



3rd SUNDAY IN ORDINARY TIME

“Come after me,
and I will make you
fishers of men.”
- Mt 4:19

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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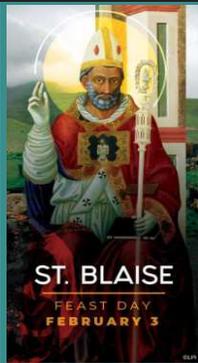
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Blessing of the Throat Tuesday, Feb. 3, 5:15pm-Sacred Heart

Perhaps it's an example of divine providence that the feast of St. Blaise falls on Feb. 3 — right in the middle of cold and flu season! This fourth-century Armenian saint was a bishop and martyr and is venerated as the patron of those who suffer from illnesses of the throat.

*O Sacred Heart, O Love Divine
Do keep us near to Thee
And make our love so like to Thine
That we may holy be*

[REFRAIN]
*Heart of Jesus, hear
O Heart of Love Divine
Listen to our prayer
Make us always Thine*



*O Temple pure, O House of gold
Our Heaven here below
What sweet delights, what wealth untold
From Thee do ever flow [REF]*

*Ungrateful hearts, forgetful hearts
The hearts of men have been
To wound Thy side with cruel darts
Which they have made by sin [REF]*

World Day
of the Sick
FEBRUARY 11



World Day of the Sick Wednesday, Feb. 11, 5:15pm-Saint Cecilia

Coinciding with the Feast of Our Lady of Lourdes. This annual observance invites believers to offer prayers for those suffering from illness and their caregivers.

THE SACRED HEART'S CHURCH & COMMUNITY'S MISSION:

In the example, imitation & guidance- of the Most Sacred Heart of Jesus - our Divine Patron, we will strive to fulfill the Catholic Church's mission, that is, to evangelize; which means to spread the Gospel of Jesus Christ to all, ultimately seeking to lead everyone to a deeper relationship with God . In this mission, we will embody Christ's love through service, teaching the Catholic faith, and foster the salvation and sanctification of our brothers & sisters, which we will devotedly & zealously manifest in the ongoing efforts to serve the poor, the marginalized, and all those in need in our community.

THE ST. CECILIA'S CHURCH & COMMUNITY'S MISSION:

In the example & intercession of our Patron Saint: St. Cecilia - a Virgin & a Martyr- we will strive to fulfill the Catholic Church's mission, that is, to evangelize; which means to spread the Gospel of Jesus Christ to all, ultimately seeking to lead everyone to a deeper relationship with God . In this mission, we will embody Christ's love through service, teaching the Catholic faith, and foster the salvation and sanctification of our brothers & sisters, which we will devotedly & zealously manifest in the ongoing efforts to serve the poor, the marginalized, and all those in need in our community.

† Wine & hosts for the altar at **Sacred Heart** for the month of **January** have been graciously sponsored in loving memory of **Louis & Irene Zanella**, by **Wendy & Billy Hall**, and their kids.

MASS SCHEDULE

Sat. Jan 24, 4:00 pm (SH) - † In loving memory of *Stephen Hladik, 1 yr passed, requested by his loving wife Pat & family.*

Sun. Jan 25, 9:00 am (SC) - † For the repose of the soul of *Pat Grandy, requested by Pat & George Galeazza.*

Sun. Jan 25, 4:00 pm (SC) - For the people of the parish.

Tues. Jan 27 thru Sun. Feb 1, 2026

Tue. Jan 27, 8:00 am (SH) - For the people of the parish

Wed. Jan 28, 8:00 am (SC) - For the people of the parish

Thurs. Jan 29, 8:00 am (SH) - For the people of the parish

Fri. Jan 30, 8:00 am (SC) - For the people of the parish

Sat. Jan 31, 4:00 pm (SH) - † In memory of *Pat Grandy, requested by Barbara Minch & Anthony Montenegro.*

Sun. Feb 1, 9:00 am (SC) - 1.) † In loving 25th birthday remembrance of *Bailey Alexandria Field, requested by Mom, Dad and Sammy.*

2.) † In loving memory of *Christine Bagnardi, 1 yr passed, requested by her loving mother and children & her adoring family.*

Sun. Feb 1, 4:00 pm (SC) - For the people of the parish.

The 4pm Sunday Mass @ St Cecilia will be held in the Sacred Heart's Chapel (basement).

Second Collections

Jan 25 Rep/Maint

Feb 1 Evangelist

Feb 15 Fuel/Heat

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

Jan 25, 2026 - 3rd Sunday in Ordinary Time -

Matthew 4:12-23

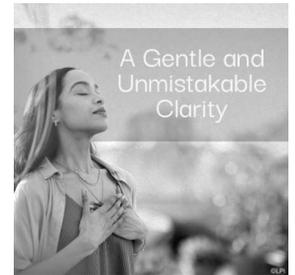
I was 22 years old, lying in bed one night while on a pilgrimage, when I suddenly sensed an idea in my mind: "Go to the seminary." There was no voice, no vision, but a gentle and unmistakable clarity. I simply prayed, "Lord, if that's from you, let me find great joy in it." Three days later, my heart was bursting with joy. I dropped everything and entered the seminary. The older I get, the stranger my rather careless and hasty departure seems to me. I followed not because it made sense, or because I was especially brave. I went because the Lord called me.

Something like this happens in today's Gospel. Jesus walks by Simon, Andrew, James, and John and says, "Come after me" (Matthew 4:19). And immediately they leave their nets and follow. There's no explanation, no hesitation ... just movement. Why? As St. John says, "In this is love: not that we have loved God, but that he loved us" (1 John 4:10). They do not leave their nets because his call made perfect, calculable sense. They left them because they were called. And Jesus' call is powerful.

Take a moment this week to remember when Christ first called you. However small or quiet it was, recall it, and give thanks. The more we marvel that Christ has called us personally, the more passionately and freely we will follow him.

-Father John Muir

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Lector/Eucharistic Ministers

Jan 24 (SH)	Kathy Avery Tony Stellato	Jan 31 (SH)	Volunteer Volunteer
Jan 25 (SC)	Kathy Marcais Michele Furnare	Feb 1 (SC)	Ann Mahon Andrea Moran

Counters Schedule

Jan 26 (SH)	Wendy Hall Barb Bilins	Feb 2 (SH)	Katherine Downing Kathy Avery
Jan 26 (SC)	Sandy Hayes Kathy Marcais	Feb 2 (SC)	Flo Stanton Margaret Smith

Food Pantry



Jan 28 (SC)	Dianne Kierpiec Kathleen Harris Ann Mahon
Feb 4 (SC)	Wendy Hall Barb Bilins



Sunday Mass at St. Cecilia: The 5 pm Sunday Mass at St. Cecilia has been moved to 4pm for the winter months. This Mass will be held in the chapel.

Mass Cancellations, Winter Protocol: During the winter months, if FFCS has a delay or cancelation, Mass will be canceled on that day.

Sacred Heart Pie Raffle: Our weekly pie raffle has returned, just in time for the holidays. Purchase your tickets in the vestibule before Saturday's Vigil Mass

Sunday Raffle at St. Cecilia: We will gladly accept donations as we continue our Sunday raffle. As always, we appreciate your support.

Faith Formation Fundraiser: Our students are selling Super Bowl Squares to help support our Faith Formation Program and also give you a chance to win some great prizes. Squares are \$25 each.

Help us Tackle Hunger!

Our Parishes will be participating in the Souper Bowl of Caring campaign by collecting cash and food items on Saturday, February 7 at Sacred Heart & Sunday, February 8 at St Cecilia. **Donate money and/or a food item and you will get entered into a raffle for a prize!** All of the donations collected will go directly to the Fonda Area food pantry. In 1990, Souper Bowl of Caring began with a simple prayer from a single youth group: *"Lord, even as we enjoy the Super Bowl football game, help us be mindful of those without a bowl of soup to eat."* Since then, more than \$220 million has been generated for local charities across the country through Souper Bowl of Caring. It has become a powerful movement that transforms the time around the Big Game into the nation's largest celebration of giving and caring for those in need. Share in God's love for our neighbors in need and give generously on Souper Bowl Sunday. For more info on the Souper Bowl of Caring visit <https://tacklehunger.org>

Feb. 3 -Tuesday is the Memorial Feast of St. Blaise- a bishop & martyr, who is also popular for his intercession for those who want to be delivered from every disease of the throat & other illness. Everyone is invited; bring your family members & friends. The Holy Mass & Blessings of Throat will be at **Sacred Heart's Church - Tribes Hill at 5:15PM.**

There will be no Healing Mass & Anointing on the First Thursday & Friday of the month of February only. Instead the **Healing Mass will be on Feb. 11-Wednesday at St. Cecilia's Church, at 5:15PM** - on the Memorial Feast of Our lady of Lourdes, as the **World Day of the Sick** which was designated by the late St. John Paul 2nd. Everyone is invited; bring your family members & friends.

Feb.18 is Ash Wednesday, universal fasting & abstinence for us Christians. **Ash Wednesday Holy Mass & distribution of Ashes will be 8AM at St. Cecilia's Church; 5:30PM at Sacred Heart's Church** Communion Service & Distribution of Ashes at 12:15PM at St. Cecilia's Rectory Chapel.

Duc in Altum Discernment Nights: Sept 23, 2025 thru June 23, 2026, hosted every other Tuesday from 5:30-8:30pm. St Isaac Jogues House of Formation, 122 Vliet Blvd, Cohoes. Open to men ages 16+. Please let the office know you plan to attend prior to each specific date. Call 518-453-6690 or email vocations@rcda.org

A Journey of Faith, Humor, and 2 Million Steps: Join us at St Augustine Parish in Troy on Thursday February 12th after the 6pm Mass to hear author and pilgrim Pat DeVaney for an engaging talk on walking the Camino de Santiago, sharing faith-filled insights, unexpected humor, and lessons learned from a 500 mile journey across Spain. Followed by light refreshment provided by the Knights of Columbus. Please register at <https://staugustinetroy.org/caminoofstjames>

Sacred Sparks 2026: You are invited to a free Catholic speed dating event. A fun opportunity for Catholic singles to meet face-to-face in a structured and relaxed setting. A light lunch will be provided. Young adults (ages 24-36) Saturday, February 14th, 12:00-4:00pm at St Edward the Confessor, Clifton Park. Register <https://sacredsparks.eventbrite.com>



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