



The Parish of
Saint Francis of Assisi

The Cathedral Church
of The Immaculate
Conception

Historic St. Mary's
Church

Welcome! - Bienvenido! - Mabuhay!

Parish Network Mass Times			
Historic St. Mary's	Sat 4:00 PM	Sun 8:00 AM 10:30 AM	M-F 12:05 PM
St. Francis Delaware Ave	Sat 4:00 PM	Sun 9:00 AM 10:30 AM (Spanish)	
St. Francis South End		Sun 10:30 AM	
The Cathedral		Sun 11:00 AM 5:00 PM	

Confession Times	
Historic St. Mary's	Sat: 3:15 PM Mon, Wed, Fri 11:30-11:55 am Tues & Thurs (after Mass by request)
St. Francis Delaware Ave	Sat: 3:15 PM
St. Francis South End	Before or after Mass (by request)
The Cathedral	Sun: 10:30 AM-10:50 AM 4:00 PM—4:50 PM

Central Offices & Mailing Address
125 Eagle Street
Albany, New York 12202

Office Hours: Monday through Friday, 9:00 AM — 4:00 PM
Office Phone: 518.463.4447
Email: CICAAlban@rcda.org | SFAAlbany@rcda.org | SMAAlbany@rcda.org

The Cathedral

125 Eagle Street
Albany, New York, 12202

www.cathedralic.com
www.facebook.com/CathedralAlbany
@cathedralalbany

Saint Francis of Assisi

Delaware Site:

391 Delaware Avenue
Albany, New York 12209

South End Site:

93 Fourth Avenue
Albany, New York 12202

www.facebook.com/SaintFrancisAlbany
@saintfrancisalbany

Historic Saint Mary's (518) 462.4254

10 Lodge Street,
Albany, New York 12207

www.hist-stmarys.org
www.facebook.com/historicstmarychurch
Open daily

Cathedral Church Hours

Sunday: 9:00 AM—6:00 PM
Monday—Saturday: 9:00 AM—4:30 PM

The Cathedral and Parish Offices will be closed on National Holidays and other days throughout the year as noted in the bulletin.

Saint James Food Pantry

St. James Place, Albany, NY 12209 | 518.414.1929
Monday & Wednesday: 10:00am—12:30pm

Saint John's/Saint Ann's Center

88 Fourth Avenue, Albany, NY 12202 | 518.472.9091
Monday, Wednesday & Thursday: 10:am—12pm; 1:pm 3pm
WELCOME TABLE
Tuesday and Saturday: 11:30am—1:00pm

St. Mary's Food Pantry

10 Lodge Street, Albany, New York 12207 | 518.462.4357
Tuesday & Friday, 9:00—11:30 AM

Holy Hours of Adoration:

Thursday 6:30 pm—7:30 pm with The Most Holy Rosary at St. Mary's
First Friday 8:00 am—Noon at St. Mary's | 11:30 am—3:30 pm at
Cathedral | 7:30 pm—8:30 pm at St. Francis—Delaware
First Saturday 5:15 pm-6:15 pm at St. Francis—Delaware (Spanish)

Awesome Lenten Opportunity:



Go Deeper Spiritually this Lent by Consecrating Yourself to Jesus through Mary! Lent is starting soon on Ash Wednesday, February 18, just after Valentine's Day! Give a Valentine to Jesus and Mary by renewing your baptismal vows in a special way: Consecration to Jesus through Mary (or for short, "Consecration to Mary"). Our baptismal vows were to reject Satan, all his works, and all of his empty show...but how well do we live out those vows? Yet God says, "Be holy, because I am holy" (Leviticus 11:44-45), and St. Peter says, "As he who called you is holy, be holy yourselves in every aspect of your conduct." (1 Peter 1:15).

Saint Louis de Montfort says that an easy, short, perfect, and secure way of attaining union with Jesus is through Mary: "We make more progress in a short period of dependence on Mary than in years of relying on ourselves." Mary always leads us surely to Jesus.

This Lent, we are offering two options for consecrating yourself to Jesus through Mary. One option is a 46-day preparation for Marian consecration that runs from Ash Wednesday until the consecration day of Easter Sunday. It uses the book *Mary's Mantle* by Christine Watkins. If you wish to join the group meetings, the **meetings begin on Tuesday, February 17, 6:30 – 8 p.m., at Historic St. Mary's, 10 Lodge St., Albany.**



Another option uses St. Louis de Montfort's original approach, with a consecration day on the Solemnity of the Annunciation, which St. Louis considered the principal feast day of Marian consecration, as the event when God entrusted Himself to the womb of the Virgin Mary and became her human and divine Son. This 33-day consecration preparation has readings from Feb. 20-Mar. 25, and the group meetings are on **Wednesdays (starting Ash Wednesday 2/18), 6:30-8 p.m. at the Church of St. Mary's in Clinton Heights, 163 Columbia Turnpike, Rensselaer.** The book for this retreat is *Total Consecration to Jesus Christ through Mary* (by Fr. Hugh Gillespie).



Purchase your book online or email:

Marys.Mantle.2025@gmail.com to sign up for a book and for more information; you can also **use the QR code to sign up.**

Lenten Presentation: The Eucharistic Faith of Saints Jacinta and Francisco Marto



The Adoro Te Missionary Guild of Eucharistic Adorers will be presenting a series of talks on the Adoration of the Saints at the historic Albany parish network February-May 2026. The series will begin at the **Cathedral of the Immaculate Conception on Friday, February 20**, with an evening of prayer followed by a presentation on the Eucharistic Faith of Saints Jacinta and Francisco Marto.

Join us as we reflect on the inspiring Eucharistic love of these child saints who were taught to pray by the Angel of Portugal in Fatima, and learn by their example how to adore the Most Holy Eucharist with a more profound and childlike devotion.

The presentation will begin at 7pm, preceded by Stations of the Cross (5:15pm) and a Holy Hour with the opportunity for Confession (6pm).

Next Presentation: Thursday, March 19 following the Holy Hour at Historic St. Mary's.



Memorial of Our Lady of Lourdes

We will celebrate Mass for the Memorial of our Lady of Lourdes on **Wednesday, February 11, at 6:00 p.m. at the Cathedral.** Adoration and Confessions will be available at 5 p.m.

PASTOR'S REFLECTION

(FEBRUARY 8, 2026, FIFTH SUNDAY IN ORDINARY TIME)

Jesus said to his disciples, "You are the light of the world...Your light must shine before others, that they may see your good deeds and glorify your heavenly Father." (Matthew 5:14-16)

Christians' works of mercy radiate the glory of the Father's mercy upon the world. The heavenly Father's love shines through Christians who desire to live completely in Christ. As Jesus said, "This is how all will know that you are my disciples, if you have love for one another." (John 13:35)

A priest once advised, "If you ever feel like you're having a low day, go out and visit the sick." We then participate in the Father's merciful love, Who heals our spiritual wounds. As Isaiah says, "do not turn your back on your own. Then your light shall break forth like the dawn, and your wound shall quickly be healed."

Pope St. John Paul II said at his last World Youth Day, "Even a tiny flame lifts the heavy lid of night. How much more light will you make, all together, if you bond as one in the communion of the Church! If you love Jesus, love the Church! ... At difficult moments in the Church's life, the pursuit of holiness becomes even more urgent. And holiness is not a question of age; it is a matter of living in the Holy Spirit, just as Kateri Tekakwitha did here in America and so many other young people have done." May we hope in God and trust that He can make us holy and radiant through His grace and our works of mercy.



Peace in Jesus through Mary,

Fr. Russell R. Jones

"O Most Sacred Heart, Fount of Mercy from which gush forth rays of inconceivable graces upon the entire human race, I beg of You light for poor sinners." (St. Faustina, Diary, n. 72)

St. Vincent de Paul Society

The St. Vincent de Paul Society provides emergency assistance to our neighbors struggling with rent, utilities, and other bills. Founded by Blessed Frederick Ozanam, a 19th-century scholar and journalist, and inspired by St Vincent de Paul, we are part of the Vincentian family, which includes the Congregation of the Mission and the Daughters of Charity. All of our "clients" are local; almost all of them live within blocks of our three parishes. What distinguishes us is our highly personal approach. No money is allotted without first visiting someone in their home, which enables us to really listen to their story and then serve them in the best possible way.

You can help through a monetary contribution. Either place your gift in one of the poor boxes near the church entrance, or place a check made out to "The St. Vincent de Paul Society" in the collection basket.

You can also help by joining us. **Call the Cathedral at 518.463.4447 for more information.**

Believing as we do that all people are equally recipients of God's love, The St. Vincent de Paul Society does not discriminate on the basis of race, color, creed, gender, sexual orientation, or immigration status.

Hospitality at the Cathedral!

Please join us on **Sunday, February 15th after the 11:00 AM Mass** for our monthly hospitality at the Cathedral of the Immaculate Conception.

COMUNIDAD HISPANA

391 DELAWARE AVE
ST. FRANCIS OF ASSISI

Santa Misa: Domingo 10:30 AM

Confesiones: Domingo 10:00 AM

Primer Domingo del mes: Bendición a todos los niños y jóvenes al final de la Santa Misa

- **Hora Santa:** Todos los primeros Sábados de cada mes a las 5:15pm.



Synod Get-Togethers

The Lenten Season is rapidly approaching. Please consider joining your fellow parishioners for Mass and one or several of our six planned Synod sessions. We are at an important crossroad in the life of our Diocese and Parishes, where reflecting on our mission and God's call is needed to be

able to continue to provide Mass and the many church services that we have had available in the past. There are many challenges and opportunities to strengthen and improve our parish life.

Your insight and wisdom are essential to making good decisions to discern and meet the needs of our believing community.

The focus of the Synod get-togethers is prayerful listening together to God and to parishioners including you. Please join us for a brief, open discussion and some light refreshments at one or more of these sessions. The discussion topics will change from session to session, so attending more than one will increase your opportunity to reflect on God's call with us.

The schedule of sessions is as follows:

Thursday, February 19, 6:00 PM Mass, 7:00 PM Synod - at Historic St. Mary's

Sunday, March 1, after 5:00 PM Mass with Bishop Mark - at Cathedral of the Immaculate Conception

Friday, March 6, after 6:30 PM Mass - at St. Francis of Assisi, Delaware Avenue

Monday, March 16, after 6:00 PM Mass - at St. Francis of Assisi, South End

Sunday, March 22, after 11:00 AM Mass, Cathedral of the Immaculate Conception

Sunday March 29, after 10:30 AM Spanish Mass- at St. Francis of Assisi, Delaware Avenue

We hope you will join us in prayer, listening, and discernment of our parishes' missions!

God Is Calling Facilitators From Among us!

Do you have experience organizing and facilitating conversations? Our parishes will soon begin a new series of synodal small group conversations, where members of our community can share their experiences, hopes, and ideas for the future of our local Church in Albany. To make these gatherings fruitful, we are looking for parishioners with a gift for listening, guiding conversations, and creating an open, welcoming environment.

If you have experience facilitating groups—or simply a desire to help others feel heard—please consider serving in this important ministry. All facilitators will receive formation and training to help you feel confident and prepared.

If you are interested or would like more information, please email **Dcn. Tim** at timothy.kosto@rcda.org.

Thank you for reflecting on how you might support our parish as we discern a vibrant future together.

Readings for the week of February 8, 2026

Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9/
1 Cor 2:1-5/Mt 5:13-16

Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/
Mk 6:53-56

Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and
10, 11/Mk 7:1-13

Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/
Mk 7:14-23

Thursday: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and
40/Mk 7:24-30

Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13,
14-15/Mk 7:31-37

Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab,
19-20, 21-22/Mk 8:1-10

Next Sunday: Sir 15:15-20/Ps 119:1-2, 4-5, 17-18,
33-34/1 Cor 2:6-10/Mt 5:17-37 or
5:20-22a, 27-28, 33-34a, 37



Led by the Spirit

A Retreat for Men to Explore
the Vocation to Priesthood

12:30-5:30 p.m. on Sunday, March 8 at St. Ambrose Church
Adoration & Confession to follow

Join the Albany Diocese Vocations Team for a daylong retreat centered on vocations to the priesthood. Attendees will interact with members of the Vocations Team and have time for prayer and fellowship as they learn more about this vital vocation and how to discern it.

Bishop Mark will be present to celebrate Mass and for discussion.

For information and registration, visit www.rcda.org/vocations

St. Ambrose Church
347 Old Loudon Rd., Latham NY
(518) 453-6690



Organ Recital

Cathedral of the Immaculate Conception Director of Music Brian Glikes will play an hourlong organ recital at **St. Paul's Episcopal Church (21 Hackett Blvd., Albany) on Sunday, February 15, at 3 pm**. The program will include music about prayer by Felix Mendelssohn, Maurice Duruflé, and others. There is no admission charge; donations for Music at St. Paul's will be accepted.

Thank you for your generous support!

If you would like to make a financial contribution to your parish through your smartphone, please use the QR code below.



The Cathedral



St. Francis



Historic St. Mary's



Historic Albany Parish Network

The Most Rev'd Mark O'Connell, JCD

Bishop of Albany

Clergy

The Very Rev'd. Rendell R. Torres, Rector and Pastor

Fr.Rendell.Torres@rcda.org

Rev. Emmanuel Udoh, Resident Priest

udohe@rcda.org

Rev. Mr. James M. Agnew, Deacon

James.Agnew@rcda.org

Rev. Mr. Timothy J. Kosto, II, Deacon

Timothy.Kosto@rcda.org

Rev. Mr. Aaron Tremblay, Deacon

Aaron.Tremblay@rcda.org

Assisting Clergy

Rev. Julian A. Davies, OFM

Rev. John Moyna

Rev. Sean O'Brien, OFM

Rev. William Persia, CSC

Parish Operations Manager

Mrs. Barbara Koerner-Fox

Barbara.Koernerfox@rcda.org

Music & Liturgy

Dr. Brian Glikes, Director of Diocesan & Cathedral Music

Brian.Glikes@rcda.org

Mr. Patrick Buonacore, Liturgical Coordinator & Sacristan

Patrick.Buonacore@rcda.org

Mr. John Rodier, Sacristan & Cantor

518.466.1405

Saint Francis Music

Ms. Kristen Witham

Buildings & Grounds

Mr. Kurt Schlachter, Facilities Manager

Cathedralfacilities@rcda.org

Mr. Christopher Hewitt, Facilities Manager

518.462.4254

Saint James Food Pantry

Linda Cruz, Director

Weekday Mass Intentions

As of February 2 2026

Mon, February 9 12:05 PM	<i>Pro Populo</i>	
Tues, February 10 12:05 PM	<i>Pro Populo</i>	
Wed, February 11 12:05 PM	<i>In Thanksgiving</i>	<i>Requested by Barbara Koener-Fox</i>
Thu, February 12 12:05 PM	<i>Pro Populo</i>	
Fri, February 13 12:05 PM	<i>Pro Populo</i>	

BE A PRAYER PARTNER WITH POPE LEO



For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope. Amen

Sunday Mass Intentions

As of February 2, 2026

Saint Francis (Delaware)

Sat, February 7 4:00 PM	<i>Pro Populo</i>	
Sun, February 8 9:00 AM	<i>Aurelio and Teresa Giglio</i>	<i>Requested by Daughter</i>
Sun, February 8 10:30 AM	<i>† Maria Angeles Uruchima Quinchi</i>	
Sat, February 14 4:00 PM	<i>Pro Populo</i>	
Sun, February 15 9:00 AM	<i>Pro Populo</i>	
Sun, February 15 10:30 AM	<i>Pro Populo</i>	

Saint Francis (South End)

Sun, February 8 10:30 AM	<i>Peter Williams</i>	<i>Requested by Wife, Lucille Williams</i>
	<i>Lucy and Paul Tudico</i>	<i>Requested by Daughters</i>
Sun, February 15 10:30 AM	<i>† GeorgeAnn Payne</i>	<i>Requested by Lucille Williams</i>

The Cathedral

Sun, February 8 11:00 AM	<i>Pro Populo</i>	
Sun, February 8 5:00PM	<i>Pro Populo</i>	
Sun, February 15 11:00 AM	<i>† Delilah Staples Ocampo</i>	<i>Requested by Nora Staples</i>
Sun, February 15 5:00PM	<i>Pro Populo</i>	

Historic St. Mary's

Sat, February 7 4:00 PM	<i>† Anastasia Farrell</i>	<i>Requested by Barbara O'Grady</i>
Sun, February 8 8:00 AM	<i>† Deceased Members of the Govel Family</i>	<i>Requested by Nina Govel</i>
Sun, February 8 10:30 AM	<i>† Kenneth Borden 5th Anniversary</i>	<i>Requested by Agnes Borden</i>
	<i>† St Mary-The Cheruvathur Family</i>	<i>Requested by Babapaul, Stella, Mary and Anaya Cheruvathur</i>
Sat, February 14 4:00 PM	<i>† Gloria Johnson, Francis R. Johnson, and Francis J. Johnson</i>	<i>Requested by Gloria Moak</i>
Sun, February 15 8:00 AM	<i>† Fr. John Minkler</i>	<i>20th Anniversary</i>
Sun, February 15 10:30 AM	<i>† Conti Family</i>	<i>Requested by Family</i>
	<i>† Judge Tom Keegan</i>	<i>Requested by David Carnevale</i>

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