



Mass Intentions for the Week

- 3-4 Mon 9:00 AM Frances Zieno
By Thomas Zieno & Maria Aebi
- 3-5 Tues 9:00 AM All deceased parishioners
- 3-6 Wed 9:00 AM Gabriel Rivera
By Judy Roldan
- 3-7 Thurs 9:00 AM All deceased parishioners
- 3-8 Fri 9:00 AM Communion Service
- 3-9 Sat 4:00 PM Lorraine & Frank Peloso
By Marty & Linda Peloso and family
- 3-10 Sun 10:30 AM Richard Ciborowski
By Paula Ciborowski

3rd Sunday of Lent

I remember quite a while back in April 2010 when I was preparing to move from the Syracuse diocese to join the Albany diocese. Part of the application process required me to complete a series of clinical and psychological testing and evaluation before being accepted into the Albany diocese. And I answered as many as 110 questions in the subject areas of emotional intelligence, spirituality, sexuality, and others. I confess that some of the questions were interesting, tough, and sensitive. Some of the questions included the following: Do you get angry? How often? What makes you upset? How do you express your human emotions? Are you introvert or extrovert? Do you have sexual thoughts? Do you feel attracted to the opposite sex or the same sex?

I was as honest as you would expect in my responses. Who doesn't get angry? All of us struggle with this human emotion. It is part of our human life. Sometimes we do well to overcome anger. Other times we fail to control it. We lose our cool and say nasty or mean things to hurt others. We need not allow anger to enslave us and lead us to damage our relationship with others. We should manage and express this human emotion in an appropriate or a healthy way.

Saint Paul was realistic when he said, "Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil" (Ephesians 4: 26-27).

In today's gospel, we find Jesus angry because some people were desecrating the house of God. The reading tells us that when the Jewish Passover was near, Jesus went up to Jerusalem and he found in the temple area those who were selling animals and exchanging money. He lost his cool and took a justifiable action to stop the merchants and the moneychangers from turning his father's house into a market place or business mall. He made a whip out of cords, and used it to drive the people out of the temple area.

Jesus expressed a just and righteous anger. He needed to take the necessary action to restore sanity in God's house. The Jewish religious leaders saw Jesus's action as an affront to their authority and they conspired to kill him.

The cleansing of the Jerusalem temple has spiritual significance for our lives. It points to our need for spiritual purification and growth in holiness.

In this sacred time, we receive the invitation to purify and renew our hearts. We are called to renew our covenant relationship with God by following the Lord's commandments.

In the first reading, we learn about the importance of the divine law in our lives. God handed the Ten Commandments to Moses on Mount Sinai for the people of Israel and all of us. He gave us his divine law to direct and guide us in our pilgrimage of life.

The Ten Commandments are based on the principle of reverence and respect. But do we live by these precepts? Do we keep God at the center of our lives and treat others with dignity and respect? Do we uphold moral and ethical uprightness?

The psalmist acknowledges that the law of the Lord is perfect, refreshing, and trustworthy.

As we continue our Lenten journey, let us take time to contemplate God's commandments more intensely and strive to follow them. Let us ask God to cleanse the temple of our hearts and souls, enable us to control our human emotions and to walk blamelessly before him and one another.

God bless,
Rev. Dr. Ben



Bread and wine are offered this weekend in memory of Father Gordon by Joe & Terry Maggio.



Lent began on Ash Wednesday, February 14th. Please note the additional Lenten services being offered. You are encouraged to attend these extra services once a week or more.

Weekday Mass Schedule- Mon.-Thurs. 9:00 AM

Eucharistic Adoration-

Every Tuesday during Lent immediately following 9:00 AM Mass in the Chapel and followed by Benediction at noon. Sign-up sheets are in the vestibule.

Stations of the Cross

Fridays at 5:30 PM followed by Benediction

Women Prophets of the Bible

Please see the flyers at each of the exits for information on an upcoming Lenten scripture study being offered through Zoom by the Dominican Retreat and Conference Center. We will meet the Tuesday's in March 5, 12, 19, 26 in the Old Church. See Paula Ciborowski for more information

Weekend of March 9th & 10th, 2024

First Reading-2 Chronicles 36:14-16, 19-23

Second Reading-Ephesians 2:4-10

Saturday 4:00 PM

Celebrant:

Fr. Ben

Lector:

Ray Keckeisen

Eucharistic Ministers:

Dorothy Yaiser

Altar Servers

Anderson & Garret Callender

Third Sunday of Lent

Gospel- John 3:14-21

Sunday 10:30AM

Fr. Ben

Kerri Green

Paula Ciborowski

Brack & Easton Porter

Offerings on February 24th & 25th, 2024 Regular, \$2,249.00; Fuel, \$70.00; Repairs, \$20.00; Evangelist, \$15.00; Black, Native & Latin American Missions, \$20.00



FAITH FORMATION A JOURNEY FOR LIFE

March 3rd- 9:00-10:15 AM PreK-10th grade classes
March 10th - 9:00-10:15 AM PreK-10th grade classes

As of the end of February 2024 the regular collection and Holy Days was \$88,118.00. The budget for these collections is \$89,095.54. To date we are \$977.54 below budget. This report is done monthly now as it better reflects the financial standing of our collections.



Corporal Works of Mercy show charity towards others. From March 3rd-24th you can assist in "Clothing the Naked" by participating in Sock It To Me Sundays. Live your faith by donating new children's, men's and women's **socks** for the needy. Your donations may be placed in the blue receptacle in the vestibule.

What are you giving up for Lent?

Here are 5 ideas that might prove challenging but they may help to actively cultivate virtue and really target our faults.

1-Mortify your will through the practice of obedience-do this by cheerfully serving the people in your life.

2-Attend especially to the tasks you don't like doing.

3-Embrace annoyances-when others annoy you, examine yourself and discern how you, too, act or think in that way.

4-Impose a strict watch on your tongue.

5-Check impulsive actions-will this action really help anyone?
~from The Catholic Company

FORMED

There is a FORMED Lent calendar on the table in the vestibule. It is a schedule of their offerings for the week of March 3-9, 2024. We will have more in the coming weeks.



2024 Women's Retreat

This year's retreat will be held on April 19th -21st at the Dominican Retreat House in Niskayuna. See

Paula Ciborowski or Ellen Reuter for information on how to register. There are a limited number of spaces left so be sure to

March Bulletin Quotes

The Gospel of Life is "meant to be a precise and vigorous reaffirmation of the value of human life and its inviolability, and at the same time a pressing appeal addressed to each and every person, in the name of God: respect, protect, love and serve life, every human life! Only in this direction will you find justice, development, true freedom, peace and happiness!"
(The Gospel of Life 5).

New Synod Sessions

Dioceses all across the U.S. are being asked to hold a new round of synod listening sessions, focusing on church structure, organization, leadership, and church life. The Roman Catholic Diocese of Albany has scheduled four sessions in the month of March. Three are in person, one is virtual. Register at www.rcda.org/synod and make your voice heard.

Save the Date

Step Up Men's Conference August, 10, 2024
Unleashing Love Women's Conference October 19, 2024

More information will be available at a later date.

Generations of Faith Sponsored Breakfast

You are invited to join for food, fellowship, and fun between young adults (age 18-39) and the older generation (age 65+) to discuss the topic of "Who Is My Neighbor?"

When: Saturday, April 13 from 8:30 Am -10:30 AM

What: Breakfast gathering

Where: Knights of Columbus

50 Pine Road, Saratoga Springs, NY

There is no cost for the breakfast but a "free will offering" will be available.

All attendees **MUST** register. Space is limited.

Registration: <https://forms.gle/FZKKJhyZxEOyFgF97>

For more information contact: Trip Gagnon at trip611@aol.com

Please pray for the following people, who have requested our prayers: Gussie Shifflett, Steve Pickwick, Joe LaFave, Ginni Roe, Gabi Bakeman, Bettye Pete, George Mertz, Kimberlee Roe, Grady Charles Weigand, Kevin, Michael Bell, Barbara Bennett, Daniel Rickard, Andre' Lundstrom, Mark & Andrea, Kim Sumski, Dorothy Kashuda, Alyson Sabillon, Linda Falk, Debra Barnard, Diane, Bonnie La Voie, Doug Williams, Faith Williams, Don Butler, Debra Patterson, Ed Nicol, Dawn Maruszewski, Carey, Madlyn Sumski, Alex Roberts, [Paul J. Hamilton, Sr.](#), Ray & Mary Munetz, Jazmers Moore, Bruce Allen, Kimberly Bosket, David Rivera, Jackie Bargher, [Matthew Baxter](#), Darline Smith, Joseph Dermody, Alice Anderson, Sandy Kemp, [George Walters](#), Lorraine Keckeisen, Maria LaBar, Kathryn Wickham, [Patrick](#), John McCann, Natalie Stone, Marian Heeps, Mary Kolermous, Clare Sterchak, Terri Cristofaro, Liliana, Nancy Daugherty, Mark Morotwe, Sharon Guenther, Kira Cronk, Terry Yackel, Jack Yackel, Jim Mylotte, Alice Walters, Mariah Pierce, [Rev. Steve Deckard](#), Terry Nicolini, [Tammy Byrnes](#), Nick Gibson, Andy Woods, Bob Jenks, Jane, Dolores Storzinger, Alexis Spencer, Susan Chidester, Ines Warlock, Alyce Hopkins, [Bob Oliver](#), Rose LoCasci, Eugene & Yvonne Cutler, Timothy Bell, Barb Doyle, Ruth Glaum, Tom DeMulder, Holly North, Dixy Pflug, Tony & Lila Donnolo, Stefanie Smith, Celeste Hartman, Aidan Burns, Bill, Alicen Knapp Feroletto, Assunta Siniscalchi, James Jennings, Marge Suriano, Marlena Keath, Marian Agyemang, Frank Holley, Nicholas Gaedeke, Pat Hamilton, Gary Maraia, Rachel Feyh, Marge LaFave, Denise Dinato, Joe Maggio, Olivia Ross & family, Eric Roll, Barbara Haynes, Jess Johansen, Renee Joseph, Susan Pondolino, Charlie Washburn, Sean Granan, Marge Ramsey, Beverly Pierce, Fran Grushans, Marion Kiselica, a dear friend, Father Peter, Pat Nabinger, James Stanley, Chris Smith, Marlena, Pat Elbrecht, Bonnie De Salvo, Lori White, James Rattrie, Danielle Guglielmo, Ellen Reuter, Francis & Alfredine Duguay, Chelsi Byrne, Jaxson Beadle, Joan Rice, Joe Santorelli, Joan Barber, Stephanie Soldingier, Eileen Donohue, Rowan DeCocker, Bonnie Tabone, Austin Kilmer, Nancy Herron, Mike Wombacker, Daniel, John

Please Note: All names will remain on our list and will be prayed for unless our office is notified to remove an individual.