

Fourth Sunday of Lent — 15 March 2026



The Parish of
Saint Francis of Assisi

The Cathedral Church
of The Immaculate
Conception

Historic St. Mary's
Church

Welcome! - Bienvenido! - Mabuhay!

Parish Network Mass Times			
Historic St. Mary's	Sat 4:00 PM	Sun 8:00 AM 10:30 AM	M-F 12:05 PM
St. Francis Delaware Ave	Sat 4:00 PM	Sun 9:00 AM 10:30 AM (Spanish)	
St. Francis South End		Sun 10:30 AM	
The Cathedral		Sun 11:00 AM 5:00 PM	

Confession Times	
Historic St. Mary's	Sat: 3:15 PM Mon, Wed, Fri 11:30-11:55 am Tues & Thurs (after Mass)
St. Francis Delaware Ave	Sat: 3:15 PM Sun: 8:15 AM
St. Francis South End	Before or after Mass (by request)
The Cathedral	Sun: 10:30 AM-10:50 AM 4:00 PM—4:50 PM

Central Offices & Mailing Address
125 Eagle Street
Albany, New York 12202

Office Hours: Monday through Friday, 9:00 AM — 4:00 PM
Office Phone: 518.463.4447
Email: CICAAlban@rcda.org | SFAAlbany@rcda.org | SMAAlbany@rcda.org

The Cathedral

125 Eagle Street
Albany, New York, 12202

www.cathedralic.com
www.facebook.com/CathedralAlbany
@cathedralalbany

Saint Francis of Assisi

Delaware Site:

391 Delaware Avenue
Albany, New York 12209

South End Site:

93 Fourth Avenue
Albany, New York 12202

www.facebook.com/SaintFrancisAlbany
@saintfrancisalbany

Historic Saint Mary's (518) 462.4254

10 Lodge Street,
Albany, New York 12207

www.hist-stmarys.org
www.facebook.com/historicstmarychurch
Open daily

Cathedral Church Hours

Sunday: 9:00 AM—6:00 PM
Monday—Saturday: 9:00 AM—4:30 PM

The Cathedral and Parish Offices will be closed on National Holidays and other days throughout the year as noted in the bulletin.

Saint James Food Pantry

St. James Place, Albany, NY 12209 | 518.414.1929
Monday & Wednesday: 10:00am—12:30pm

Saint John's/Saint Ann's Center

88 Fourth Avenue, Albany, NY 12202 | 518.472.9091
Monday, Wednesday & Thursday: 10:am—12pm; 1:pm 3pm
WELCOME TABLE
Tuesday and Saturday: 11:30am—1:00pm

St. Mary's Food Pantry

10 Lodge Street, Albany, New York 12207 | 518.462.4357
Tuesday & Friday, 9:00—11:30 AM

Holy Hours of Adoration:

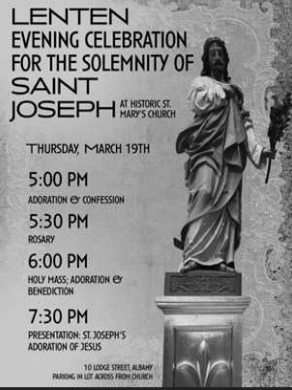
Thursday 6:30 pm—7:30 pm with The Most Holy Rosary at St. Mary's
First Friday 8:00 am—Noon at St. Mary's | 11:30 am—3:30 pm at Cathedral | 7:30 pm—8:30 pm at St. Francis—Delaware
First Saturday 5:15 pm-6:15 pm at St. Francis—Delaware (Spanish)

Fourth Sunday in Lent — 15 March 2026

Lenten Evening Celebration for the Solemnity of St. Joseph at Historic St. Mary's!

This Thursday, March 19!

5:00 pm: Adoration and Confessions
5:30 pm: Rosary
6:00 pm: Holy Mass; Adoration and Benediction
7:30 pm: Presentation:
St. Joseph's Adoration of Jesus
10 Lodge Street, Albany
Parking lot across from church



Mass and Marian Consecration for the Solemnity of the Annunciation with Bishop Mark O'Connell!
At Our Cathedral
of the Immaculate Conception

Wednesday, March 25, 6:00 p.m.

(5:00 p.m. Adoration and Confessions)

There will also be an opportunity to renew your baptismal consecration to Jesus through Mary!

Free parking in the Madison Lot next to the Cathedral!

Lenten Opportunities

Mondays: Morning Prayer, 8 a.m., Cathedral

Tuesdays: "Mary's Mantle" Consecration Retreat Meeting, 6:30-8 pm, Historic St. Mary's, 10 Lodge St.

Christian Initiation and Adult Faith Formation, 6:30-8 pm, Cathedral Rectory Office, 125 Eagle Street, Albany.

Wednesdays: "Total Consecration" Retreat Meeting, 6:30-8 pm, Church of St. Mary's, 163 Columbia Turnpike, Clinton Heights (Rensselaer)

Thursdays: Eucharistic Holy Hour and Benediction, 6:30-7:30 pm, Historic St. Mary's

Fridays: Stations of the Cross, 5:15, Eucharistic Exposition and Confessions, 6-7 pm; Cathedral

Join Our HALLOW Community

Everyone is invited to connect with others in our community through prayer. It couldn't be easier, you can just use this link — <https://hallow.app.link/IO0vmXXEg1b> — to join others in our community on our HALLOW page. It's free!

Now is the time to grow closer to God in prayer. Through HALLOW you can pray the rosary, listen to a daily meditation, pray with the Psalms, hear today's Gospel and so much more. Connect with others in our community and join today.

LENTEN MORNING PRAYER

The *Liturgy of the Hours* is an ancient form of Christian prayer using Scripture, especially the psalms, to give praise and thanks to God at set hours every day. While priests, deacons and many religious are required to recite the "Hours," the Church has long encouraged the practice for lay members as well, to help keep God, Scripture and the Church central in our thoughts throughout our busy day. During Lent, we are reciting Morning Prayer — the first of the "Hours" — at the Cathedral on Mondays at 8 am.

Please join us! No experience needed!

Parish Envelopes Delayed

The company which prints and mails our envelopes regrets that a production problem has delayed them.

PASTOR'S REFLECTION MARCH 15, 2026, FOURTH SUNDAY OF LENT



Jesus found the man [whom He had cured from blindness] and said, "Do you believe in the Son of Man?"... He said, "I do believe, Lord," and he worshiped him." (John 9:35-38)

Jesus also desires to cure us from many kinds of blindness. We may be blind to the ways that God is

working in our lives, or how we pierce others' hearts with our words, or to signs of hope. We all have "blind spots" that others see, just as we might see in others the same blind spots that we have!

Thanks be to God, the Lord Jesus is very patient and merciful, if we admit that we are blind and need His healing grace to see. The key is to trust in Jesus, that He desires to heal us—most powerfully in Confession and the Most Holy Eucharist, which give light for our minds and strength for our wills. As Jesus says to the Pharisees who consider themselves sinless, "*If you were blind, you would have no sin; but now you are saying, 'We see,' so your sin remains*"—like a sick person who refuses to go to the only doctor who can cure the disease.

This Fourth Sunday of Lent is also called "*Laetare*" Sunday, which means "*Rejoice*" and comes from the prophet Isaiah, "*Rejoice with Jerusalem and be glad because of her, all you who love her; Rejoice with her in her joy, all you who mourn over her.*" It may feel difficult to rejoice, with the struggles of our personal lives and of the Church even in our Diocese, but even in darkness, *God is with us* as our Good Shepherd; as Psalm 23 says, "*Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me.*"

Coming up this week are some great special events: **Our fifth synod "group listening" session** to discern the mission of our parishes and of our parish network will take place this Monday at our **South End church of St. Francis Parish** at 93 Fourth Ave., with **6:00 p.m. Mass** followed by snacks and small-group listening and sharing. The last four sessions have each been anointed by the Holy Spirit, so please come to our remaining two!

We will also have a **Lenten Evening Celebration of the Solemnity of St. Joseph at Historic St. Mary's** this coming Thursday, starting with 5 p.m. Adoration, Confessions, and Rosary, then **6:00 p.m. Holy Mass** followed by Adoration and Benediction with the Most Blessed Sacrament, and at 7:30 p.m. there will be a wonderful presentation on "St. Joseph's Adoration of Jesus," as part of our Eucharistic talks on Adoration hosted by our parish network. Our last Eucharistic talk was at the Cathedral on 2/20 and presented the Eucharistic devotion by the Fatima children saints Francisco and Jacinta. Please join us this week!

Peace in Jesus
through Mary,

Fr. Rudolph Jones

*"Once, when I was praying, Jesus pervaded all my soul, darkness melted away, and I heard these words within me: **You are My joy; you are My heart's delight.** From that moment I felt the Most Holy Trinity in my heart... I felt that I was inundated with Divine light. Since then, my soul has been in intimate communion with God, like a child with its beloved Father." (St. Faustina, Diary, paragraph 27)*

Fourth Sunday in Lent — 15 March 2026

Readings for the week of March 15, 2026

Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6/
Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

Monday: Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b/
Jn 4:43-54

Tuesday: Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/Jn 5:1-16

Wednesday: Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18/ Jn 5:17-30

Thursday: 2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/
Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk
2:41-51a

Friday: Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23/
Jn 7:1-2, 10, 25-30

Saturday: Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12/ Jn 7:40-53

Next Sunday: Ez 37:12-14/Ps 130:1-2, 3-4, 5-6, 7-8/
Rom 8:8-11/

Synod Get-Togethers



As the season of Lent has begun, please consider joining your fellow parishioners for Mass and one or several of our six planned Synod sessions.

We are at an important crossroad in the life of our Diocese and Parishes, where reflecting on our mission and God's call is needed to be able to continue to provide Mass and the many church services that we have had available in the past. There are many challenges and opportunities to strengthen and improve our parish life.

Your insight and wisdom are essential to making good decisions to discern and meet the needs of our believing community.

The focus of the Synod get-togethers is prayerful listening together to God and to parishioners including you. Please join us for a brief, open discussion and some light refreshments at one or more of these sessions. The discussion topics will change from session to session, so attending more than one will increase your opportunity to reflect on God's call with us.

The schedule of sessions is as follows:

Monday, March 16, after 6:00 PM Mass - at St. Francis of Assisi, South End

Sunday, March 22, after 11:00 AM Mass, - at the Cathedral of the Immaculate Conception

We hope you will join us in prayer, listening, and discernment of our parishes' missions!

Now Using Hypoallergenic Incense

Father Torres was sorry to learn that some parishioners are highly reactive to the incense used at Mass. For those who have asthma, respiratory allergies, emphysema, or a sensitive airway, both the fragrance of the incense and the inhalation of the smoke that rises from it can be quite irritating and cause coughing, difficulty breathing, singing, and even speaking, which impedes one's ability to fully participate in the Mass. So Father sent some of us on a quest to find a hypoallergenic alternative. Several options were discovered and eagerly tested by a group of interested people. Happily, everyone agreed that the incense that had the most agreeable fragrance and the least irritating smoke was of the Gloria brand. It is a slow-burning incense that contains a blend of lavender, rose, frankincense, and myrrh. It is also advertised as hypoallergenic! A big thank you to all who did the research and gathered the samples for us to try!

STEWARDSHIP

Cathedral of the Immaculate Conception Monthly Offering—January, 2026

Regular Offertory	\$11,068.58
Average Monthly Need	\$29,000.00
SHORTFALL	(\$17,931.42)
<i>The average weekly need is based on Total Expenses 2025</i>	

Historic St. Mary Monthly Offering—January, 2026

Regular Offertory	\$27,977.44
Average Monthly Need	\$35,100.00
SHORTFALL	(\$7,122.56)
<i>The average weekly need is based on Total Expenses (2024-2025)</i>	

St. Francis of Assisi Monthly Offering—January, 2026

Regular Offertory	\$16,048.02
Average Monthly Need	\$29,000.00
SHORTFALL	(\$12,951.98)
<i>The average weekly need is based on Total Expenses 2025</i>	

Thank you for your generous support!

If you would like to make a financial contribution to your parish through your smartphone, please use the QR code below. camera at the QR codes below and tap the link.



The Cathedral



St. Francis



Historic St. Mary's

A Note to Parishioners About Our Finances

Our three parishes have been navigating many transitions over the past year and can look ahead to a great deal more on the horizon. These have included a greater consolidation of our shared network and a large turnover of staff and personnel responsible for administering it. Those of us now charged with that responsibility intend to bring as much constancy as we can to the process, and to be present and transparent throughout. The changing reports of our operating needs each month reported in the bulletin will reflect some of these changes as we get a grasp of all that our parishes confront. We ask especially for your patience and your prayers that we can be prudent in attending to all we have been tasked with.

— Yours in Christ, the Historic Parish Network team



BE A PRAYER PARTNER WITH POPE LEO

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.



Historic Albany Parish Network

The Most Rev'd Mark O'Connell, JCD

Bishop of Albany

Clergy

The Very Rev'd. Rendell R. Torres, Rector and Pastor

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Assisting Clergy

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Rev. Sean O'Brien, OFM

Parish Operations Manager

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Dr. Brian Glikes, Director of Diocesan & Cathedral Music

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Mr. Patrick Buonacore, Liturgical Coordinator & Sacristan

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Mr. John Rodier, Sacristan & Cantor

518.466.1405

Saint Francis Music

Ms. Kristen Witham

Buildings & Grounds

Mr. Kurt Schlachter, Facilities Manager

Cathedralfacilities@rcda.org

Weekday Mass Intentions

As of March 10, 2026

Historic St. Mary's		
Mon, March 16 12:05 PM	<i>Pro Populo</i>	
Tues, March 17 12:05 PM	<i>† Jadwiga Pulkotcki</i>	<i>Requested by Aniela Melanowicz</i>
Wed, March 18 12:05 PM	<i>† Gaetano DeRosa</i>	<i>Requested by Michael Keogh</i>
Thu, March 19 12:05 PM	<i>† Anthony and Joyce Bonacquisto</i>	
Fri, March 20 12:05 PM	<i>Pro Populo</i>	

COMUNIDAD HISPANA

391 DELAWARE AVE

ST. FRANCIS OF ASSISI

Santa Misa: Domingo 10:30 AM

Confesiones: Domingo 10:00 AM

Primer Domingo del mes: Bendición a todos los niños y jóvenes al final de la Santa Misa

- **Hora Santa:** Todos los primeros Sábados de cada mes a las 5:15pm.

Sunday Mass Intentions

As of March 10, 2026

Saint Francis (Delaware)		
Sat, March 14 4:00 PM	<i>Pro Populo</i>	
Sun, March 15 9:00 AM	<i>† John Anthony Hartigan</i>	<i>Requested by Paul and Kate McGrath</i>
Sun, March 15 10:30 AM	<i>Pro Populo</i>	
Sat, March 21 4:00 PM	<i>† Thomas Corcoran, Sr.</i>	<i>Requested by Family</i>
Sun, March 22 9:00 AM	<i>† Kathleen Fiorillo</i>	<i>Requested by Bob and Michele Penna</i>
Sun, March 22 10:30 AM	<i>Pro Populo</i>	
Saint Francis (South End)		
Sun, March 15 10:30 AM	<i>† GeorgeAnn Payne</i>	<i>Requested by Bob and Pat Benac</i>
	<i>† Vincent Giordano</i>	<i>Requested by The Brodfuehrers</i>
Sun, March 22 10:30 AM	<i>† Vincent Giordano</i>	<i>Requested by Nick and Paula Kordich</i>
The Cathedral		
Sun, March 15 11:00 AM	<i>Vangie Pilpil</i>	<i>Thanksgiving 70th Birthday</i>
Sun, March 15 5:00 PM	<i>Pro Populo</i>	
Sun, March 22 11:00 AM	<i>† Soul of Mary Rumk</i>	<i>Requested by Rebecca and Christine Zido</i>
	<i>† Irene Benedeto</i>	<i>Requested by Molly Wakeman</i>
Sun, March 22 5:00 PM	<i>Family of Tom and Carolyn Burns</i>	<i>Requested by Fr. Rendell Torres</i>
Historic St. Mary's		
Sat, March 14 4:00 PM	<i>Mr. and Mrs Daniel Scaringe</i>	<i>Requested by Sons</i>
	<i>† In Honor of St. Joseph</i>	<i>Requested by Joe Scaringe</i>
Sun, March 15 8:00 AM	<i>† James J. Finnerty</i>	<i>Requested by Emminger Family</i>
Sun, March 15 10:30 AM	<i>† John W. Lane III</i>	<i>Requested by Charles and Cynthia Herubin</i>
	<i>† Mary Sabot</i>	<i>Requested by Robert and Theresa Long</i>
Sat, March 21 4:00 PM	<i>† Gloria Johnson, Francis R. Johnson, and Francis J. Johnson</i>	<i>Requested by Gloria Moak</i>
	<i>† Antoinette Scaringe</i>	<i>Requested by Sons</i>
Sun, March 22 8:00 AM	<i>† Holy Souls in Purgatory</i>	<i>Requested by Nina Govel</i>
Sun, March 22 10:30 AM	<i>Pro Populo</i>	

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