



*Mass Intentions for the Week*

2/23 Mon	9:00 AM	Joe Tabone <i>By Paula Ciborowski</i>
2/24 Tues	9:00 AM	Thomas Mackey <i>By Elrod Family Mason &amp; Tami Westcott</i>
2/25 Wed	9:00 AM	Joe Tabone <i>By Knights of Columbus</i>
2/26 Thurs	9:00 AM	Alycia Consuello & Family <i>By Alex</i>
2/27 Fri	9:00 AM	Communion Service
2/28 Sat	4:00 PM	Carmi Mirabito <i>By Dan &amp; Ginni Brandt</i>
3/01 Sun	10:30 AM	Lillian Alger <i>By Diana Tarta</i>

**Sacred Heart Lenten Activities**

As we prepare for the sacred season of Lent, our parish community is invited to deepen prayer, reflection, and spiritual renewal through the following opportunities.

Please plan on joining us:

**Tuesdays During Lent**

- *Exposition of the Blessed Sacrament & Adoration* immediately following the 9:00 AM Mass in the Private Chapel.
- *Benediction* at 12:00PM. Spend time in quiet prayer before the Lord, drawing closer to Christ through Eucharistic Devotion.

**Fridays During Lent**

- *Stations of the Cross* at 5:30PM ~ Benediction to follow.

Journey with Jesus along the path of His Passion as we reflect on His profound love and sacrifice for us.

**What are you giving up for Lent?**

Here are 5 ideas that might prove challenging but they may help to actively cultivate virtue and really target our faults.

- 1- **Mortify your will through practice of obedience** – do this by cheerfully serving the people in your life.
- 2- **Attend especially to the tasks you don't like doing.**
- 3- **Embrace annoyances** – when others annoy you, examine yourself and discern how you, too, act or think in that way.
- 4- **Impose a strict watch on your tongue.**
- 5- **Check impulsive actions** –will this action really help anyone?

**1<sup>st</sup> Sunday of Lent: Resisting Temptation-Choosing Good over Evil**

Temptation is an ongoing struggle woven into human life. It is the tension between light and darkness, between the pull of grace and the lure of sin. Sometimes we choose what is good and life-giving; at other moments we find ourselves drawn toward what is false, deceptive, or destructive.

Lent invites us to pause and look inward with honesty and humility. This sacred season calls us to examine our lives, to confront our weaknesses, and open ourselves to the grace that makes renewal possible. It urges us turn away from sin and to draw near to God who continually calls us back to life.

The readings for this first Sunday of Lent present contrasting stories of temptation, one ending in failure, the other in victory.

In the first reading, the serpent deceived Adam and Eve into eating from the forbidden tree. They listened to the voice of the tempter and broke their relationship with God. Their wrong choice introduced sin into human history. The responsorial psalm then becomes our own heartfelt plea for God's mercy and healing.

In the gospel, Jesus was led by the Spirit into the desert. After forty days of intense prayer and fasting, the devil tempted Him with power, prestige, and pleasure. Yet Jesus resisted every temptation. He refused to reduce His mission to self-gratification or empty glory. He remained obedient to His Father's will. His victory over temptation becomes a model for our own Lenten journey, encouraging and strengthening us to obey God rather than the false promises of the evil one.

Saint Paul reminds us that even in our weaknesses, God's love endures. Through Adam came sin and death, but through Christ, the new Adam, came grace, sanctification, and life. He testifies that where sin abounds, grace abounds all the more.

As we enter this holy season, let us journey with Jesus into the desert of our hearts, moving from the garden of disobedience to the garden of new life. Through prayer, fasting, repentance, sacrificial giving, and works of mercy, may we prepare our minds and hearts for the Easter mysteries. May the Lord grant us strength to resist temptation, courage to choose what is good, and the grace to remain steadfast in His love.

Fr. Dr. Ben, Pastor.

**THE PARISH DIRECTORIES ARE HERE!**

Directories will be distributed in the vestibule to all parishioners who had their pictures taken making our directory possible.

**Weekend of February 28<sup>th</sup> & March 1<sup>st</sup>, 2026**

Gospel: Matthew 17:1-9

First Reading- Genesis 12:1-4a

**1<sup>st</sup> Sunday of Lent**

Second Reading- 2 Timothy 1:8b-10

**Saturday 4:00 PM**

**Celebrant:** Father Ben  
**Lector:** Nancy Kahane  
**Eucharistic Ministers:** Gene Walsh, Ginni Brandt, Pat Tartaglia  
**Altar Servers:** Anderson & Garret Callender

**Sunday 10:30AM**

Father Ben  
 Carole Ostrander  
 Paula Ciborowski, Pat Smith, Kathy Saludo  
 Jack, Henry & Ella Grigoli

Offerings from Feb. 15<sup>th</sup> 2026: Regular \$3000.00; Fuel \$ 140.00; Repairs \$20.00; Evangelist \$40.00; Votives \$66.00



**Religious Education 2026-2027**

Classes for Pre-K-10<sup>th</sup> grade

- 2/22 9:00-10:15 AM ~ 1<sup>ST</sup> Sunday of Lent
- 3/1 9:00-10:15 AM ~ 2<sup>nd</sup> Sunday of Lent
- 3/8 9:00-10:15 AM ~ 3<sup>rd</sup> Sunday of Lent
- 3/15 9:00-10:15 AM ~ 4<sup>th</sup> Sunday of Lent
- 3/22 9:00-10:15 AM ~ 5<sup>th</sup> Sunday of Lent
- 3/29 9:00-10:15 AM ~ Palm Sunday

**Share the Bounty**

This month's Share the Bounty Dinner is  
Thursday, February 26, 2026.  
4:30 – 6:30 pm  
All are welcome!

**Plea for Help**

Hi! I am Avery Maggio and I need a Kidney transplant. It's a hard thing to ask, but if someone would like to donate a Kidney please call 607-453-6240. Thank you.

**Zoom Lenten Scripture Study**

Thursdays from 10:00AM to Noon; Feb. 26, Mar 5, 12, 19, 26, April 2.  
For more information, please see flyer in vestibule.

**Undie Sunday**

1<sup>st</sup> Sunday of Lent, - **February 21-22 - Undie Sunday** "Let us do good to all people." Once again, we are collecting new **underwear** for children, men and women. Please be generous as the need is great especially for the children. Donations may be placed in the receptacle in the vestibule.

**Ladies Retreat Weekend**

Gentlemen, don't know what to get your darling? How about a retreat weekend? Our Ladies Retreat is May 1-3, 2026 at the Dominican Retreat & Conference Center. Register now at [dslcny.org](http://dslcny.org) or see Ellen Reuter or Paula Ciborowski.

**2<sup>nd</sup> Collection/Feb. 21-22**

This week we take up the Collection for the Church Black, Native American & Latin American Missions. Many people lack access to church programs and ministries of a rising secular culture, rugged rural terrain, and a shortage of ministers. Your generosity enables our brothers and sisters to share in the life of the Church and grow closer to Christ. . Please support and be generous in the special collection for the Black and Native American Missions of the United States and the Church in Latin America.

**Question of the Week**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. (Matthew 4:1)

Adults: What helpful advice could you offer someone faced with temptation?

Kids: What helps you do the right thing when you want to do something wrong?

**Rice Bowls**

We pray for the families in Ghana, Guatemala and Timor – Leste – whom we will meet this Lent through CRS Rice Bowl – and for all families working hard to leave healthy and dignified lives. We pray to the lord...

For our faith community as we begin the holy season of Lent, may we be inspired through our prayers, fasting and almsgiving to support our sisters and brothers in need, We pray to the Lord...

Please ensure Rice Bowl's are returned by April 2<sup>nd</sup>.  
If you have any questions please stop in the office.

**Diocesan Appeal 2026 - Update**

If you have not received your Diocesan Appeal mailing at home, there are envelopes at each of the exits for you to use to make your pledge/donation. Our assessment increased \$8,658.00 this year to \$19,152.00. We have collected as of 2/18/25 \$16,693.00. \$2189.00 to go to complete for this year.. Please prayerfully consider how you can support Sacred Heart in meeting our assessment. Please be aware that all donations to the Diocesan Appeal should be mailed Directly to Albany.

**Worldwide Marriage Encounter**

April 17- 19, 2026 ~ Silver Bay, NY  
Please see flyer in vestibule for more information.

**Please pray for the following people, who have requested our prayers:**

Gussie Shifflett, Joe LaFave, Ginni Roe, Gabi Bakeman, Kimberlee Roe, Michael Bell, Barbara Bennett, Grady Charles Weigand, Daniel Rickard, Kim Sumski, Dorothy Kashuda, Alyson Sabillon, Linda Falk, Debra Barnard, Bonnie La Voie, Doug Williams, Faith Williams, Don Butler, Debra Patterson, Ed Nicol, Dawn Maruszewski, Madlyn Sumski, Alex Roberts, Paul J. Hamilton, Sr., Mary Munetz, Jazmers Moore, Bruce Allen, Kimberly Bosket, David Rivera, Jackie Bargher, Matthew Baxter Darline Smith, Joseph Dermody, Alice Anderson, Sandy Kemp, George Walters Lorraine Keckeisen, Maria LaBar, John McCann, Natalie Stone, Marian Heeps, Mary Kolermous, Terri Cristofaro, Nancy Daugherty, Mark Morotwe, Sharon Guenther, Kira Cronk, Terry Yackel, Jack Yackel, Jim Mylotte, Alice Walters, Rev. Steve Deckard, Terry Nicolini, Nick Gibson, Andy Woods, Bob Jenks, Dolores Storzinger, Alexis Spencer, Ines Warlock, Susan Chidester, Bob Oliver, Rose LoCasci, Eugene & Yvonne Cutler, Timothy Bell, Ruth Glaum, Holly North, Dixy Pflug, Celeste Hartman, Aidan Burns, James Jennings, Marge Suriano, Marlena Keath, Marian Agyemang, Frank Holley, Nicholas Gaedeke, Gary Maraia, Rachel Feyh, Marge LaFave, Olivia Ross & family, Joe Maggio, Eric Roll, Barbara Haynes, Renee Joseph, Susan Pondolino, Charlie Washburn, James Rattrie, Sean Granan, Marge Ramsey, Beverly Pierce, Fran Groshans, Marion Kiselic, Pat Nabinger, James Stanley, Chris Smith, Bonnie De Salvo, Lori White, Ellen Reuter, Jaxson Beadle, Francis Duguay, Joan Rice, John MacDonald, Rowan DeCocker, Stephanie Soldinger, Bonnie Tabone, John Gilmore, Will Sterchak, Donna Khan, Anthony Barber, Jr., Payton Lakin, Joan & Tony Barber, Mathias Mietzelfeld, Maggie Hoffman, Marybeth Modinger, Jacqueline Richardson, Celeste Aber, Teri Frallich, Andrea Emilia Bernabey, Bill Babbage, Sarah Pressler, Bobbie August, Chris West, Dawn Cronin, Josephine Materazzo, Avery Maggio, Barb & Jerry Patrick, Paisley Halbert, John MacDonald, Anne Klopchin, Gloria Parsons, Anthony Naple, Danielle Spry, Ellen Hogan, Bradley Lathan, Peter Burghardt Jr.

*Please Note: All names will remain on our list and will be prayed for unless our office is notified to remove an individual*