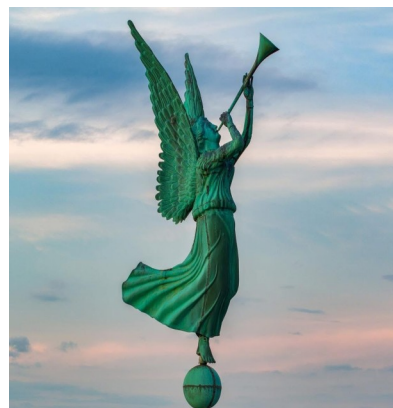


*Fourth Sunday of Ordinary Time — 1 February 2026*



**The Parish of  
Saint Francis of Assisi**

**The Cathedral Church  
of The Immaculate  
Conception**

**Historic St. Mary's  
Church**

*Welcome! - Bienvenido! - Mabuhay!*

Parish Network Mass Times			
<b>Historic St. Mary's</b>	Sat 4:00 PM	Sun 8:00 AM 10:30 AM	M-F 12:05 PM
<b>St. Francis Delaware Ave</b>	Sat 4:00 PM	Sun 9:00 AM 10:30 AM (Spanish)	
<b>St. Francis South End</b>		Sun 10:30 AM	
<b>The Cathedral</b>		Sun 11:00 AM 5:00 PM	

Confession Times	
<b>Historic St. Mary's</b>	Sat: 3:15 PM Mon, Wed, Fri 11:30-11:55 am Tues & Thurs (after Mass by request)
<b>St. Francis Delaware Ave</b>	Sat: 3:15 PM
<b>St. Francis South End</b>	Before or after Mass (by request)
<b>The Cathedral</b>	Sun: 10:30 AM-10:50 AM 4:00 PM—4:50 PM

**Central Offices & Mailing Address**  
125 Eagle Street  
Albany, New York 12202

**Office Hours:** Monday through Friday, 9:00 AM — 4:00 PM  
**Office Phone:** 518.463.4447  
**Email:** CICAAlban@rcda.org | SFAAlbany@rcda.org | SMAAlbany@rcda.org

**The Cathedral**

125 Eagle Street  
Albany, New York, 12202

www.cathedralic.com  
www.facebook.com/CathedralAlbany  
@cathedralalbany

**Saint Francis of Assisi**

**Delaware Site:**

391 Delaware Avenue  
Albany, New York 12209

**South End Site:**

93 Fourth Avenue  
Albany, New York 12202

www.facebook.com/SaintFrancisAlbany  
@saintfrancisalbany

**Historic Saint Mary's** (518) 462.4254

10 Lodge Street,  
Albany, New York 12207

www.hist-stmarys.org  
www.facebook.com/historicstmarychurch  
**Open daily**

**Cathedral Church Hours**

Sunday: 9:00 AM—6:00 PM  
Monday—Saturday: 9:00 AM—4:30 PM

**The Cathedral and Parish Offices will be closed on National Holidays and other days throughout the year as noted in the bulletin.**

**Saint James Food Pantry**

St. James Place, Albany, NY 12209 | 518.414.1929  
Monday & Wednesday: 10:00am—12:30pm

**Saint John's/Saint Ann's Center**

88 Fourth Avenue, Albany, NY 12202 | 518.472.9091  
Monday, Wednesday & Thursday: 10:am—12pm; 1:pm 3pm  
**WELCOME TABLE**  
Tuesday and Saturday: 11:30am—1:00pm

**St. Mary's Food Pantry**

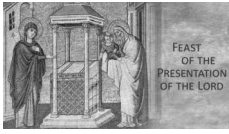
10 Lodge Street, Albany, New York 12207 | 518.462.4357  
Tuesday & Friday, 9:00—11:30 AM

**Holy Hours of Adoration:**

**Thursday** 6:30 pm—7:30 pm with The Most Holy Rosary at St. Mary's  
**First Friday** 8:00 am—Noon at St. Mary's | 11:30 am—3:30 pm at Cathedral | 7:30 pm—8:30 pm at St. Francis—Delaware  
**First Saturday** 5:15 pm-6:15 pm at St. Francis—Delaware (Spanish)

**Mass for the Feast of the Presentation!**

We will celebrate the feast of the Presentation of the Lord (“Candlemas”) on **Monday, February 2, at 6:00 p.m.** This is the 40th day of Christmas and used to be considered the end of the Christmas season. Candles are blessed and lit and carried in procession during the Mass as a sign of Christ being the light of the world and “presented” in the temple by His Immaculate Mother Mary and St. Joseph. It is a major feast day for those consecrated religious brothers and sisters to renew their vows, and they are all invited to the Cathedral for this special Mass. Adoration and Confessions will be available at 5 p.m. **For those who cannot attend on Monday, Father Rendell will be available to bless candles after the Sunday Masses at the Cathedral on February 1.**



**Awesome Lenten Opportunity:**

Go Deeper Spiritually this Lent by Consecrating Yourself to Jesus through Mary!

Lent is starting soon on Ash Wednesday, February 18, just after Valentine’s Day!

Give a Valentine to Jesus and Mary by renewing your baptismal vows in a special way: Consecration to Jesus through Mary (or for short, “Consecration to Mary”). Our baptismal vows were to reject Satan, all his works, and all of his empty show...but how well do we live out those vows? Yet God says, “Be holy, because I am holy” (Leviticus 11:44-45), and St. Peter says, “As he who called you is holy, be holy yourselves in every aspect of your conduct.” (1 Peter 1:15).

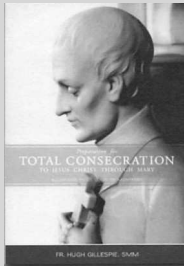
Saint Louis de Montfort says that an easy, short, perfect, and secure way of attaining union with Jesus is through Mary: “We make more progress in a short period of dependence on Mary than in years of relying on ourselves.” Mary always leads us surely to Jesus.

This Lent, we are offering two options for consecrating yourself to Jesus through Mary. One option is a 46-day preparation for Marian consecration that runs from Ash Wednesday until the consecration day of Easter Sunday. It uses the book *Mary’s Mantle* by Christine Watkins. If you wish to join the group meetings, the **meetings begin on Tuesday, February 17, 6:30 – 8 p.m., at Historic St. Mary’s, 10 Lodge St., Albany.**



Another option uses St. Louis de Montfort’s original approach, with a consecration day on the Solemnity of the Annunciation, which St. Louis considered the principal feast day of Marian consecration, as the event when God entrusted Himself to the womb of the Virgin Mary and became her human and divine Son. This 33-day consecration preparation has readings from Feb. 20-Mar. 25, and the group meetings are on **Wednesdays (starting Ash Wednesday 2/18), 6:30-8 p.m. at the Church of St. Mary’s in Clinton Heights, 163 Columbia Turnpike, Rensselaer.** The book for this retreat is *Total Consecration to Jesus Christ through Mary* (by Fr. Hugh Gillespie).

Purchase your book online or email **Marys.Mantle.2025@gmail.com** to sign up for a book and for more information; you can also use the QR code to sign up.



**PASTOR’S REFLECTION**

**(FEBRUARY 1, 2026, FOURTH SUNDAY IN ORDINARY TIME)**

**Jesus began to teach them, saying, “Blessed are the poor in spirit, for theirs is the kingdom of heaven...Blessed are the clean of heart, for they will see God.” (Matthew 5:1-12)**

Being “poor in spirit” means relying on God and trusting totally in Him. Jesus even says, “Without me you can do nothing.” (John 15:5) But with God nothing is impossible, even for each of us to become a holy saint who does the Father’s will and loves as Jesus Christ loves, by allowing the Holy Spirit to possess us.

The Holy Spirit makes us holy the more we allow His “spouse” the Blessed Virgin Mary to enter our lives. God chose to come to us through her, though He didn’t have to, so He prefers that we allow her a central part in our relationship with her Son. Just as Jesus chose her to be His Mother, He chose her to be our Mother, as He said to us on the Cross, “Behold your mother.” (John 19:27)

Our Blessed Mother especially helps us to be “clean of heart,” to have pure intentions in our relationship with God and with other people. Most media aims to make our intentions self-centered, using and objectifying other human beings for our self-gratification and worldly advancement. Let’s ask God daily to make us clean of heart, poor in spirit, and completely malleable by His Mercy.



Peace in Jesus through Mary,

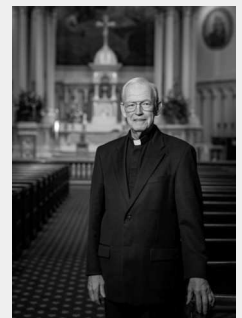
*Fr. Rendell R. Torres*

**“Love everyone out of love for Me, even your greatest enemies, so that My mercy may be fully reflected in your heart.” (Jesus to St. Faustina, Diary, n. 1695)**

**Thank You, Father Moyna!**

Dear Parishioners,

Father John Moyna retired from active ministry in 2015 and has since ministered at St. Mary’s and then more recently at St. Francis of Assisi. Father Moyna recently let me know that after 10 years of ministering with four different pastors at our parish network, he has discerned that it is time for a change in his regular weekend ministry. He will still be assisting with weekday Masses, funerals, and weekend Masses occasionally. **His last Mass with us will be on Saturday, February 28, at 4 p.m. at Historic St. Mary’s Church.** Please join me in thanking Father Moyna for his sensitive, gentle, and wise service to our parishes.



Fr. Rendell Torres

**Fourth Sunday in Ordinary Time — 1 February 2026**

**COMUNIDAD HISPANA**

**391 DELAWARE AVE  
ST. FRANCIS OF ASSISI**

**Santa Misa:** Domingo 10:30 AM

**Confesiones:** Domingo 10:00 AM

**Primer Domingo del mes:** Bendición a todos los niños y jóvenes al final de la Santa Misa

- **Hora Santa:** Todos los primeros Sábados de cada mes a las 5:15pm.

**Readings for the week of February 1, 2026**

**Sunday:** Zep 2:3; 3:12-13/Ps 146:6c-7, 8-9a,  
9b-10/1 Cor 1:26-31/Mt 5:1-12a

**Monday:** Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/  
Lk 2:22-40 or 2:22-32

**Tuesday:** 2 Sm 18:9-10, 14b, 24-25a, 30-19:3/  
Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

**Wednesday:** 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

**Thursday:** 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab,  
11d-12a, 12bcd/Mk 6:7-13

**Friday:** Sir 47:2-11/Ps 18:31, 47 and 50, 51/  
Mk 6:14-29

**Saturday:** 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/  
Mk 6:30-34

**Next Sunday:** Is 58:7-10/Ps 112:4-5, 6-7, 8-9/  
1 Cor 2:1-5/Mt 5:13-16

**FIRST FRIDAY AND FIRST SATURDAY**



We invite you on to spend some time with our Lord Jesus in quiet adoration and prayer as we pray for our Church, and our World. Exposition of the Blessed Sacrament begins **Friday, February 6th at 8:00am until Mass at 12:05 pm at Historic St. Mary's**, continues at the **Cathedral of the Immaculate Conception from 12:30-3:30 pm** with Benediction and the Divine

Mercy Chaplet and from **7:15pm to 8:15pm at St. Francis of Assisi on Delaware Avenue.**

On **February 7th**, our Spanish-speaking community adores the Blessed Sacrament at **Saint Francis of Assisi Church on Delaware Avenue from 5:15 PM to 6:15 PM.**

If you are open to participating in this spectacular ministry to bring grace upon the world, you can sign up for 30- or 60-minute adoration times at

**<https://cathedralic.weadorehim.com/en> or use the QR code.**

**First Saturday at Blessed Sacrament Church**

7:30 Adoration & Confession, 9:00 Mass Coffee Hour

***FIRST FRIDAY VISIT***

***HOLY HOUR AND EVENING PRAYER***

**February 6, 2026 5:00 PM EST** In-Person or Virtual Visit

**Pope St. John XXIII**

**National Seminary**

**Register:** Contact Msgr. William Fay

781-899-5500 ext. 134

firstfriday@psjs.edu



**STEWARDSHIP**

**Cathedral of the Immaculate Conception  
Monthly Offering—December**

Regular Offertory	\$32,722.74
Average Monthly Need	\$ 35,533.33
<b>SHORTFALL</b>	<b>(\$2,810.59)</b>

*The average weekly need is based on Total Expenses (2024-25)*

**Historic St. Mary  
Monthly Offering—December**

Regular Offertory	\$37,321.11
Average Monthly Need	\$35,100.00
<b>SURPLUS</b>	<b>\$2,221.11</b>

*The average weekly need is based on Total Expenses (2024-25)*

**St. Francis of Assisi  
Monthly Offering—December**

Regular Offertory	\$25,081.59
Average Monthly Need	\$45,500.00
<b>SHORTFALL</b>	<b>(\$20,418.41)</b>

*The average weekly need is based on Total Expenses (2024-25)*

***Thank you for your generous support!***

*If you would like to make a financial contribution to your parish through your smartphone, please use the QR code below. camera at the QR codes below and tap the link.*



***The Cathedral***



***St. Francis***



***Historic St. Mary's***

***God Is Calling Facilitators From Among us!***

Do you have experience organizing and facilitating conversations? Our parishes will soon begin a new series of synodal small group conversations, where members of our community can share their experiences, hopes, and ideas for the future of our local Church in Albany. To make these gatherings fruitful, we are looking for parishioners with a gift for listening, guiding conversations, and creating an open, welcoming environment.

If you have experience facilitating groups—or simply a desire to help others feel heard—please consider serving in this important ministry. All facilitators will receive formation and training to help you feel confident and prepared.

If you are interested or would like more information, please email **Dcn. Tim** at **[timothy.kosto@rcda.org](mailto:timothy.kosto@rcda.org)**.

Thank you for reflecting on how you might support our parish as we discern a vibrant future together.



## Historic Albany Parish Network

The Most Rev'd Mark O'Connell, JCD

*Bishop of Albany*

### Clergy

The Very Rev'd. Rendell R. Torres, Rector and Pastor

*Fr.Rendell.Torres@rcda.org*

Rev. Emmanuel Udoh, Resident Priest

*udohe@rcda.org*

Rev. Mr. James M. Agnew, Deacon

*James.Agnew@rcda.org*

Rev. Mr. Timothy J. Kosto, II, Deacon

*Timothy.Kosto@rcda.org*

Rev. Mr. Aaron Tremblay, Deacon

*Aaron.Tremblay@rcda.org*

### Assisting Clergy

Rev. Julian A. Davies, OFM

Rev. John Moyna

Rev. Sean O'Brien, OFM

Rev. William Persia, CSC

### Parish Operations Manager

Mrs. Barbara Koerner-Fox

*Barbara.Koernerfox@rcda.org*

### Music & Liturgy

Dr. Brian Glikes, Director of Diocesan & Cathedral Music

*Brian.Glikes@rcda.org*

Mr. Patrick Buonacore, Liturgical Coordinator & Sacristan

*Patrick.Buonacore@rcda.org*

Mr. John Rodier, Sacristan & Cantor

518.466.1405

### Saint Francis Music

Ms. Kristen Witham

### Buildings & Grounds

Mr. Kurt Schlachter, Facilities Manager

*Cathedralfacilities@rcda.org*

Mr. Christopher Hewitt, Facilities Manager

518.462.4254

### Saint James Food Pantry

Linda Cruz, Director

### Weekday Mass Intentions

*As of January 23, 2026*

<b>Mon, February 2</b> 12:05 PM	<i>Pro Populo</i>	
<b>Tues, February 3</b> 12:05 PM	<i>Pro Populo</i>	
<b>Wed, February 4</b> 12:05 PM	<i>Pro Populo</i>	
<b>Thu, February 5</b> 12:05 PM	<i>Pro Populo</i>	
<b>Fri, February 6</b> 12:05 PM	<i>Pro Populo</i>	

### Sunday Mass Intentions

*As of January 23, 2026*

#### Saint Francis (Delaware)

<b>Sat, January 31</b> 4:00 PM	<i>Pro Populo</i>	
<b>Sun, February 1</b> 9:00 AM	<i>Pro Populo</i>	
<b>Sat, February 7</b> 4:00 PM	<i>Pro Populo</i>	
<b>Sun, February 8</b> 9:00 AM	<i>Aurelio and Teresa Giglio</i>	<i>Requested by Daughter</i>
<b>Sun, February 8</b> 10:30 AM	<i>† Maria Angeles Uruchima Quinchi</i>	

#### Saint Francis (South End)

<b>Sun, February 1</b> 10:30 AM	<i>Lucy and Paul Tudico</i>	<i>Requested by Daughters</i>
<b>Sun, February 8</b> 10:30 AM	<i>Peter Williams</i>	<i>Requested by Wife, Lucille Williams</i>
	<i>Lucy and Paul Tudico</i>	<i>Requested by Daughters</i>

#### The Cathedral

<b>Sun, February 1</b> 11:00 AM	<i>† Mary C Kuchara</i>	<i>Requested by Molly Wakeman</i>
	<i>† Cristita Sales</i>	<i>Requested by Family &amp; Friends</i>
<b>Sun, February 1</b> 5:00PM	<i>Pro Populo</i>	
<b>Sun, February 8</b> 11:00 AM	<i>Pro Populo</i>	
<b>Sun, February 8</b> 5:00PM	<i>Pro Populo</i>	

#### Historic St. Mary's

<b>Sat, January 31</b> 4:00 PM	<i>† Mr. &amp; Mrs. Daniel Scaringe</i>	<i>Requested by Sons</i>
	<i>† John Ikenhoffer, Jr.</i>	<i>Requested by Nancy Hotaling</i>
<b>Sun, February 1</b> 8:00 AM	<i>† Deceased Members of the Coffey Family</i>	<i>Requested by Nina Govel</i>
<b>Sun, February 1</b> 10:30 AM	<i>† Jan Mika Jr.</i>	<i>Requested by Holly Hayes and Rebecca Kraz</i>
<b>Sat, February 7</b> 4:00 PM	<i>† Anastasia Farrell</i>	<i>Requested by Barbara O'Grady</i>
<b>Sun, February 8</b> 8:00 AM	<i>† Deceased Members of the Govel Family</i>	<i>Requested by Nina Govel</i>
<b>Sun, February 8</b> 10:30 AM	<i>† Kenneth Borden 5th Anniversary</i>	<i>Requested by Agnes Borden</i>

### BE A PRAYER PARTNER WITH POPE LEO



#### For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope. Amen



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**CONTACT ME**  
**Victoria Russo**  
[vrusso@4LPi.com](mailto:vrusso@4LPi.com)  
 (800) 477-4574 x6283