

3rd Sunday of Lent

March 8, 2026

Mass Intentions for the Week

3/09 Mon	9:00 AM	Mary Brackley By Marge LaFave
3/10 Tues	9:00 AM	Richard Ciborowski By Paula Ciborowski
3/11 Wed	9:00 AM	Lawrence Mietzelfeld By Mathias Mietzelfeld
3/12 Thurs	9:00 AM	John Daly By Marge LaFave
3/13 Fri	9:00 AM	Communion Service
3/14 Sat	4:00 PM	Eileen DeMulder By Mathias Mietzelfeld
3/15 Sun	10:30 AM	Joseph & Mary Komornik By Paula Ciborowski

Communal Penance Service

The Communal Lenten Reconciliation Service will take place on Sunday, March 15, 2026 at 4:00PM in the church. Additional priests will be here to help with individual confessions. Please do not miss out on this wonderful opportunity to encounter the Lord in the sacrament of reconciliation. All are encouraged to attend!

Volunteers Needed for the Washing of the Feet – Holy Thursday

We are seeking **12 volunteers** to take part in the Washing of the Feet during **Mass of the Lord's Supper** on Holy Thursday. This sacred gesture, rooted in Christ's own example of humility and love, invites us to enter more deeply into the mystery of His service.

A sign-up sheet is available in the vestibule. Please consider offering your presence in this meaningful ritual, helping our parish community begin the Easter Triduum with beauty, devotion, and a spirit of self-giving.

Eucharistic Devotion

Spend some quiet time with Jesus, honor, worship and adore Christ truly present in the Eucharist. It is a time for you to foster a deeper, personal relationship with the Lord. Tuesdays after 9AM Mass in the chapel until Noon, Benediction follows. Sign-up sheet is in the vestibule.

Plea for Help

Hi! I am Avery Maggio and I need a Kidney transplant. It's a hard thing to ask, but if someone would like to donate a Kidney please call

3rd Sunday of Lent: Thirsting for Life-Giving Water

"Companions on the journey" is the title of one of our well-loved liturgical songs, and it captures a truth at the heart of Lent, reminding us that the Christian life is a shared pilgrimage. In this holy season, we walk together-especially with those preparing for the Easter Sacraments, the Catechumens and the Elect who now enter their first scrutiny and seek deeper conversion. With them, we are invited to examine our own hearts, welcome God's renewing grace, and journey toward the Easter mysteries.

The readings of this Third Sunday of Lent draw us into the reality of both physical and spiritual thirst, and they point us toward the One who alone can satisfy the deepest longings of the human heart. They remind us that only God's living water can truly refresh our weary spirits and transform our hearts.

In the first reading, the Israelites wandered in the desert exhausted and wearied. Though, they had witnessed God's mighty works-ending their slavery in Egypt and opening the Red Sea before them, fear clouded their memory. They grumbled against Moses and cried out, "Why did you bring us out of Egypt to die of thirst?" Moses, overwhelmed, turned to God and the Lord instructed him to strike a rock with his staff so that water might flow forth for the thirsty people. God revealed His steadfast compassion toward His pilgrim people despite their doubt, their stubbornness, and their hardened hearts.

In the Gospel, we encounter another thirsty soul: the Samaritan woman at the well of Jacob, burdened by the weight of her past, her shame, and the judgment of others. She came at noon, the hottest hour of the day, to avoid public ridicule.

Yet Jesus was already there, waiting to restore her dignity and heal her heart. He asked her for a drink and then offered her something far greater-the living water. The woman opened her heart to Him, recognized Him as the Messiah, and left her water jar behind-a symbol of the burdens she no longer needed to carry, and she became a witness to her community.

We all find ourselves in both the Israelites and in the Samaritan woman. We, too, wander through deserts of fear, doubt, and longing. We carry hidden wounds and question whether God is truly with us. But Saint Paul reminds us of God's enduring love, saying that Christ died for us while we were still sinners. God's grace meets us exactly we are and He responds to our cry with loving care. And as we accompany the Catechumens and the Elect, may their journey remind us of our own call to conversion-to drink deeply of Christ's living water and allow His grace to transform our hearts.

Fr. Dr. Ben, Pastor.

Share the Bounty - Luncheon

Free Community Luncheon
Saturday March 14, 2026 - 11:30AM – 1:30PM
All are welcome!

Weekend of March 14th & 15th, 2026

Gospel: John 9:1-41

First Reading-1Samuel 16:1b, 6-7, 10-13a

4th Sunday of Lent

Second Reading- Ephesians 5:8-14

Saturday 4:00 PM

Celebrant: Father Ben
Lector: Bill Babbage
Eucharistic Ministers: Jane Artis, Gene Walsh, Ginni Brandt
Altar Servers: Anderson & Garret Callender

Sunday 10:30AM

Father Ben
Kerri Green
Josh & Emelinda Gronwall, Ada Rice
Ayla Gronwall

Offerings from March 1st 2026: Regular \$2680.00; Fuel \$395.00; Repairs \$10.00; Religious Education \$100.00; Evangelist \$18.00; Solemnity of Mary \$10.00; Votives \$39.00; 2nd Collection – Black, Native & Latin American \$40.00



Religious Education 2026-2027

Classes for Pre-K-10 th grade	
3/8	9:00-10:15 AM ~ 3 rd Sunday of Lent
3/15	9:00-10:15 AM ~ 4 th Sunday of Lent
3/22	9:00-10:15 AM ~ 5 th Sunday of Lent
3/29	9:00-10:15 AM ~ Palm Sunday

What are you giving up for Lent?

Here are 5 ideas that might prove challenging but they may help to actively cultivate virtue and really target our faults.

- 1- **Mortify your will through practice of obedience** – do this by cheerfully serving the people in your life.
- 2- **Attend especially to the tasks you don't like doing.**
- 3- **Embrace annoyances** – when others annoy you, examine yourself and discern how you, too, act or think in that way.
- 4- **Impose a strict watch on your tongue.**
- 5- **Check impulsive actions** –will this action really help anyone?

Sacred Heart Lenten Activities

As we journey through the sacred season of Lent, we are all invited to participate in the following activities.

Please plan on joining us:

Tuesdays During Lent

- *Exposition of the Blessed Sacrament & Adoration* immediately following the 9:00 AM Mass in the Private Chapel.
- *Benediction* at 12:00PM. Spend time in quiet prayer before the Lord, drawing closer to Christ through Eucharistic Devotion.

Fridays During Lent

- *Stations of the Cross* at 5:30PM ~ Benediction to follow.

Journey with Jesus along the path of His Passion as we reflect on His profound love and sacrifice for us.

2nd Collection –March 14 & 15

Next week our parish will take up The Catholic Relief Services Collection. Funds from this Collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Please give generously to the collection and reveal Christ's love to those most in need.

Shroud of Turin Presentation

Sat. April 25, 2026 – 8:30AM – 3:30PM
Come with your family & friends to learn the TRUTH about the Shroud of Turin.



Presented by Shroud Scientist - Bill Lauto.
Register now using the QR Code or see Paula.

Question of the Week

Jesus said to her, " Everyone who drinks of this water will be thirsty again, but those who drink of the water I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." (John 4:13 -14)

Adults: Where have you found a source of 'living water' for your own journey of faith?

Kids: Name some times when your belief in Jesus helped make you stronger.

Ladies Retreat Weekend

Gentlemen, don't know what to get your darling? How about a retreat weekend? Our Ladies Retreat is May 1-3, 2026 at the Dominican Retreat & Conference Center. Register now at dslcny.org or see Ellen Reuter or Paula Ciborowski.

Undie Sunday

3rd Sunday of Lent, - **March 7-8 –Sock it to Me Sunday**
Corporal Works of Mercy show charity towards others. From March 14-29 you can assist in "Clothing the Naked" by participating in Sock It To Me Sundays. Live your faith by donating new children's, men's and women's **socks** for the needy. Children's socks are especially needed. Your donation may be placed in the receptacle located in the vestibule.

Zoom Lenten Scripture Study

Thursdays from 10:00AM to Noon; Mar 12, 19, 26, April 2.
For more information, please see flyer in vestibule.

Share the Bounty - Dinner

This month's Share the Bounty Dinner is March 26th.
4:30 – 6:30 pm
All are welcome!

Diocesan Appeal 2026 - Update

The Diocese of Albany has revised our assessment from \$19152.00 to \$7239.00. We have collected \$17,464.00 to date. Thank you to everyone for your support!

Please pray for the following people, who have requested our prayers:

Gussie Shifflett, Joe LaFave, Ginni Roe, Gabi Bakeman, Kimberlee Roe, Michael Bell, Barbara Bennett, Grady Charles Weigand, Daniel Rickard, Kim Sumski, Dorothy Kashuda, Alyson Sabillon, Linda Falk, Debra Barnard, Bonnie La Voie, Doug Williams, Faith Williams, Don Butler, Debra Patterson, Ed Nicol, Dawn Maruszewski, Madlyn Sumski, Alex Roberts, Paul J. Hamilton, Sr., Mary Munetz, Jazmers Moore, Bruce Allen, Kimberly Bosket, David Rivera, Jackie Bargher, Matthew Baxter Darline Smith, Joseph Dermody, Alice Anderson, Sandy Kemp, George Walters Lorraine Keckeisen, Maria LaBar, John McCann, Natalie Stone, Marian Heeps, Mary Kolermous, Terri Cristofaro, Nancy Daugherty, Mark Marotwe, Sharon Guenther, Kira Cronk, Terry Yackel, Jack Yackel, Jim Mylotte, Alice Walters, Rev. Steve Deckard, Terry Nicolini, Nick Gibson, Andy Woods, Bob Jenks, Dolores Starzinger, Alexis Spencer, Ines Warlock, Susan Chidester, Bob Oliver, Rose LoCasci, Eugene & Yvonne Cutler, Timothy Bell, Ruth Glaum, Holly North, Dixy Pflug, Celeste Hartman, Aidan Burns, James Jennings, Marge Suriano, Marlena Keath, Marian Agyemang, Frank Holley, Nicholas Gaedeke, Gary Maraia, Rachel Feyh, Marge LaFave, Olivia Ross & family, Joe Maggio, Eric Roll, Barbara Haynes, Renee Joseph, Susan Pondalfino, Charlie Washburn, James Rattrie, Sean Granan, Marge Ramsey, Beverly Pierce, Fran Groshans, Marion Kiselic, Pat Nabinger, James Stanley, Chris Smith, Bonnie De Salvo, Lori White, Ellen Reuter, Jaxson Beadle, Francis Duguay, Joan Rice, John MacDonald, Rowan DeCocker, Stephanie Solding, Bonnie Tabone, John Gilmore, Will Sterchak, Donna Khan, Anthony Barber, Jr., Payton Lakin, Joan & Tony Barber, Mathias Mietzelfeld, Maggie Hoffman, Marybeth Modinger, Jacqueline Richardson, Celeste Aber, Teri Frallich, Andrea Emilia Bernabey, Bill Babbage, Sarah Pressler, Bobbie August, Chris West, Dawn Cronin, Josephine Materazzo, Avery Maggio, Barb & Jerry Patrick, Paisley Halbert, John MacDonald, Anne Klopchin, Gloria Parsons, Anthony Naple, Danielle Spry, Ellen Hogan, Bradley Lathan, Peter Burghardt Jr.

Please Note: All names will remain on our list and will be prayed for unless our office is notified to remove an individual

