50 AM 4:00 PM—4:50 PM

Central Offices & Mailing Address
125 Eagle Street
Albany, New York 12202

Office Hours: Monday through Friday, 9:00 AM — 4:00 PM
Office Phone: 518.463.4447
Email: CICAAlban@rcda.org | SFAAlbany@rcda.org | SMAAlbany@rcda.org

The Cathedral

125 Eagle Street
Albany, New York, 12202

www.cathedralic.com
www.facebook.com/CathedralAlbany
@cathedralalbany

Saint Francis of Assisi

Delaware Site:

391 Delaware Avenue
Albany, New York 12209

South End Site:

93 Fourth Avenue
Albany, New York 12202

www.facebook.com/SaintFrancisAlbany
@saintfrancisalbany

Historic Saint Mary's (518) 462.4254

10 Lodge Street,
Albany, New York 12207

www.hist-stmarys.org
www.facebook.com/historicstmarychurch
Open daily

Cathedral Church Hours

Sunday: 9:00 AM—6:00 PM
Monday—Saturday: 9:00 AM—4:30 PM

The Cathedral and Parish Offices will be closed on National Holidays and other days throughout the year as noted in the bulletin.

Saint James Food Pantry

St. James Place, Albany, NY 12209 | 518.414.1929
Monday & Wednesday: 10:00am—12:30pm

Saint John's/Saint Ann's Center

88 Fourth Avenue, Albany, NY 12202 | 518.472.9091
Monday, Wednesday & Thursday: 10:am—12pm; 1:pm 3pm
WELCOME TABLE
Tuesday and Saturday: 11:30am—1:00pm

St. Mary's Food Pantry

10 Lodge Street, Albany, New York 12207 | 518.462.4357
Tuesday & Friday, 9:00—11:30 AM

Holy Hours of Adoration:

Thursday 6:30 pm—7:30 pm with The Most Holy Rosary at St. Mary's
First Friday 8:00 am—Noon at St. Mary's | 11:30 am—3:30 pm at Cathedral | 7:30 pm—8:30 pm at St. Francis—Delaware
First Saturday 5:15 pm-6:15 pm at St. Francis—Delaware (Spanish)

LENTEN MORNING PRAYER

The *Liturgy of the Hours* is an ancient form of Christian prayer using Scripture, especially the psalms, to give praise and thanks to God at set hours every day. While priests, deacons and many religious are required to recite the “Hours,” the Church has long encouraged the practice for lay members as well, to help keep God, Scripture and the Church central in our thoughts throughout our busy day. During Lent, we are reciting Morning Prayer—the first of the “Hours” – at the Cathedral on Mondays, at 8 am. Please join us! No experience needed!

The Poor Man Who Gave Up Everything—And Gained More Besides

Reflections on St. Francis of Assisi

during the 800th anniversary of his death by Chris McKenna

On Jan. 10th, Pope Leo XIV declared 2026 a “Year of St. Francis” to celebrate the 800th Anniversary of the humble Friar’s passing from this world to the glory of Heaven. Francis was born wealthy, and as a young man, he loved to party and have fun. But he rejected earthly fame and fortune, and embraced poverty—giving away all he owned, literally stripping the clothing from his back and embracing poor people themselves—so as to experience Christ more closely. In so doing, Francis learned to see God not only in the people he met, but in every created thing, from water to fire, air and wild animals, a connectedness he memorably celebrated in the beautiful Canticle of Creation song that he wrote, and which is one of the earliest examples of popular poetry or literature written in the common language, easily understood by everyone. Ironically, it was Francis’ desire to live a life of humility and drastic poverty that made him more famous and successful, attracting men and women even to this day who are seeking to copy his example and live in peace with God and all his creation.

Of Francis, Pope Leo said his life “points to the authentic source of peace. Peace with God, peace among human beings, and with creation are inseparable dimensions of a single call to universal reconciliation.” This Lent, as Christians look for things and experiences to “give up” in order to deepen our own faith, we can learn from the “Poverello,” the Little Poor Man, who gave up everything and in return, gained even more.

Peace and all good!

Lenten Opportunities

+ Bishop Mark celebrating Mass at the Cathedral, 5 p.m., March 1, followed by light hospitality and synodal gathering; please join us!

Mondays: Morning Prayer, 8 a.m., Cathedral

Tuesdays: “Mary’s Mantle” Consecration Retreat Meeting, 6:30-8 pm, Historic St. Mary’s, 10 Lodge St.

Christian Initiation and Adult Faith Formation, 6:30-8 pm, Cathedral

Wednesdays: “Total Consecration” Retreat Meeting, 6:30-8 pm, Church of St. Mary’s, 163 Columbia Turnpike, Clinton Heights (Rensselaer)

Thursdays: Eucharistic Holy Hour and Benediction, 6:30-7:30 pm, Historic St. Mary’s

Fridays: Stations of the Cross, 5:15, Eucharistic Exposition and Confessions, 6-7 pm; Cathedral

PASTOR’S REFLECTION

1 MARCH, 2026, SECOND SUNDAY OF LENT

Jesus led them up a high mountain...And he was transfigured before them; his face shone like the sun and his clothes became white as light...then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.” (Matthew 17:1-9)



The Transfiguration of Jesus on Mount Tabor was the visible event that now happens in a hidden way in Adoration of Jesus in the Blessed Sacrament. On Mount Tabor, Jesus’s face shone and radiated grace, and in Adoration Jesus’s hidden face now shines and radiates grace. God the Father’s words still apply to us in Adoration: “*This is My beloved Son...listen to Him.*”

When we pray the fourth Luminous Mystery of the Rosary and contemplate the Transfiguration, we receive the “fruit” of desire for holiness, which is doing God’s will. Everyone is called to holiness, as St. Paul says, “*God did not call us to impurity but to holiness,*” (1 Thes. 4:3-8) and “*God chose us in Christ...to be holy and without blemish before Him*” (Eph. 1:4). We can grow in holiness through frequent Confession and Holy Communion, deep devotion to the Mass and prayerful Eucharistic Adoration (which we hope to increase at the Cathedral for the benefit of our whole Diocese), self-mastery through self-denial, service for others, and exercising the virtues such as patience, kindness, and humility.

Our first synodal small-group listening sessions went well last week at Historic St. Mary’s. This week’s listening sessions will take place at the Cathedral after the 5:00 p.m. Sunday Mass with Bishop Mark. *Please come and join these sessions*, so that we may listen and share with each other to discern our mission from God; as members of the Body of Christ who listen to each other, we fulfill God’s words: “*This is My Beloved Son...listen to Him*”—in each other.

Peace in Jesus
through Mary,

Fr. Russell R. Jones

“In order to hear the voice of God, one has to have silence in one’s soul and to keep silence; not a gloomy silence but an interior silence; that is to say, recollected in God.”

(St. Faustina, *Diary*, paragraph 118)

St. Vincent de Paul Society

The St. Vincent de Paul Society provides emergency assistance to our neighbors struggling with rent, utilities, and other bills. Founded by Blessed Frederick Ozanam, inspired by St Vincent de Paul, all of our “clients” are local; almost all of them live within blocks of our three parishes. What distinguishes us is our highly personal approach. No money is allotted without first visiting someone in their home, which enables us to really listen to their story and then serve them in the best possible way.

You can help through a almsgiving. Either place your gift in one of the poor boxes near the church entrance, or place a check made out to “The St. Vincent de Paul Society” in the collection basket.

You can also help by joining us. Call the Cathedral at 518-463-4447 for more information.

Believing as we do that all people are equally recipients of God’s ravishing love, The St. Vincent de Paul Society does not discriminate on the basis of race, color, creed, gender, sexual orientation or immigration status.

Readings for Sunday, 8 March, 2026

Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/
Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Synod Get-Togethers

As the season of Lent has begun, please consider joining your fellow parishioners for Mass and one or several of our six planned Synod sessions.

We are at an important crossroad in the life of our Diocese and Parishes, where reflecting on our mission and God's call is needed to be able to continue to provide Mass and the many church services that we have had available in the past. There are many challenges and opportunities to strengthen and improve our parish life.

Your insight and wisdom are essential to making good decisions to discern and meet the needs of our believing community.

The focus of the Synod get-togethers is prayerful listening together to God and to parishioners including you. Please join us for a brief, open discussion and some light refreshments at one or more of these sessions. The discussion topics will change from session to session, so attending more than one will increase your opportunity to reflect on God's call with us.

The schedule of sessions is as follows:

Sunday, March 1, after 5:00 PM Mass with Bishop Mark - at Cathedral of the Immaculate Conception

Friday, March 6, after 6:30 PM Mass - at St. Francis of Assisi, Delaware Avenue

Sunday March 8, after 10:30 AM Spanish Mass - at St. Francis of Assisi, Delaware Avenue

Monday, March 16, after 6:00 PM Mass - at St. Francis of Assisi, South End

Sunday, March 22, after 11:00 AM Mass, Cathedral of the Immaculate Conception

We hope you will join us in prayer, listening, and discernment of our parishes' missions!

FIRST FRIDAY AND FIRST SATURDAY



We invite you on to spend some time with our Lord Jesus in quiet adoration and prayer as we pray for our Church and our World. Exposition of the Blessed Sacrament begins **Friday, March 6th at 8:00am until Mass at 12:05 pm at Historic St. Mary's**, continues at the **Cathedral of the Immaculate Conception from 12:30-3:30 pm** with Benediction and the Divine

Mercy Chaplet and from **7:15pm to 8:15pm at St. Francis of Assisi on Delaware Avenue.**

On **March 7th**, our Spanish-speaking community adores the Blessed Sacrament at **Saint Francis of Assisi Church on Delaware Avenue from 5:15 PM to 6:15 PM.**

If you are open to participating in this spectacular ministry to bring grace upon the world, you can sign up for 30- or 60-minute adoration times at

<https://cathedralic.weadorehim.com/en> or use the QR code.

First Saturday at Blessed Sacrament Church

7:30 Adoration & Confession, 9:00 Mass Coffee Hour

STEWARDSHIP

**Cathedral of the Immaculate Conception
Monthly Offering—January, 2026**

Regular Offertory	\$11,068.58
Average Monthly Need	\$29,000.00
SHORTFALL	(\$17,931.42)

The average weekly need is based on Total Expenses 2025

**Historic St. Mary
Monthly Offering—January, 2026**

Regular Offertory	\$27,977.44
Average Monthly Need	\$35,100.00
SHORTFALL	(\$7,122.56)

The average weekly need is based on Total Expenses (2024-2025)

**St. Francis of Assisi
Monthly Offering—January, 2026**

Regular Offertory	\$16,048.02
Average Monthly Need	\$29,000.00
SHORTFALL	(\$12,951.98)

The average weekly need is based on Total Expenses 2025

Thank you for your generous support!

If you would like to make a financial contribution to your parish through your smartphone, please use the QR code below. camera at the QR codes below and tap the link.



The Cathedral



St. Francis



Historic St. Mary's

Now Using Hypoallergenic Incense

Father Torres was sorry to learn that some parishioners are highly reactive to the incense used at Mass. For those who have asthma, respiratory allergies, emphysema, or a sensitive airway, both the fragrance of the incense and the inhalation of the smoke that rises from it can be quite irritating and cause coughing, difficulty breathing, singing, and even speaking, which impedes one's ability to fully participate in the Mass. So Father sent some of us on a quest to find a hypoallergenic alternative. Several options were discovered and eagerly tested by a group of interested people. Happily, everyone agreed that the incense that had the most agreeable fragrance and the least irritating smoke was of the Gloria brand. It is a slow-burning incense that contains a blend of lavender, rose, frankincense, and myrrh. It is also advertised as hypoallergenic! A big thank you to all who did the research and gathered the samples for us to try!

BE A PRAYER PARTNER WITH POPE LEO



For children with incurable diseases:

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope. Amen



Historic Albany Parish Network

The Most Rev'd Mark O'Connell, JCD
Bishop of Albany

Clergy

The Very Rev'd. Rendell R. Torres, Rector and Pastor
Fr.Rendell.Torres@rcda.org
Rev. Emmanuel Udoh, Resident Priest
udohe@rcda.org
Rev. Mr. James M. Agnew, Deacon
James.Agnew@rcda.org
Rev. Mr. Timothy J. Kosto, II, Deacon
Timothy.Kosto@rcda.org
Rev. Mr. Aaron Tremblay, Deacon
Aaron.Tremblay@rcda.org

Assisting Clergy

Rev. Julian A. Davies, OFM
Rev. John Moyna
Rev. Sean O'Brien, OFM

Parish Operations Manager

Mrs. Barbara Koerner-Fox
Barbara.Koernerfox@rcda.org

Music & Liturgy

Dr. Brian Glikes, Director of Diocesan & Cathedral Music
Brian.Glikes@rcda.org
Mr. Patrick Buonacore, Liturgical Coordinator & Sacristan
Patrick.Buonacore@rcda.org
Mr. John Rodier, Sacristan & Cantor
518.466.1405

Saint Francis Music

Ms. Kristen Witham

Buildings & Grounds

Mr. Kurt Schlachter, Facilities Manager
Cathedralfacilities@rcda.org

Weekday Mass Intentions

As of February 24, 2026

Historic St. Mary's

Mon, March 2 12:05 PM	<i>Pro Populo</i>	
Tues, March 3 12:05 PM	† <i>Arek Melanowicz</i>	<i>Requested by Aniel Melanowicz</i>
Wed, March 4 12:05 PM	<i>Pro Populo</i>	
Thu, March 5 12:05 PM	<i>Pro Populo</i>	
Fri, March 6 12:05 PM	<i>Pro Populo</i>	

COMUNIDAD HISPANA

391 DELAWARE AVE ST. FRANCIS OF ASSISI

Santa Misa: Domingo 10:30 AM

Confesiones: Domingo 10:00 AM

Primer Domingo del mes: Bendición a todos los niños y jóvenes al final de la Santa Misa

- **Hora Santa:** Todos los primeros Sábados de cada mes a las 5:15pm.

Sunday Mass Intentions

As of February 24, 2026

Saint Francis (Delaware)

Sat, February 28 4:00 PM	† <i>Grace D. Mokhiber</i>	<i>Requested by Great Grandchildren</i>
Sun, March 1 9:00 AM	<i>Pro Populo</i>	
Sun, March 1 10:30 AM	<i>Pro Populo</i>	
Sat, March 7 4:00 PM	† <i>Erma Arduine</i>	<i>Requested by Dolores Arduine Fournier</i>
Sun, March 8 9:00 AM	<i>Pro Populo</i>	
Sun, March 8 10:30 AM	<i>Pro Populo</i>	

Saint Francis (South End)

Sun, March 1 10:30 AM	† <i>GeorgeAnn Payne</i>	<i>Requested by Paul and Stacy Brodfuehrer</i>
Sun, March 8 10:30 AM	<i>Pro Populo</i>	

The Cathedral

Sun, March 1 11:00 AM	† <i>Mary Elizabeth Bachmann</i>	<i>Requested by Molly Wakeman</i>
Sun, March 1 5:00PM	<i>Pro Populo</i>	
Sun, March 8 11:00 AM	<i>Pro Populo</i>	
Sun, March 8 5:00PM	† <i>Peter and Claire Rua</i>	<i>Requested by Family</i>

Historic St. Mary's

Sat, February 28 4:00 PM	† <i>Mr. and Mrs. Daniel Scaringe</i>	<i>Requested by Sons</i>
Sun, March 1 8:00 AM	† <i>Deceased Members of the Schilova Family</i>	<i>Requested by Family</i>
Sun, March 1 10:30 AM	<i>Pro Populo</i>	
Sat, March 7 4:00 PM	† <i>Gene Cropsey</i>	<i>Requested by Family</i>
	† <i>Frank J. John</i>	<i>Requested by Family</i>
Sun, Mar 8 8:00 AM	† <i>Deceased Members of the Govel Family</i>	<i>Requested by Family</i>
Sun, Mar 8 10:30 AM	† <i>Richard Burns</i>	<i>Requested by Rita Burns</i>
	† <i>Fred Lanz</i>	<i>Requested by Rita Burns</i>

My Parish NFP



My Parish NFP is a one stop shop for engaged couples, married couples, single women, and families to discover more about natural family planning and fertility awareness, in line with the teachings of the Catholic Church. It is a hub for classes, information, and resources in both English and Spanish. Find out more at www.myparishnfp.org



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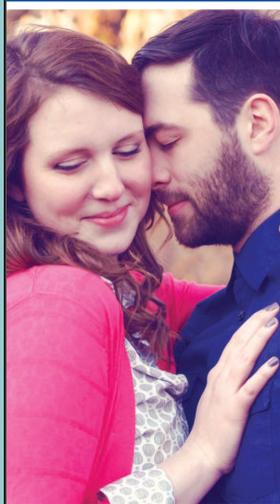
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