

## SAINTS FOR THE WEEK

Monday, March 4

Saint Casimir, Brother and Defender of the Poor

Thursday, March 7

Saints Perpetua and Felicity

Friday, March 8

Saint John of God, Religious

Saturday, March 9

Saint Frances of Rome, Religious

## EASTER FLOWER DONATIONS

In memory/honor of:

- |                      |   |
|----------------------|---|
| ☼ Sr. Delores Carey  | ☼ Ghem Family                                 |
| ☼ Edward H. Carey    | ☼ Henehan Family                              |
| ☼ Robert Meyers      | ☼ Joy Family                                  |
| ☼ Gertrude M. Nadley | ☼ Lehmann Family                              |
| ☼ Barbara K. Norke   | ☼ LoBrutto Family                             |
| ☼ Larry Turner       | ☼ Sitts Family                                |
| ☼ Ahern Family       | ☼ Tyson Family                                |
| ☼ Barry Family       | ☼ Deceased members of Zaleski & Zysk Families |
| ☼ Foote Family       |   |

“Saint Anselm of Aosta has left us these words of encouragement that today we can make our own:

“Escape from your everyday business for a short while, hide for a moment from your restless thoughts. Break off from your cares and troubles and be less concerned about your tasks and labours. Make a little time for God and rest a while in him. Enter into your mind’s inner chamber. Shut out everything but God and whatever helps you to seek him; and when you have shut the door, look for him. Speak now to God and say with your whole heart: I seek your face; your face, O Lord, I desire” (Proslogion, 1).



MARCH 3, 2024

3<sup>rd</sup> Sunday of Lent, A

Exodus 17:3–7

Psalm 95

Romans 5:1-2, 5–8

John 4:5–42

**If today you hear God’s voice,  
harden not your hearts.** Psalm 95

**Not all of us can do great things, but we  
can do small things with great love.**  
–Mother Theresa

Fast from judging others: Feast on Christ in them.

Fast from wanting more: Feast on being thankful.

Fast from anger: Feast on patience.

Fast from suspicion: Feast on truth.

Fast from complaining: Feast on appreciation.

Fast from negatives: Feast on positives.

Fast from stress: Feast on prayer.

Fast from bitterness: Feast on forgiveness.

Fast from self-concern: Feast on compassion for others.

Fast from worry: Feast on hope.

Fast from gossip: Feast on silence.

Fast from fighting: Feast on peace.

adapted from William Arthur Ward’s poem “A Lenten Prayer”

### Love is the Protagonist

How can we follow Jesus’ example of love and inclusivity towards all people? Jesus’ example of love and inclusivity towards the Samaritan woman challenges us to follow his example in our own lives. How can we see beyond differences and embrace one another as brothers and sisters in Christ? What steps can we take to promote unity, reconciliation, and love in our communities?

On the CAC podcast *Love Period.*, Sikh activist Valarie Kaur describes what happens when Love becomes the ethic and the story by which we live: Love is a wellspring from which we all can drink, but we may be coming to the wellspring from different paths. You can come to it from different sources of inspiration, but the love ethic itself is what is available for all of us, no matter who we are....

I describe love as sweet labor, a fierce and bloody and imperfect life-giving choice that we make. And if love is labor, then love can be taught. Love can be modeled. Love can be practiced. What I find so invigorating is that more and more of us now are naming the practices—how to be brave with your grief, how to honor your rage, how to let go of things that are dragging you down and the little critic in your mind that’s keeping you from realizing your full self. The more we can share the good news around these practices, the more we can say, “All of us can have access to building beloved community right where we are.” [1]

Author and civil rights activist Grace Lee Boggs (1915–2015) wrote about the power of collective commitment: When people come together voluntarily to create their own vision, they begin wishing it to come into being with such passion that they begin creating an active path leading to it from the present. The spirit and the way to make the spirit live coalesce. Instead of seeing ourselves only as victims, we begin to see ourselves as part of the continuing struggle of human beings, not only to survive but to evolve into more human human beings. [2]

Valarie Kaur continues: I’m seeing people waking up, being in relationship, grieving together, raging together, marching together, reimagining their own area of public life, their own sphere of influence in ways that I never imagined possible before. In those acts, in those moments and those gatherings around fierce love, I feel like I see glimpses of the nation, the world, that is wanting to be born....

If we can create and nurture and inspire more and more of those containers, every school, every home, every workplace, every church, every house of worship, every neighborhood can become a pocket of that kind of beloved community, because this love stuff is not saintly. It’s practical. It’s pragmatic....

In the moments when I feel alone or afraid or that this love is absent, I just have to open my eyes, feel the earth beneath my feet, remember my grandfather’s love, know that separateness is an illusion. If I just sink into the present moment here and now, I can access the love that has been poured into me, the love that I am capable of, the love that surrounds me on all sides. And that can give me enough energy to take the next breath and then push. [3]

<https://email.cac.org/t/d-e-ellyly-dduxulkd-yd/>

## WELCOME TO OUR PARISH

We are blessed to have you worship with us as we nurture each other in faith. While visiting our community, we humbly ask you to consider investing in our parish offertory and Diocesan Appeal to help ensure our parish and Diocese can be one of your partners in faith. Thank you!

## DIOCESAN APPEAL

As you plan your budget, consider a pledge. Use your bank’s Bill Pay feature to set up automatic payments or use envelopes on the back table.



<https://thediocesanappeal.org/>

CURRENT STATUS: \$2,969 / GOAL: \$5,000

# Holy Cross Parish

96-98 Main Street  
PO Box 118  
Morris NY 13808

holycrosschurch@gmail.com

## MISSION

To care for the poor, abandoned, and the marginalized.



## SCHEDULE

**Mass:** Sunday, 8:30 a.m.

**Liturgy of the Word:** Tuesday, 10 a.m.

## PARISH LEADERSHIP TEAM

### **Parish Leader**

Matthew Tabone (360) 559-4098

### **Trustees**

Michael Stensland (607) 783-2764

Richard Meyers (607) 263-5588

### **Parish Pastoral Council Chair**

Kerry L. Mess (607) 386-1951

### **Parish Pastoral Council Members**

Dana Mochovciak, Jenna Turner, Carol Tyson, Marguerite Webster

### **Liturgical Ministry**

Marguerite Webster (607) 263-5478

### **Faith Formation**

Daphne Thompson (607) 263-2410

### **Ministry to the Homebound**

Matthew Tabone (360) 559-4098

Jenn Spivey (207) 539-5094

## **WELCOME TO HOLY CROSS PARISH! CURIOUS? BEING CALLED?**

RCIA is the Rite of Christian Initiation for Adults into the Catholic faith.

For more information, go to [myrcia.org](http://myrcia.org).

**Holy Cross Parish RCIA Contact:**

Maureen Joy (607) 263-5132

## **MARCH 3, 2024**

### **Celebrant**

Rev. Chris Welch

**Lector:** Kerry Mess

**Eucharistic Minister:** Carole Barry

### **Mass Intention**

**For the repose of the soul of Ray Valley**

If you would like to request an intention for a mass, simply call the office to schedule: (607) 263-5143.

### **Pray for**

- ✠ the deceased members of our parish and their families and friends
- ✠ the sick, their caregivers, and all who have asked for our prayers, especially Sr. Theresa Ahern MSBT, Amy O'Brien, John O'Brien, Jo Franklin, Aggi Huff, Louisa Joy, Lynn Joy, Maureen Joy, Rebecca Joy, Michelle Lee, Teresa Meyers, Clara Murphy, Diane Neczesny, Maria Papendrea and sister Camella, Karina Tabone and (welcome to) new baby Thomas Tabone, Joe and Carol Tyson, Lorraine Tyson, Fr. Chris Welch, John Zaleski
- ✠ all the men and women of our parish family serving in the military and all first responders and emergency personnel: Ryan Barry, Jim Barry, Meghan Barringer

**Pope Francis's March intention: For the new martyrs, may those who risk their lives for the Gospel inflame the Church with their courage.**

## **Engage in Lenten Community**

### **MORRIS CENTRAL SCHOOL FOOD PANTRY**

Saturday, March 9, 10 a.m.–12 p.m.

Most requested foods: milk, peanut butter, bread, cereal; most appreciated foods: apples, oranges, bananas, baby carrots

### **Dominican Retreat & Conference Center**

**LENTEN SCRIPTURE STUDY: Women Prophets of the Bible** (via zoom), Tuesdays in March, 10 a.m.–12 p.m.; \$20/session, \$75 for all 4. Call (518) 393-4169 or email [dslcny@nybiz.rr.com](mailto:dslcny@nybiz.rr.com).

### **Diocese of Albany**

To help you walk with our Lord this Lent, the diocese has compiled resources, articles, and ideas to delve deep into the season. Visit: [www.RCDA.org/Lent/Resources](http://www.RCDA.org/Lent/Resources)

### **Talks from the NYS Eucharistic Congress**

You can find the talks and homilies from the Eucharistic Congress in Auriesville in October at <https://www.rcda.org/nysec2023>. You can also find the page by clicking the Prayer and Worship tab under Offices & Ministries at <https://www.rcda.org/>

**AARP FREE SENIOR TAX PREP:** Volunteers will be at Elm Park Church (401 Chestnut St. Oneonta) through April to assist eligible residents with tax returns. For an appointment, call (607) 376-5542.

## Upcoming Events

**03/03: Parish Pastoral Council meeting, rectory after mass**

**03/05: Liturgy of the Word, 10 a.m.**  
Synod Listening Session, 6:30–8:30 p.m., St. Mary's Oneonta

**03/08: Stations of the Cross, 4:30 p.m.**

**03/10: SPECIAL COLLECTION – Catholic Relief Services Annual Appeal**

**03/12: Liturgy of the Word, 10 a.m.**

03/13: Lenten Penance Services, 12:10 p.m. and 6:30 p.m., St. Mary's Oneonta

**03/15: Stations of the Cross, 4:30 p.m.**  
**Lenten Fish & Chips Community Meal**

**03/19: Liturgy of the Word, 10 a.m.**

03/18: Synod Listening Session, 6:30–8:30 p.m. (virtual, register at: [rcda.org/synod](http://rcda.org/synod))

**03/22: Stations of the Cross, 4:30 p.m.**

**03/26: Liturgy of the Word, 10 a.m.**

**03/29: SPECIAL COLLECTION – Holy Land**

## **SUNDAY, FEBRUARY 25, 2024**

Mass Attendance: 50

Collection: \$961.00

Special Collection: \$50.00