



The Parish of Saint Francis of Assisi

The Cathedral Church of the Immaculate Conception

Welcome! - Bienvenido! - Mabuhay!

*From wherever you have traveled or have been led on your spiritual journey,
we, the Catholic communities of the Cathedral of the Immaculate Conception and Saint Francis of Assisi,
welcome you to our parishes.*

*We are located on the land of the Mohawk People of the Haudenosaunee Confederacy and the Mohican People
who were the first stewards of the land upon which our Churches were built in what we now call the City of Albany.*

*We invite you to make yourself at home in one of our parish communities
and consider joining our Christian way of life, worship and service in Jesus Christ.*

Welcome College Students!

Central Offices & Mailing Address:

125 Eagle Street Albany, New York 12202

Offices Hours: Monday thru Thursday, 9:00am—3:00pm

Office Phone: 518.463.4447

Email: CICALban@rcda.org

SFAAlbany@rcda.org

**The Cathedral
Saint Francis of Assisi**

125 Eagle Street, Albany, NY 12202

Delaware Site: 391 Delaware Avenue, Albany, NY 12209

South End Site: 93 Fourth Avenue, Albany, NY 12202



CONNECT WITH US!

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Six minutes a day... that is all we are asking! A reflection on Scripture, and a fun fact about Catholic traditions. This Lent, we are providing *Little Black Books of the Diocese of Saginaw* as a way to journey through the season. Spending time with the Lord Jesus in Scripture... and a little learning, too. Free copies are located in the back of all three churches. **(Available in both English and Spanish).**

JOIN US FOR STATIONS OF THE CROSS

FRIDAYS | 5:15 PM
March 7 through Good Friday

CONFESSIONS AFTER STATIONS

Additional Confession times during Lent, will be available after weekday Masses at **Historic St. Mary's** (and 11:30 am before Monday, Wednesday, and Friday Masses, and at 3:30 on Saturdays before Mass); at the **Cathedral** on Fridays 4-5 pm and after Fridays' 5:15 pm Stations of the Cross, and after Sunday's 5 pm Mass (as well as 30 minutes before both Sunday Masses). Confessions are available by request at **St. Francis, Delaware Avenue**, before and after the Saturday 4 p.m. Mass.



"Hail, full of grace!" (Luke 1:28)

Join Us for Holy Mass for the Solemnity of the Annunciation of the Lord!

Tuesday, March 25
5:15 pm | **The Cathedral**

Parking available on the street and in the parking garage diagonally across from the Cathedral.



Siena Choirs Masterwork Concert

Join us for the **annual masterwork concert** presented by the Siena choirs, in collaboration with community singers and instrumentalists. This year's featured piece is *Requiem: What Remains is Love*, composed by **Maria Riccio Bryce**, music director at St. Luke's Parish in Schenectady.

Admission is free—all are welcome to experience this special

Sunday March 23 at 3:00 PM

St. Francis
391 Delaware Avenue
Albany, NY 12209



NUTRITIOUS MEALS HELP CHILDREN GROW HEALTHY IN GUATEMALA

In Santa María Chiquimula, Guatemala, over half the community is affected by malnutrition. Amid rising food prices and job loss, Ana Belén and her husband were struggling to provide for their growing family. But they saw a ray of hope through their participation in a Catholic Relief Services' program that helps them ensure their children are healthy and have the nutrition they need to thrive and play.

Visit crsricebowl.org/week-2 to read this week's Story of Hope.

Pastor's Reflection (March 23, 2025, Third Sunday of Lent)

Jesus said: "There once was a person who had a fig tree... he said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none. So cut it down. ... He said to him in reply, 'Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it; it may bear fruit in the future. If not you can cut it down.'" (Luke 13:6-9)

The fruitless fig tree symbolizes our not repenting from sin, which prevents us from loving God with our whole heart and loving our neighbor as the crucified Lord loves us. Jesus says, "If you do not repent, you will all perish as they did!" And St. Paul says, "Whoever thinks he is standing secure should take care not to fall."

In tandem with regular Confession, spending time with Jesus in the Most Blessed Sacrament is a very fruitful way to receive His grace to change our ways and do God's will. Jesus in the Blessed Sacrament is like the "burning bush" where Moses encountered God on holy ground. The great "I AM" is truly present in the flesh, in the Eucharist.

Eucharistic Adoration can be a sweet experience of consoling Jesus's crucified Heart while also receiving His consolation, like entering "a land flowing with milk and honey." In Adoration we taste the goodness of Divine Mercy, "for as the heavens are high above the earth, so surpassing is His kindness to those who fear Him." When we adore Jesus, our body language says, "Bless the LORD, O my soul; and all my being, bless his holy name."

Our parish network has Adoration every Thursday evening at Historic St. Mary's 6:30-7:30 and, during Lent, on Fridays at the Cathedral 4-5 pm before Stations of the Cross at 5:15; and First Fridays at the Cathedral 11:30 a.m. - 3 p.m., and St. Francis Delaware Ave. 7:15-8:15 pm. Please see the bulletin for Confession times.

Peace in Jesus through Mary,
Fr. Rendell R. Torres

"When you say this prayer, with a contrite heart and with faith on behalf of some sinner, I will give him the grace of conversion... 'O Blood and Water, which gushed forth from the Heart of Jesus as a fount of Mercy for us, I trust in You.'" (Jesus to St. Faustina, Diary, n. 186-187)

Third Sunday of Lent — 23 March 2025

GIVE US THIS DAY NOW AVAILABLE!

Pick up your copy of Give Us This Day at the back of church!

Mass Intentions

Saint Francis (Delaware)

Saturday, March 22 4:00 PM	John Madison	Requested by Anne Schmidt
Sunday, March 23 9:00 AM	Open for Mass intentions	
Saint Francis (South End)		
Sunday, March 23 10:30 AM	Open for Mass intentions	
The Cathedral		
Sunday, March 23 11:00 AM	Wilhelmina Goes	Requested by Daughter
Sunday, March 23 5:00 PM	Open for Mass intentions	

Why request Mass intentions? The Catechism of the Catholic Church says, “From the beginning, the Church has honored the memory of the dead and offered prayers in suffrage for them, above all the **Eucharistic sacrifice [the Mass]**, so that, thus purified, they may attain the beatific vision of God” (CCC 1032).

The dead in purgatory can no longer pray for themselves. Pope Francis said that offering Masses for the dead “is the best spiritual help that we can give to their souls, particularly to the most abandoned ones.” Masses can also be offered a living person who is sick or suffering; a living person who is celebrating a birthday, anniversary or other special moment in their life; in thanksgiving to God; in thanksgiving for a prayer from a saint; or for a prayer intention (that does not contradict Church teaching). The efficacy or fruitfulness of a Mass in a person's life depends on that person's interior openness to God's will and not merely on the external performance of a sacrament (CCC 2111). We allow normally one intention per Mass, except that two Masses per week may have two intentions.

Our Parish Network Mass Times:

Historic Saint Mary's	Saint Francis	The Cathedral
Saturday 4:00 PM	Saturday 4:00 PM (Delaware)	
Sunday 8:00 AM	Sunday 9:00 AM (Delaware)	Sunday 11:00 AM
10:30 AM	10:30 AM (Delaware—Spanish)	5:00 PM
Mon-Fri 12:05 PM	10:30 AM (South End)	

ADORATION offered on Thursday evenings at Historic St. Mary's 6:30-7:30 and, during Lent, on Fridays at the Cathedral 4-5 pm before Stations of the Cross at 5:15; and First Fridays at the Cathedral 11:30 a.m. - 3 p.m., and St. Francis Delaware Ave. 7:15-8:15 pm.

COMUNIDAD HISPANA

391 DELAWARE AVE
ST. FRANCIS OF ASSISI

Santa Misa: Domingo 10:30 AM

Confesiones: Domingo 10:00 AM

Primer Domingo del mes: Bendición a todos los niños y jóvenes al final de la Santa Misa

Stewardship

The Cathedral of the Immaculate Conception

Weekly Offering—March 15 & 16

Regular Offertory	\$4,397.90
PayPal	\$0.00
Maintenance & Utilities	\$829.65
TOTAL	\$5,227.55
Average Weekly Need	\$8,200.00
SHORTFALL	(\$2,972.45)

The average weekly need is based on Total Expenses (2024-25)

Attendance

11:00 AM 283	5:00 PM 101
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Saint Francis of Assisi

Weekly Offering—March 15 & 16

Regular Offertory	\$3,922.48
PayPal	\$0.00
Maintenance & Utilities	\$586.33
Food Pantry	\$0.00
TOTAL	\$4,508.81
Average Weekly Need	\$10,500.00
SHORTFALL	(\$5,991.19)

The average weekly need is based on Total Expenses (2024-25)

Attendance

Delaware	4:00 PM 55	9:00 AM 74	10:30 AM 177
South End	10:30 AM 65		



Saint James FOOD PANTRY

Corner of St. James Place & Summit Avenue, Albany, NY 12209

518.414.1929

Monday & Wednesday: 10:00am—12:30pm

Saint John's/Saint Ann's Center

88 Fourth Avenue, Albany, NY 12202

518.472.9091

CENTER

Monday, Wednesday & Thursday: 10:am—12pm; 1:pm 3pm

WELCOME TABLE

Tuesday and Saturday: 11:30am—1:00pm

In need of juice and hygiene products

Reminder: We cannot accept outdated, opened or used items.

Other Area Food Pantries include:

Saint Mary

10 Lodge Street, Albany, New York

518.462.4357

Trinity Alliance

15 Trinity Place, Albany, New York

518.364.1103

www.trinityalliancealbany.org/food-pantries

FOCUS Churches of Albany

275 State Street, Albany, New York

518.443.0460

www.focuschurches.net



Thank you for your generous support!

*If you would like to make a financial contribution to your parish
through your smartphone, please point your
camera at the QR codes below and tap the link.*



The Cathedral



St. Francis

Prayers for...

Jon Collins, Nathan Williams, Harold LaMountain, Rev. Frank O'Connor, Sue Moss, Cynthia Notaro, Honey Kausar, Mary VanSchiack Agnew, Maria Aricipa, Mary Dolan, Charles Duffy, Church Dyer, John Fanning, Joyce Flanagan, Gina Garrison, Katherine Gilligan, Chris Godfrey, Marge Hepp, Michael Horgan, Alison Horgan-Zepeda, Rev. David Jones, Alice LaChapelle, Betty McSweeney, Joe O'Clair, Jaxson Rivera, Sr. Natalie Runfola, Michele Sloman, Rev. Paul Smith.

The Cathedral & Saint Francis of Assisi Staff



The Most Rev'd Edward B. Scharfenberger, D.D.
Bishop of Albany

Cathedral Clergy

The Very Rev'd. Rendell Torres, Rector

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Mr. Timothy J. Kosto, II, Deacon

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Saint Francis Music

Kristen Witham

Buildings & Grounds

Mr. Kurt Schlachter, Facilities Manager

Cathedralfacilities@rcda.org

Mr. Tim Balfe, Campus Maintenance

Cathedralmaintenance@rcda.org

Saint James Food Pantry

Linda Cruz, Director

518.414.1929

Central Parish Office Hours

Monday thru Thursday, 9:00am – 3:00pm

Cathedral Church Hours

The Cathedral is open daily.

Sunday: 9:00am – 6:00pm

Monday—Saturday: 9:00am – 3:00pm

The Cathedral Church and Parish Offices will be closed on National Holidays and other days throughout the year as noted in the bulletin.

DANIEL KEENAN

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490 Delaware Ave., Albany, NY 12209

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