



*Come to me, all you who are weary and burdened, and I will give you rest.”
Matthew 11:25-30*

The 14th Sunday in Ordinary Time

July 5, 2026

St. Mary's Church Est. 1852
26 Church St.
Nassau, NY 12123

Welcome to St. Mary's

We are happy that you decided to worship with us. If you are visiting just for today, we pray that God will be with you on your journey. If you are seeking a church to call home, we would be honored to welcome you into our parish community. If you are interested in joining our parish family, please call the parish office at 518-766-2701.

Rev. John Cronin – Pastor

Rev. John Close – Sacramental Minister

Dee McCumber – Parish Secretary

Email – stmarysnassau1@gmail.com

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Linda Ridzi – Associate for Faith Formation

Email – ridzilinda@gmail.com

Joanna Towse – Music Minister

Phone – 518-436-7857



Parish Office Hours: Tuesday- Thursday 10:00 am – 3:00 pm

St. Mary's Mission Statement

We, the Catholic Community of St. Mary's, Nassau, vow to foster the spirit of St. Francis by becoming instruments of God's peace to help each other grow spiritually. We choose to respond to our baptismal call to live and share the gospel of Jesus Christ through our commitments of time, talent, and treasure in the love and service of all people. Adopted by St. Mary's Pastoral Council, September 16, 2001.

Parish Happenings:

Sunday	Faith Formation 8:45 – 9:45 am Parish Hall before Mass Mass followed by the Divine Mercy Chaplet – 10:00 am All are welcome to stay
Monday	Learn About Your Faith 6:30 – 7:30 pm at the Rectory
*Tuesday	Morning Mass 9:30 am St. Anthony Novena and Adoration until 10:30 am Bible Study 6:30 – 7:30 pm at the Rectory
Wednesday	Parking Lot Rosary 6:00 pm (Dress for the weather)
*Thursday	Morning Mass 9:30 am Recitation of Rosary after Mass
Friday	Every 1 st Friday, Adoration of the Blessed Sacrament 6:00 pm
Saturday	Vigil Mass 5:30 pm Every 1 st Saturday, Rosary at 5:00 pm before Mass

*During the winter months, weekday morning Masses will be in the rectory at 9:30 am

St. Mary's Website: <http://parishes.rcda.org/St.MarysNassau>

Mass Intentions 14th Sunday in Ordinary Time
July 4 & July 5, 2026
Saturday July 4, 2026 @ 5:30 pm Leslie Aldridge – The Ridzi Family Jacqueline Schaaf – Theresa Harty
Sunday, July 5, 2026 @ 10:00 am Bill Ayers – The Ridzi Family Patty Strevell – Maureen Cellery Harold Hotaling – Sharron Anselment
Tuesday, July 7, 2026 @ @ 9:30 am Betty Borey – Theresa Harty
Thursday July 9, 2026 @ 9:30 am Michele Sweet – Theresa Harty
July 11 & July 12, 2026
Saturday July 11, 2026 @ 5:30 pm Sr. Carmella Pfohl – The Ridzi Family Rob and Cathy Schaefer – for Healing – Theresa Harty
Sunday, July 12, 2026 @ 10:00 am Bill Ayers – The Ridzi Family Patty Strevell – Maureen Cellery Harold Hotaling – Sharron Anselment
Tuesday, July 14, 2026 @ @ 9:30 am For the People of St. Mary
Thursday July 16, 2026 @ 9:30 am For the People of St. Mary

*Our prayers and sympathy are with the family and friends
of Bill Cosgrove and Bill Ayers*

Please pray for our sick

Michael Stephen Allen
Christine Anderson
Elizabeth Hrifko
Joan Campbell
Joseph Messineo
Maureen Cellery
Madison Chesterman
Barry and Jeanne Litt
Thomas O'Grady
Alice Loughlin
Avin Meyette
Linda Walsh
Anna May Gregg
Charleen Papa

Stacy Hyson
Kate Hockford
Chamylla Stephanie De Frees
Bethany Jenest
Seth Kaminski
Sara Messineo Kent
Cathy Lavoie
Masresha Schaefer
Gina Lo Presti
Philip Sullivan
Michele Sweet
Rita Labrum
Amy Gumlaw
Cory Roberts

Nancy Quinn
Peter Quinn
Jake Rysedorph
John DeLap
Tom Rysedorph
Linda Schaefer
Cathy Schaefer
Colin Sullivan
Ann Devaney
Dom Devaney
Michelle Dymond
Marion Rysedorph
Ann Marie Waldron



REFLECTION

by Nick Brodie

Leo's Lens

As Pope Leo XIV reminds us, wealth is increasingly “concentrated in fewer hands, widening inequalities.” The result of this is stark. Entire regions “lack the essential equipment needed to save millions of human lives,” he points out. This is an intolerable burden which Christians are called to face with honesty and charity. “Since we are the temple of the Holy Spirit,” he reminds us, we are called to continually become a people who uplifts and welcomes others.

As the Pope points out, a Christian response to social inequality includes supporting “tax systems that lighten the burden on the weakest and ask for more from those with greater resources.” Through such mechanisms we can alleviate many woes.

This duty is not something we can postpone until we have a surplus with which to act generously. Rather, as the Pope explains, we are called to recognize that “justice concerns every phase of economic activity, from resource acquisition to financing, and from production to consumption.”

Therefore, we have a responsibility to seek transparency and accountability in our economic systems. We are called to foster “inclusion and access.” As the Pope says succinctly, “every choice has moral consequences.” Christ calls us to see him as the lifter of burdens, certainly, but he also calls us to become uplifters too.



Collection Obligations

FOR US TO COVER PARISH EXPENSES, OUR WEEKLY COLLECTION MUST MEET

\$2,500

Although some of the weekly collections do meet this amount, our collections are not consistent. Therefore, we are not meeting our necessary expenses. Additionally, some of our expenses are unforeseen or fluctuate.

Our Collections for June 27 & June 28

\$1509

The Diocesan Appeal for this year has closed. We have done a great job of moving toward fulfilling our obligation of \$30,576. However, we did not meet our assessment for the year. The remaining balance of \$6,834 becomes a debt that is carried over to our next year.

EVENTS

St. Mary's

Fr. Elroy Romero-Rojas



Outreach Priest

This weekend we are blessed to be hosting a priest representing Cross Catholic Outreach. This official Catholic ministry was founded to link parishes in the U.S. with priests, religious brothers and sisters, and laypeople working in Church missions overseas. Its programs span the Caribbean, Africa, Asia, and Central and South America. Donation envelopes will be provided. Please be sure to say hi after Mass to Fr. Elroy. Brochures with a donation envelope will be provided if you wish to support this Catholic ministry. For more information on Cross Catholic Outreach, please go to CrossCatholic.org/outreach

Email: eromero-rojas@crosscatholic.org
Phone: 917-701-1237

Save the date – and your appetite!

The Coffee Hour pot is going back on!
Our next coffee hour is after Mass on **July 12**.



REMINDERS.....

On-line Giving

1. Go to our website: <https://parishes.rcda.org/St.MarysNassau/>
2. On the top line menu, the last selection is titled "Online Giving", select this option.

If you prefer to use your cellphone, below is a QR code. Scan the code on this page or from the bulletin board and follow the prompts.



Father Cronin Mass Schedule	
Thursday Morning 9:30 am	Saturday 5:30 Sunday 10:00 am
July 16 July 23	
August 6 August 20	Aug. 1-2 Aug 29-30
September 3	TBD

Prayers

For peace in the Ukraine, Holy Land, and the world, let us pray to the Lord.

For all healthcare professionals, first responders and others involved in caring for the sick or injured, that God would give them strength and wisdom as they perform their duties with diminishing staff and heavy patient loads, let us pray to the Lord.

Learning About Our Faith Schedule

Learning About Our Faith final session was this past Monday. Please contact the Rectory if you would like to be included in the next class. 518-766-2701

Faith Formation

As we enter the summer season of no school, vacations etc. practicing our Faith does not stop - God does not stop. God remains with us always. He wants you to remain with Him. So, come to Mass and receive the Eucharist throughout the season. Keep in mind that as parents and grandparents, YOU are the most instrumental teacher of your children. More than what you say, is what you do - they will copy it. Continue with morning and evening prayers and prayers before meals.



Discovering **hope** and **joy** in the Catholic faith.

July 2026

St. Mary's Church

One Minute Meditations

St. Lawrence of Brindisi

Born in Brindisi, Naples, Cesare de Rossi entered the Capuchin Order when he was sixteen, taking the name Lawrence. In addition to Italian, he was fluent in many languages. His knowledge of Latin, Greek, and Hebrew made him a great Biblical scholar, but his knowledge of German, French, and Spanish made Him a good preacher and diplomat. As minister general of the Capuchins, he spread the influence of the Order, establishing monasteries in Germany, Austria, and Spain.

The indispensability of prayer

St. Martha is often criticized for her busyness while her sister Mary is praised for sitting at Jesus' feet. Yet Martha's fault was not her service itself, but for allowing productivity to take precedence over prayerful attentiveness to the Lord. Scripture does not call us to perpetual activity; God commands us to rest (Exodus 20:10-11) and to "pray without ceasing" (1 Thessalonians 5:17), while still fulfilling our responsibilities. Prayer enables us to live out our vocations, especially our fundamental vocation to love.

"That [Precious] blood inebriates the soul. It clothes her in the fire of divine charity. It gives her the food of the sacrament that I have set up for you in the hostel of the mystic body of holy Church, the body and the blood of my Son..." – God to St. Catherine of Siena

Your summer soul-care checklist

Summer brings a welcome change of pace. While routines may take a break, our faith doesn't have to. Here are seven simple ways to stay rooted in God's presence and make this summer spiritually fruitful:

1. Begin every journey with prayer.

Before heading out, take a moment to entrust your plans to God. Pray the Guardian Angel prayer and ask for protection, wisdom, and peace throughout your travels and activities.

2. Wear reminders of your faith. A crucifix, Miraculous Medal, scapular, or Rosary bracelet can do more than complete an outfit. These sacramentals serve as quiet reminders of who you belong to and what you value.

3. Adopt a saint for summer. Choose a saint to be your spiritual companion for the season. You may discover that the saint you choose has something to teach you exactly when you need it.

4. Let creation lead you to the Creator. A brilliant sunset, a mountain view, or even flowers blooming in a neighbor's garden can become moments of prayer. When beauty captures your attention, let it lift your heart and mind to God, the source of all

beauty and goodness.

5. Look for opportunities to serve. Summer may offer additional flexibility. Use it to love your neighbor in practical ways. Help with yardwork, spend time with someone who appears lonely, offer encouragement to a colleague.

"The heavens are telling the glory of God; and the firmament proclaims his handiwork. Day to day pours forth speech, and night to night declares knowledge" (Psalm 19:1-2).

6. Keep your soul in training.

Athletes know that strength comes through discipline. Spiritual strength is no different. Choose a sacrifice or habit that challenges you. Limit social media, wake up earlier for prayer, or attend an extra Mass during the week. Even small acts build up the heart for greater things.

7. Remember the 1-1-1 Rule. A simple rhythm can keep you faithful throughout the summer: *Pray (at least) once a day. Attend Mass once a week. Go to Confession once a month.* These three practices provide a steady anchor, even amidst the looser structure of summer.

Why Do Catholics Do That?

Why do Catholics call Rome "home?"

Throughout the Gospels, Peter takes up a leadership role among the Apostles – a role Jesus confirmed when, in Matthew 16, He names Peter "the Rock" upon which Jesus would build His Church (Matthew 16:17-18). After the Ascension, St. Peter traveled to Rome with the Gospel and became the bishop

of the Christian community there. He was martyred and buried in Rome, and his successors became the next popes. Historically, the church in Rome became a source of unity, strength, and faithfulness in adversity. Today, Catholics everywhere call Rome – the resting place of St. Peter – "home."

The secret to balance isn't to do more

Do you struggle to find balance in life? As founder and abbot of an entire Order, St. Benedict of Nursia knew the challenge of balancing prayer, work, community, and service. His wisdom for cultivating balance, order, and peace remains remarkably practical today:

Keep a daily rhythm: Few of us are called to a monk's strict schedule, but we can establish healthy routines, make time for rest and meals, and safeguard time for prayer. Structure creates freedom by helping us focus on what matters most rather than constantly reacting to demands. You, and those around you, will benefit.

Be punctual: "On hearing the signal for an hour of the

divine office, the monk will immediately set aside what he has in hand and go with utmost speed" (Rule of St. Benedict, Ch. 43). A balanced life depends on moving promptly to what is most important at the proper time. Punctuality is not merely efficiency; it is a way of honoring both our commitments and the people around us.

Make peace before sunset: Peace of mind requires letting go of anger and forgiving quickly. When a busy day leads to conflict, St. Benedict urges us to "make peace before the setting of the sun." Resentment drains our energy and disrupts our relationships, while reconciliation restores the peace needed to live and work well.

from **S**cripture

Matthew 13:44-52, The value of the Kingdom

Jesus used the parables in this Gospel passage to emphasize the life-changing value of the Kingdom. In the first parable, a man discovers – seemingly by accident – a treasure buried in a field. Recognizing its value, he sells everything he has to buy the field. In the second scenario, a merchant finds a valuable pearl after diligent searching. He also sells everything to possess the precious pearl.

By these parables, Jesus taught that being part of God's Kingdom – accepting His love for us and loving others as He loves – is the only thing

that completely fulfills our hearts. God's unconditional love is the only thing that is worthy of everything we have. If we accept His invitation (He forces no one), our lives will change as our hearts change.

Finally, Jesus compared the separation between the evil and righteous to the sifting that happens when a large catch of fish is brought ashore. When we put our whole life in service to God's love, then the individual pieces fall into place around that love, and anything contrary to it falls away.

Q & A

Who are the incorrupt Saints?

"Incorrupt" saints are those whose bodies have been found to resist normal decomposition, either wholly or in part, without deliberate human preservation. Some, such as St. Bernadette Soubirous, appear remarkably well preserved, while in other cases only certain parts of the body, such as St. Vincent de Paul's heart, remain incorrupt.

The Church regards incorruptibility not as proof of sainthood, but as a possible sign of a person's holiness. These extraordinary cases also serve as reminders of the future glory promised to all believers. The human body possesses a unique dignity and is destined to share in God's glory through the resurrection of the dead (CCC 997). Mary's bodily Assumption into heaven offers a glimpse of the destiny to which all the faithful are called.

For this reason, the Church has long venerated the bodies and relics of the saints. Such veneration, including that of incorrupt bodies, is intended to be reverent and prayerful. By encountering these remarkable witnesses of faith, we are inspired to imitate their virtue and draw closer to Christ. When we honor the saints, we ultimately honor the God whose grace transformed their lives.

Feasts & Celebrations

July 6 – St. Maria Goretti (1902). Twelve-year-old Maria was attacked by a neighbor who tried to assault her. When she fought rather than submit, he stabbed her repeatedly. She forgave him before dying shortly after. Her attacker dreamed of Maria while in prison and his first act when released 27 years later was to beg Maria's mother's forgiveness. He wept tears of joy when he attended Maria's canonization.

July 22 – St. Mary Magdalene (1st century). Jesus expelled seven demons from Mary (Luke 8:2) and she financially supported His ministry. She stood by His Cross with His mother and was the one who informed the

Apostles of His Resurrection.

July 26 – Saints Joachim and Ann (1st century). Little is known about Jesus' grandparents, but Mary's unshakeable faith, her devotion to the laws of her religion, and her steadiness in crises indicate the values with which she was raised. Today, pray for your grandparents.

July 30 – St. Peter Chrysologus (c.450). Born in Imola around the year 400, St. Peter converted to Christianity and was ordained deacon. For a while he lived ascetically as a monk. He was ordained Bishop of Ravenna and spent his office defending his see against heresies. His preaching style was so impactful and articulate he was given the title of "golden-tongued." He produced about one hundred seventy-six homilies.

Our Mission

To provide practical ideas that promote faithful Catholic living
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IMMIGRATION - REFUGEE REPORT

July 4-5, 2026

This is an emergency request via the US Committee of Catholic Bishops -- Advocacy section, which I am asking **all** of us to take 5 minutes to complete!! Please!

The government has designated Haiti (and Syria) as countries that are now "safe " for people who are here under temporary protected status to return to.

This is **absolutely not true**. Bishop Cahill has called this a "moral crisis" for us. We are being asked to tell our senators to support S4814 (<https://www.nysenate.gov/legislation/bills/2025/S4814>) which was just introduced in June to extend TPS (temporary protected status) for them to 2029.

This is not a difficult task for you. Simply use Senator Schumer and Senator Gellibrand 's addresses on our list to tell them you support this bill. They need to know that they have New Yorkers out here who disagree with this administration on that decision. Many of these people are already working in our economy and many others are in refugee/immigration pipelines.

The other key point for today that I have raised before, is you can sign up for the USCCB automatic alert on advocacy actions and receive information and prewritten responses for other key points of concern in the future. These are set up for review and for you to actually sign off on and send!! **You do not have** to do anything else! Go to <https://www.votervoice.net/USCCB/Campaigns> and sign up now.

To be blunt, there is no reason for anyone reading this to not take part in this campaign. I have been working on our behalf for a year and a half now and **I need more support** on this advocacy end to feed back to the USCCB and to the NYS Bishops. We need more advocacy from the Albany diocese which at this point does very little in the way of providing information to us to carry out these duties. I realize some Catholics don't care about these people and agree with the administration in forcing them out of the US. Therefore, the rest of us must stand up for this mission for our fellow human beings.

When you have sent your message take a minute to drop a note in the refugee donation box in the back (use your bulletin page or paper back there), and let me know you sent your message. That is the easiest way for me to determine our feedback to respond to the USCCB and our diocese.

Supplies: bikes, sewing machines (we are almost down to filling that need), soccer balls, fans. Food staples! for their pantry at the USCCB office. Rice, beans, cooking oils, etc.

One last thought. About two months ago we had a 4-year-old Syrian girl who wanted a bike so badly and we got one for her!! If her parents get sent back with her what happens to the bike? Does it sit in an empty hallway in Albany after they leave? Should we ask for it back?

Today at regional food bank I shared this request with my co-workers, a number of whom are responding now. *If they can, so can you.*

We need to stop this insanity that our president and the administration are forcing on us now!!

Respectfully, *Ken*

kmscallon@yahoo.com

" ...We cannot believe in Jesus and abandon those who suffer, those who weep, those who flee from misery."

~ Pope Leo XIV

OUR FEDERAL AND STATE LEGISLATORS CONTACT INFORMATION

Federal Representatives Legislator

Legislator	Area Office	Phone
Senator Charles Schumer Website Contact Page	Albany Office. https://www.schumer.senate.gov/contact/message-chuck	518-431-4070
Senator Kirsten Gillibrand Website Contact Page	Albany Office https://www.gillibrand.senate.gov/contact/email-me/	518-431-0120
Representative Josh Riley - Website Contact Page	Leeds Office https://riley.house.gov/contact	518-625-2100

State Representatives Legislator

Legislator	Area Office	Phone
Senator Jake Ashby	https://www.nysenate.gov/senators/jacob-ashby 594 Columbia Turnpike East Greenbush, NY 12061	518-371-2751
Contact:	https://www.nysenate.gov/senators/jacob-ashby/contact	
Assemblyman Scott Bendett	https://nyassembly.gov/mem/Scott-Bendett 1580 Columbia Turnpike Building 4, Suite 1A Castleton on the Hudson, NY 12033	518-272-6149
Contact:	bendett@nyassembly.gov	