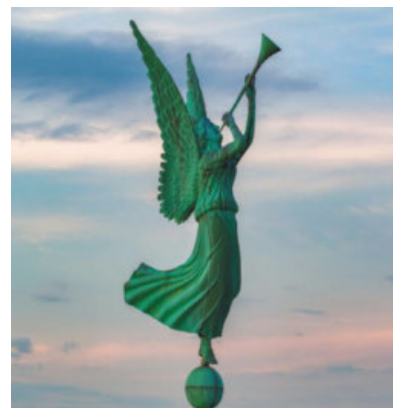


The Exaltation of the Holy Cross — 14 September 2025



The Parish of
Saint Francis of Assisi

The Cathedral Church
of The Immaculate
Conception

Historic St. Mary's
Church

Welcome! - Bienvenido! - Mabuhay!

Parish Network Mass Times			
Historic St. Mary's	Sat 4:00 PM	Sun 8:00 AM 10:30 AM	M-F 12:05 PM
St. Francis Delaware Ave	Sat 4:00 PM	Sun 9:00 AM 10:30 AM (Spanish)	
St. Francis South End		Sun 10:30 AM	
The Cathedral		Sun 11:00 AM 5:00 PM	

Confession Times	
Historic St. Mary's	Sat: 3:15 PM Mon, Wed, Fri before Mass Tues & Thurs (after Mass by request)
St. Francis Delaware Ave	Sat: 3:15 PM
St. Francis South End	Before or after Mass (by request)
The Cathedral	Sun: 10:30 AM-10:50 AM 4:15 PM—4:50 PM

Central Offices & Mailing Address
125 Eagle Street
Albany, New York 12202

Office Hours: Monday through Friday, 9:00 AM — 4:00 PM
Office Phone: 518.463.4447
Email: CICAAlban@rcda.org | SFAAlbany@rcda.org | SMAAlbany@rcda.org

The Cathedral

125 Eagle Street
Albany, New York, 12202

www.cathedralic.com
www.facebook.com/CathedralAlbany
@cathedralalbany

Saint Francis of Assisi

Delaware Site:

391 Delaware Avenue
Albany, New York 12209

South End Site:

93 Fourth Avenue
Albany, New York 12202

www.facebook.com/SaintFrancisAlbany
@saintfrancisalbany

Historic Saint Mary's (518) 462.4254

10 Lodge Street,
Albany, New York 12207

www.hist-stmarys.org
www.facebook.com/historicstmarychurch
Open daily

Cathedral Church Hours

The Cathedral is open daily.
Sunday: 9:00 AM—6:00 PM
Monday—Saturday: 9:00 AM—3:00 PM

The Cathedral and Parish Offices will be closed on National Holidays and other days throughout the year as noted in the bulletin.

Saint James Food Pantry

St. James Place, Albany, NY 12209 | 518.414.1929
Monday & Wednesday: 10:00am—12:30pm

Saint John's/Saint Ann's Center

88 Fourth Avenue, Albany, NY 12202 | 518.472.9091
Monday, Wednesday & Thursday: 10:am—12pm; 1:pm 3pm

WELCOME TABLE

Tuesday and Saturday: 11:30am—1:00pm

St. Mary's Food Pantry

10 Lodge Street, Albany, New York 12207 | 518.462.4357
Tuesday & Friday, 9:00—11:30 AM



Consecration to Mary Retreat

Would you like to grow in holiness through Jesus and His mysteries of the rosary? Starting Labor Day, Monday September 1 until Monday October 6. Our retreat book is "Total Consecration through the Mysteries of the Rosary" by Fr. Ed Broom OMV. The six meetings are at Mater Christi Church, 40 Hopewell St., Albany, 6:30-8:00 pm. All are welcome! (You do not have to attend to make your consecration). The Consecration Mass will be on October 7, the feast of Our Lady of the Rosary, at St. Francis of Assisi Church on Delaware Avenue at 6:00 pm.



For more information, email Jo Hepinstall at rosary.retreat777@gmail.com or scan the QR code.

HARVEST DINNERS

We are looking for parishioners who would be willing to "host" a Harvest Dinner within the parishes of St. Francis of Assisi, Historic St. Mary's, and Cathedral. Last year this event was a success. Dates being considered are **September 15 to November 14**. If you are interested, contact Georgeann at: gpayne1@nycap.rr.com.

This is a great way for parishioners of each church to get together for a social & entertaining time.

FIRST FRIDAY DEVOTIONS IN OUR NETWORK

We invite you on each First Friday, to come and spend some time with our Lord Jesus in quiet adoration and prayer as we pray for our Church, and our World. Exposition of the Blessed Sacrament begins at 8:00am until 11am at Historic St. Mary's, and continues at the Cathedral of the Immaculate Conception from 11:30am until 3:00pm with Benediction and the Divine Mercy Chaplet.

Blessing of the Animals and Rosary for Peace!

St. Francis of Assisi loved animals and prayed for peace! We will bless your pets and pray for peace on his feast day, Saturday, October 4, 9:00 a.m. at St. Francis of Assisi Church, 391 Delaware Avenue, Albany. Bring your animals and join us for an animal blessing on the Feast of St. Francis of Assisi. Afterward we will pray a rosary outside for peace in the world. Bring your rosary and an extra for those who might not have one! Potluck snacks and drinks desired afterward; please contact Father Rendell if you'd like to help organize this!



MORNING PRAYER is recited each Monday at 8:30 am at St. Francis of Assisi's South End site (93 Fourth Ave., Albany). It's a way to unite our prayers with the universal Church and offer praise to God at the start of our day/week. No experience necessary! Come join us!

PASTORAL REFLECTION

September 14, 2025

***"Just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life... For God did not send his Son into the world to condemn the world, but that the world might be saved through him."* (John 3:14-17)**

Do you make the sign of the Cross "fast" or "slow"? Our natural tendency in public may be to make the sign of the Cross faster and smaller! But God is not ashamed of the Cross; He did not recoil from being crucified for six hours. He was lifted up on the Cross, as Moses lifted up the bronze serpent on the pole, and whoever looked with faith upon the serpent was healed.

Christ compares His Crucifixion on the Cross with the bronze serpent mounted on a pole—a strange link between Jesus the Savior, and the serpent, symbol of death! But St. Paul wrote "[For our sake, God] made him who did not know sin to be sin." (2 Corinthians 5:21). Pope St. John Paul II explains that the prophet Isaiah says, "We had all gone astray like sheep...but the Lord laid upon him the guilt of us all" (Is 53:6) and that although Christ, the Holy One, was absolutely sinless, he agreed to take our sins upon himself to redeem us.

So Christians, even from the earliest days of the Church, made the sign of the Cross, blessed themselves with the Sign of the Cross. When people look at us funny if we make the sign of the cross in public—that's a sharing in the humiliation of the Cross of Christ. But there are benefits to this. St. Cyril said, "Let us, therefore, not be ashamed of the Cross of Christ; but though another hide it...openly seal it upon thy forehead, that the devils may behold the royal sign and flee trembling far away. Make then this sign at eating and drinking, at sitting, at lying down, at rising up, at speaking, at walking: in a word, at every act." And St. John Mary Vianney said, "Before beginning your work... never fail to make the Sign of the Cross. . . . Offer quite simply all your difficulties to God and renew this offering from time to time, [and then] you will have the happiness of drawing down the blessing of Heaven on yourself and on all you do."

Through the Cross, we are saved.
Through the Cross, we become like Christ.
Through embracing our crosses, we become saints by God's sanctifying grace, and nothing else matters more than that.

Peace in Jesus through Mary,

"When we suffer much we have a great chance to show God that we love Him; but when we suffer little we have less occasion to show God our love; and when we do not suffer at all, our love is then neither great nor pure." (St. Faustina, Diary, n. 303)



Pastoral & Finance Council Nominations

Is God calling you to discern our Lord's mission in our parish network in downtown Albany? Our pastor Fr. Rendell Torres invites you to pray and nominate people (even yourself) to consider serving on the Network Pastoral Council or Finance Council. Nominees should be team players who embrace the universal call to holiness and seek the bigger picture of Jesus's mission to save souls. To nominate someone, please email Deacon Tim Kosto at timothy.kosto@rcda.org or put in the collection basket at Mass a slip of paper with the **name, parish, phone number, email, and for which council (pastoral/finance/ either)**; there are also printed forms in our churches. Thank you and God bless you!

Open Registration: Catechesis of the Good Shepherd



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A beautiful **Montessori-based faith formation program** for children ages 3–9.

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- Rooted in Scripture, prayer, and liturgy

Fridays at the Cathedral

- Level I (ages 3–6): 4:00–5:30 PM
- Level II (ages 6–9): 6:00–7:30 PM

Families from all parishes are welcome!

Spots are limited — register today before classes fill up!

To register or learn more, contact:

Jody Agnew — agnewj@apcsd.org

Service Opportunity

We are looking for parishioners who are willing to help serve dinner at the Capital City Rescue Mission on Thursday, October 30th starting at 5:30 pm. This is a great opportunity to give back to our community and help those who are less fortunate. We will be lending a helping hand to the kitchen staff in organizing dinner trays and serving the food. A sign-up sheet will be located in the back of the church for anyone interested in volunteering.

We are also in search of other service opportunities within the Albany area. If anyone has any leads or contacts in organizations in search of volunteers, please feel free to list the information on the Capital City Rescue Mission sign-up sheet.

Second Collection: Catholic University of America Sept 27-28, 2025

Your gift to the second collection will support Catholic University of America students who go on to serve the nation and transform the world. Catholic University serves dioceses and parishes through innovative research initiatives and training programs, such as the Catholic Project - an initiative that aims to heal the breach of trust many have experienced as a result of the current crisis in the Church, an online Child Protection Certificate Program, a Master's program in Ecclesial Administration and Management, and a credentialing program that prepares recent graduates to serve as campus ministers. Please be generous. **Thank you for your continued support.**

Mass for Our Lady of the Rosary of Fatima



On October 7, the feast of Our Lady of the Rosary, we will celebrate Holy Mass at St. Francis of Assisi Church on Delaware Avenue at 6:00 pm. The National Pilgrim Statue of Our Lady of the Rosary of Fatima will be there through the kindness of the World Apostolate of Fatima, Albany Division. Exposition of the Most Blessed Sacrament will begin at 5:00 p.m. and the prayer of the rosary starting at

5:25 p.m. During the Holy Mass we also will offer an opportunity consecrate ourselves to Jesus through Mary (a renewal of baptismal vows) for those who have prepared themselves for this day. We hope that you can join us!

COMUNIDAD HISPANA

391 DELAWARE AVE
ST. FRANCIS OF ASSISI

Santa Misa: Domingo 10:30 AM

Confesiones: Domingo 10:00 AM

Primer Domingo del mes: Bendición a todos los niños y jóvenes al final de la Santa Misa

* **Hora Santa:** Todos los primeros Sábados de cada mes a las 5:15pm.

- **Inscripción para clases de catecismo (Primera Comunión y Confirmación) durante todo el mes de Agosto.**

STEWARDSHIP

Cathedral of the Immaculate Conception Weekly Offering—September 6-7

Regular Offertory	\$3,175.51
PayPal	\$480.70
Maintenance & Utilities	\$583.00
TOTAL	\$4,239.21
Average Weekly Need	\$8,200.00
SHORTFALL	\$3,960.79

The average weekly need is based on Total Expenses (2024-25)

Attendance

11:00 AM 146	5:00 PM 130
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Saint Francis of Assisi Weekly Offering—September 6-7

Regular Offertory	\$5,428.32
PayPal	\$150.00
Maintenance & Utilities	\$929.75
Food Pantry	\$250.00
TOTAL	\$6,758.07
Average Weekly Need	\$10,500.00
SHORTFALL	\$3,741.93

The average weekly need is based on Total Expenses (2024-25)

Attendance

Delaware	4:00 PM N/A	9:00 AM 61	10:30 AM 125
South End	10:30 AM 71		

Thank you for your generous support!

If you would like to make a financial contribution to your parish through your smartphone, please point your camera at the QR codes below and tap the link.



The Cathedral



St. Francis



Historic St. Mary's

Historic Albany Parish Network



The Most Rev'd Edward B. Scharfenberger, D.D.
Bishop of Albany

Clergy

The Very Rev'd. Rendell Torres, Rector
Fr.Rendell.Torres@rcda.org
Rev. Emmanuel Udoh, Resident Priest
udohe@rcda.org
Rev. Mr. James M. Agnew, Deacon
James.Agnew@rcda.org
Rev. Mr. Timothy J. Kosto, II, Deacon
Timothy.Kosto@rcda.org
Rev. Mr. Aaron Tremblay, Deacon
Aaron.Tremblay@rcda.org

Assisting Clergy

Rev. Sean O'Brien, OFM
Rev. William Persia, CSC
Rev. John Moyna
Rev. Julian A. Davies, OFM

Pastoral Director of Operations

Mr. Jasper Stoller
Jasper.Stoller@rcda.org

Social Media Administrative Assistant

Mr. Bobby Linthavong
Bobby.Linthavong@rcda.org

Music & Liturgy

Dr. Brian Glikes, Director of Diocesan & Cathedral Music
Brian.Glikes@rcda.org
Mr. Patrick Buonacore, Liturgical Coordinator & Sacristan
Patrick.Buonacore@rcda.org
John Rodier, Sacristan & Cantor
518.466.1405

Saint Francis Music

Kristen Witham

Buildings & Grounds

Mr. Kurt Schlachter, Facilities Manager
Cathedralfacilities@rcda.org
Mr. Tim Balfe, Campus Maintenance
Cathedralmaintenance@rcda.org
Mr. Christopher Hewitt, Facilities Manager
518.462.4254

Saint James Food Pantry

Linda Cruz, Director
Linda.cruz@rcda.org

Prayers for...

Peter Edic, Noah Langan, Kathleen Fiorillo, Jon Collins, Nathan Williams, Harold LaMountain, Rev. Frank O'Connor, Sue Moss, Cynthia Notaro, Honey Kausar, Mary VanSchiack Agnew, Maria Aricipa, Mary Dolan, Charles Duffy, Church Dyer, Joyce Flanagan, Gina Garrison, Katherine Gilligan, Chris Godfrey, Marge Hepp, Michael Horgan, Alison Horgan-Zepeda, Rev. David Jones, Alice LaChapelle, Betty McSweeney, Joe O'Clair, Jaxson Rivera, Sr. Natalie Runfola, Michele Sloman, Rev. Paul Smith.

Mass Intentions		
Saint Francis (Delaware)		
Sat, September 13 4:00 PM	<i>Pro Populo</i>	
Sun, September 14 9:00 AM	† Ted Hallman	<i>Requested by Christopher & Erika Richards</i>
Saint Francis (South End)		
Sun, September 14 10:30 AM	<i>Pro Populo</i>	
The Cathedral		
Sun, September 14 11:00 AM	† Carmody Family	<i>Requested by Betty Carmody Travis</i>
Sun, September 14 5:00 PM	† James Nesfield	<i>Requested by Wife</i>
Historic St. Mary's		
Sat, September 13 4:00 PM	† Mr. & Mrs. Daniel Scaringe	<i>Requested by Sons</i>
	† Glen Evans	<i>Requested by Alaxanian Family</i>
Sun, September 14 8:00 AM	† Souls in Purgatory	
	† Raymond & Rose Ann Fabian	<i>Requested by Rosanna Pardo & Family</i>
Sun, September 14 10:30 AM	† Chief John Dale	<i>Requested by David Carnevale</i>
Mon, September 15 12:05 PM	† Rev. John F. Connolly	<i>Requested by Friend</i>
	† Elise & Teresa Mahar	<i>Requested by Joe Mahar</i>
Tues, September 16 12:05 PM	† Jan Heitzer	<i>Requested by Friend</i>
Wed, September 17 12:05 PM	<i>Pro Populo</i>	
Thurs, September 18 12:05 PM	<i>Pro Populo</i>	
Fri, September 19 12:05 PM	<i>Pro Populo</i>	

Why request Mass intentions? The Catechism of the Catholic Church says, “From the beginning, the Church has honored the memory of the dead and offered prayers in suffrage for them, above all the **Eucharistic sacrifice [the Mass]**, so that, thus purified, they may attain the beatific vision of God” (CCC 1032).

To request a Mass intention give us a call at 518-463-4447 or send an email to CICAlban@rcda.org

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