

**2ND SUNDAY  
IN ORDINARY TIME**

“Behold, the Lamb of God,  
who takes away the sin  
of the world.” - Jn 1:29

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 OGD, ©LPI

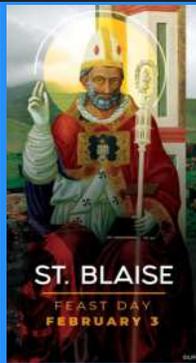
**SACRED HEART CHURCH**

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**Blessing of the Throat**  
**Tuesday, Feb. 3, 5:15pm-Sacred Heart**

Perhaps it's an example of divine providence that the feast of St. Blaise falls on Feb. 3 — right in the middle of cold and flu season! This fourth-century Armenian saint was a bishop and martyr and is venerated as the patron of those who suffer from illnesses of the throat.

*O Sacred Heart, O Love Divine  
Do keep us near to Thee  
And make our love so like to Thine  
That we may holy be*

**[REFRAIN]**  
*Heart of Jesus, hear  
O Heart of Love Divine  
Listen to our prayer  
Make us always Thine*



*O Temple pure, O House of gold  
Our Heaven here below  
What sweet delights, what wealth untold  
From Thee do ever flow [REF]*

*Ungrateful hearts, forgetful hearts  
The hearts of men have been  
To wound Thy side with cruel darts  
Which they have made by sin [REF]*



**World Day of the Sick**  
**Wednesday, Feb. 11, 5:15pm-Saint Cecilia**

Coinciding with the Feast of Our Lady of Lourdes. This annual observance invites believers to offer prayers for those suffering from illness and their caregivers.

**THE SACRED HEART'S CHURCH & COMMUNITY'S MISSION:**

In the example, imitation & guidance- of the Most Sacred Heart of Jesus - our Divine Patron, we will strive to fulfill the Catholic Church's mission, that is, to evangelize; which means to spread the Gospel of Jesus Christ to all, ultimately seeking to lead everyone to a deeper relationship with God . In this mission, we will embody Christ's love through service, teaching the Catholic faith, and foster the salvation and sanctification of our brothers & sisters, which we will devotedly & zealously manifest in the ongoing efforts to serve the poor, the marginalized, and all those in need in our community.

**THE ST. CECILIA'S CHURCH & COMMUNITY'S MISSION:**

In the example & intercession of our Patron Saint: St. Cecilia - a Virgin & a Martyr- we will strive to fulfill the Catholic Church's mission, that is, to evangelize; which means to spread the Gospel of Jesus Christ to all, ultimately seeking to lead everyone to a deeper relationship with God . In this mission, we will embody Christ's love through service, teaching the Catholic faith, and foster the salvation and sanctification of our brothers & sisters, which we will devotedly & zealously manifest in the ongoing efforts to serve the poor, the marginalized, and all those in need in our community.

† Wine & hosts for the altar at **Sacred Heart** for the month of **January** have been graciously sponsored in loving memory of **Louis & Irene Zanella**, by **Wendy & Billy Hall**, and their kids.

## MASS SCHEDULE

**Sat. Jan 17, 4:00 pm (SH) - 1.)** † For the repose of the soul of **Pat Grandy**, requested by her friends & family at Sacred Heart Church.

2.) † For the angels adorning our memorial tree, given by their family and loved ones.

**Sun. Jan 18, 9:00 am (SC) - 1.)** † For the repose of the soul of **Pat Grandy**, requested by **Michele Furnare & family**.

2.) † For the angels adorning our memorial tree, given by their family and loved ones.

**Sun. Jan 18, 4:00 pm (SC) -** For the people of the parish.

### Tues. Jan 20 thru Sun. Jan. 25, 2026

**Tue. Jan 20, 8:00 am (SH) -** † For the repose of the soul of **Janice DeJulius**, requested by her friends & family at Sacred Heart Church.

**Wed. Jan 21, 8:00 am (SC) -** † In loving 79th birthday remembrance of **Sal Furnare**, requested by his wife, **Michele & family**.

**Thurs. Jan 22, 8:00 am (SH) -** For the legal protection of unborn children.

**Fri. Jan 23, 8:00 am (SC) -** † In loving memory of **Arylene Minney**, on the anniversary of her death, requested by **Pat & George Galeazza**.

**Sat. Jan 24, 4:00 pm (SH) -** † In loving memory of **Stephen Hladik**, 1 yr passed, requested by his loving wife **Pat & family**.

**Sun. Jan 25, 9:00 am (SC) -** † For the repose of the soul of **Pat Grandy**, requested by **Randy & Maureen Christman**.

**Sun. Jan 26, 4:00 pm (SC) -** For the people of the parish.

The 4pm Sunday Mass @ St Cecilia will be held in the Sacred Heart's Chapel (basement).

**Second Collections**  
**Jan 25 Rep/Maint**  
**Feb 1 Evangelist**  
**Feb 15 Fuel/Heat**

## GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

**Jan 18, 2026 - 2nd Sunday in Ordinary Time - John 1:29-34**

It's common to hear belief in Jesus and the Church mocked as blind faith and credulity. But in reality, it is deeply human and rational. Think about it: we rely on the testimony of others constantly. I trust chemists who certify the safety of toothpaste and cleaning products. I trust engineers when I use a microwave or drive over a bridge. Why? Because they have studied and seen what I have not, and their testimony proves itself in daily life. That kind of trust is not irrational; it is how human knowledge works.

In today's Gospel, John the Baptist declares: "Now I have seen and testified that he is the Son of God" (John 1:34). That is the language of an eyewitness. It invites us into a very human act: trusting someone who has directly encountered something — or Someone — we have not yet fully seen ourselves.

The Church's faith is built on this kind of reliable sight-based testimony. The Apostles did not make abstract claims. They saw, followed, suffered for, and proclaimed Jesus Christ. Over centuries, their witness — carried in Scripture, in the lives of the saints, and in the sacramental life of the Church — has proven dependable. We come to know its truth by assenting to it, by living and studying it, praying with it, trusting it.

Faith in Christ is not a childish leap into the dark. It is a step into the light of testimony that proves itself over time.

-Father John Muir  
 ©LPi



### Lector/Eucharistic Ministers

Jan 17 (SH)	Mark Caffrey Volunteer	Jan 24 (SH)	Kathy Avery Tony Stellato
Jan 18 (SC)	Dianne Kierpiec Ken Stuff	Jan 25 (SC)	Kathy Marcais Michele Furnare

### Counters Schedule

Jan 19 (SH)	Noreen Brownell Katherine Downing	Jan 26 (SH)	Wendy Hall Barb Bilins
Jan 20 (SC)	Flo Stanton Margaret Smith	Jan 26 (SC)	Sandy Hayes Kathy Marcais

### Food Pantry



Jan 28 (SC)	Dianne Kierpiec Kathleen Harris Ann Mahon
Feb 4 (SC)	Wendy Hall Barb Bilins



**Sunday Mass at St. Cecilia:** The 5 pm Sunday Mass at St. Cecilia has been moved to 4pm for the winter months. This Mass will be held in the chapel.

**Mass Cancelations, Winter Protocol:** During the winter months, if FFCS has a delay or cancelation, Mass will be canceled on that day.

**Sacred Heart Pie Raffle:** Our weekly pie raffle has returned, just in time for the holidays. Purchase your tickets in the vestibule before Saturday's Vigil Mass

**Sunday Raffle at St. Cecilia:** We will gladly accept donations as we continue our Sunday raffle. As always, we appreciate your support.

**Faith Formation Fundraiser:** Our students are selling Super Bowl Squares to help support our Faith Formation Program and also give you a chance to win some great prizes. Squares are \$25 each.

**Feb. 3 -Tuesday is the Memorial Feast of St. Blaise-** a bishop & martyr, who is also popular for his intercession for those who want to be delivered from every disease of the throat & other illness. Everyone is invited; bring your family members & friends. The Holy Mass & Blessings of Throat will be at **Sacred Heart's Church - Tribes Hill at 5:15PM.**

**There will be no Healing Mass & Anointing on the First Thursday & Friday of the month of February only.** Instead the Healing Mass will be on Feb. 11-Wednesday at St. Cecilia's Church, at 5:15PM - on the Memorial Feast of Our lady of Lourdes, as the **World Day of the Sick** which was designated by the late St. John Paul 2nd. Everyone is invited; bring your family members & friends.

**Feb.18 is Ash Wednesday,** universal fasting & abstinence for us Christians. **Ash Wednesday Holy Mass & distribution of Ashes will be 8AM at St. Cecilia's Church; 5:30PM at Sacred Heart's Church** Communion Service & Distribution of Ashes at 12:15PM at St. Cecilia's Rectory Chapel.

<b>COLLECTIONS TOTALS - JAN 10/11</b>		
<b>COLLECTIONS:</b>	<b>SH</b>	<b>SC</b>
<b>AMOUNT NEEDED</b>	<b>1589.00</b>	<b>1794.00</b>
<b>WEEKLY COLLECTION</b>	1204.00	822.00
<b>OTHER</b>	290.00	427.00
<b>PARISH TOTAL</b>	<b>1494.00</b>	<b>1249.00</b>
<b>ATTENDANCE</b>	<b>48</b>	<b>59</b>

**Duc in Altum Discernment Nights:** Sept 23, 2025 thru June 23, 2026, hosted every other Tuesday from 5:30-8:30pm. St Isaac Jogues House of Formation, 122 Vliet Blvd, Cohoes. Open to men ages 16+. Please let the office know you plan to attend prior to each specific date. Call 518-453-6690 or email [vocations@rcda.org](mailto:vocations@rcda.org)

**9 Days for Life:** January 16-24. 9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help and suggested actions to help build a culture of life. [www.9daysforlife.com](http://www.9daysforlife.com)



**Listening to Catholic Women with Bishop Mark O'Connell:** Sunday, January 18, 2026 , 10:30am, at Sacred Heart of Jesus Church Paish Hall, 33 Walter St Albany. We will be viewing the videos that Bishop Mark recorded when he was in Boston. Conversations with Catholic Women video series. We are delighted to offer this series, hear the Catholic women of Boston's viewpoint and also, get to know our Bishop Mark O'Connell. All are welcome, doors open at 10am-coffee, tea, breakfast treats and snacks provided.

**March For Life Bus:** Hosted by St Paul The Apostle Parish, Schenectady -Friday, Jan 23, 2026. Cost is \$26 per person. Mail checks to St Paul the Apostle Church, 27777 Albany St, Schenectady NY 12304. To register online go to: [www.spacny.org](http://www.spacny.org) and click on the link on the home page.

**A Day of Healing and Hope:** A retreat for women experiencing Miscarriage, stillbirth or infant loss. Find comfort, connection and renewal in Christ's love. This retreat, led by Eileen Tully, offers sacred space for mothers to grieve, pray and honor the lives of their children. Saturday, Jan 24th 9am-4pm, St Clement's Church, Saratoga Springs. \$10. per person. For additional information visit [www.eileentully.com](http://www.eileentully.com) or call 518-584-6122 ext. 5

**A Journey of Faith, Humor, and 2 Million Steps:** Join us at t Augustine Parish in Troy on Thursday February 12th after the 6pm Mass to hear author and pilgrim Pat DeVaney for an engaging talk on walking the Camino de Santiago, sharing faith-filled insights, unexpected humor, and lessons learned from a 500 mile journey across Spain. Followed by light refreshment provided by the Knights of Columbus. Please register at <https://staugustinetroy.org/caminoofstjames>

**Sacred Sparks 2026:** You are invited to a free Catholic speed dating event. A fun opportunity for Catholic singles to meet face-to-face in a structured and relaxed setting. A light lunch will be provided. Young adults (ages 24-36) Saturday, February 14th , 12:00-4:00pm at St Edward the Confessor, Clifton Park. Register <https://sacredsparks.eventbrite.com>

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