

## Adult Faith Formation Resources

Nuts and Bolts: Ideas and Practices for Adult Faith Formation by Sr. Janet Schaeffler, OP. An excellent resource of both real initiatives, programs, processes working in parishes and planning tools around issues pertinent to adult faith formation (motivation, publicity, etc). The entire resource or topical portions are downloadable at [Pastoral Planning](#) and click on Center for Lifelong Faith Formation.

As we explore *The Heart of Christ* this year, why not engage in a theologically rich and prayerfully reflective program on Jesus and discipleship in Jesus, the Way: The Path of Christian Discipleship, a video workshop with Tom Zanzig. A leader's guide maps out three sessions (1 ½ to 2 hours each), and you may purchase participant booklets. This program is available in the Diocesan Video and Resource Center or it may be purchased through [RCL Benziger](#)

*Go to the following publishing companies' websites and catalogs for many other resources on a variety of topics and formats for adult faith formation:*

[The Center for Learning](#)  
[Center for Ministry Development](#)  
[Faith Formation Learning Exchange](#)  
[Good Ground Press](#)  
[Lenten Resources for Adult Enrichment](#)  
[Liguori Press](#)  
[Little Rock Scripture Study](#)  
[Liturgical Press](#)  
[Liturgy Training Publications](#)  
[Lifelong Faith Associates](#)  
[Loyola Press](#)  
[Oregon Catholic Press](#)  
[Our Sunday Visitor](#)  
[The Center for Adult Faith Formation; The Center for Household and Family Life](#)  
[Paulist Evangelization Ministries](#)  
[Paulist Press](#)  
[RCL Benziger](#)  
[Resource Publications](#)  
[Renew International](#)  
[St. Anthony Messenger Press and Franciscan Communications](#)  
[Twenty-third \(23rd\) Publications](#)  
[William B. Sadlier Co., Inc.](#)  
[United States Conference of Catholic Bishops](#)  
[The Official Vatican website](#)

### For parish RCIA teams

- [Start and Sustain the Catechumenate](#)

### For parishes welcoming returning Catholics

- [One Catholic](#)
- [Landings International](#)
- [Catholics Returning Home](#)

## For segments of the Catholic adult population

- [Busted Halo](#) - for young adults (from the Paulists)
- [Catholics on Call](#) - for young adults (from the Bernardin Center of Catholic Theological Union, Chicago)
- [Senior Adult Ministry](#) - for senior adult ministry planning (Dr. Richard Johnson)
- [For Your Marriage](#) - for couples (from the USCCB)

## For prayer and spirituality

- [Sacred Space](#)
- [Finding God](#)
- [Good Ground Press](#)
- [American Catholic](#)
- [Virtual Rosery](#)
- [Pray as You Go](#) - Jesuit Media Initiatives - daily prayer for mp3 player

## For Scripture

Two ways to approach Scripture:

1. A study of a particular book or a scriptural theme, using scripture scholarship and exegesis as sources for learning about Scripture

- [Threshold Bible Study](#)
- [Six Weeks with the Bible - Loyola Press](#)
- [Little Rock Scripture Study](#)

2. Using Scripture for prayer and faith-sharing. Although there is a minimal amount of “exegesis” in this approach, Scripture is primarily a source for spiritual growth.

- [Sunday by Sunday - Good Ground Press](#)
- Share the Word: Scripture Reflections for Today’s Disciples (Paulist Evangelization Ministries)
- Exploring the Sunday Readings - 23rd Publications
- Bringing Home the Gospel (for parents and children) - St. Anthony Messenger Press
- Sunday Supplements (radio spots and questions “for the ride home”) - St. Anthony Messenger Press
- The Faith Connection - RCLBenziger
- At Home with the Word - Liturgy Training Publications
- Quest (see section on Small faith-sharing groups below)

**“Question of the Week” resources** - The “question of the week” is a strategy to encourage people to reflect on the Sunday readings during the week and develop the habit of reflecting and sharing on the Sunday Scriptures . The question is usually printed in the bulletin, spoken from the pulpit after the homily. Sometimes there is a question geared for children. It is encouraged that every group that meets in the parish that week (from the pastoral council to children in faith formation) take 5-10 minutes to share on the question of the week. There is often a question for family faith-sharing at home.

[We Believe](#) - See Question of the Week  
[Loyola Press](#) - Click Sunday Connection

## For Exploring Catholic Faith

- The Catechism of the Catholic Church for Adults - United States Conference of Catholic Bishops (USCCB) - comes with a leader's guide and reader's journal, distributed by RCLBenziger
- The Compendium to the Catechism of the Catholic Church - concise synthesis in question/answer form (USCCB), distributed by RCLBenziger.
- Growing Faith Project - Bill Huebsch - 48 topics with participant leaflets, facilitator guide with CD of powerpoint presentations - 23rd Publications
- Exploring our Catholic Faith - 26 topics- 4-page leaflets, facilitator manual, which can be customized for 4,6 or 8 week programs - RCLBenziger
- Adult Faith Formation Strategies - Tom Zanzig- 170 creative learning strategies, prayer experiences and presentation outlines. Can also be used with "What Makes Us Catholic" (see below) - RCLBenziger
- What Makes Us Catholic? - 9 DVD series with Thomas H. Groome - RCLBenziger
- "What Does It Mean to Be Catholic?" -5 facilitated gathering sessions by Jane Regan and Mimi Bitzan - Loyola Press
- While You Were Gone: A Handbook for Returning Catholics (and those thinking about it) - by Rev. William Bausch - Twenty-third Publications
- A Well-Built Faith: A Catholic's Guide to Knowing and Sharing What we Believe - by Joe Paprocki - Loyola Press
- The Catholicism Project - DVD series with participant guides. Available for loan from Diocesan Video and Resource Center (453-6644) or for purchase at [Word on Fire](#)
- Video/DVD resources from the Diocesan Video and Resource Center Topical index is available on the [Diocesan Website](#). Click Resources from the home page then click on Diocesan Video and Resource Center and it will take you directly there. Find "topical index" and click.

## On-line courses for Adults

- [STEP Program from the University of Notre Dame](#)
- [Virtual Learning Community for Faith Formation](#) - University of Dayton

## For Non-gathered Learning (pamphlets, seasonal booklets, CDs, etc)

- [Now You Know Media](#)
- [Creative Communications for the Parish](#)
- [Little Books for Advent/Christmas, Lent and Easter seasons](#) - Diocese of Saginaw
- Liturgical Year Meditations and seasonal booklets - RCLBenziger
- CareNotes - on pastoral care issues from [Abbey Press](#)
- In Good Faith (topical -newsletter format) - Claretian Publications
- At Home with Our Faith (for parents) - Claretian Publications
- Everyday Catholic - St. Anthony Messenger Press
- Catholic Updates (topical - newsletter format) St. Anthony Messenger Press
- [America Magazine](#) - a publication of the Jesuits
- [U.S. Catholic](#) - access articles from the magazine, a publication of the Claretians
- St. Anthony Messenger Magazine - St. Anthony Messenger Press
- Words of Faith - bulletin inserts on prayer - [Ave Maria Press](#)

## Resources and other helps for small Christian communities of all kinds

- [Quest](#) - Archdiocese of Hartford - seasonal; subscription
- Why Catholic?; Longing for the Holy - Renew International
- Impact - 6 session, theme-based resources for small groups from Renew International
- Gathered in His Name - 6 sessions per theme. Some themes in this series are "The Old Testament", "Sacraments", The Spirit of Vatican II", "Great 20th Century Catholics" - St. Anthony Messenger Press
- Disciples in Mission - Oregon Catholic Press
- [Catholic FaithSharing](#) - themes in the series include Reconciliation, Eucharist, The Gospel of Mark and the Gospel of Luke
- [Pastoral Planning](#) - At the Home page, click on the Center for Small Christian Communities for numerous resources

## For Intergenerational or Whole Parish Learning

- [Gather in My Name](#) - 9 seasonal experiences for free download
- [5 seasonal experiences for free download](#)
- [Fashioning Faith](#) - a subscription site with material for weaving four settings for learning: parish (intergenerational), peer (age-specific), home, wider community. For Parish/Cluster Adult Faith Formation teams
- Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United States (Statement of the US Catholic Bishops), USCCB, 1999. See also the Leaders' Guide.
- Nurturing Adult Faith: A Manual for Parish Leaders, National Conference for Catechetical Leadership, 2003.
- On Fire with Faith: Forming Adult Disciples -Catholic Update Video/DVD from St. Anthony Messenger Press. Stimulates enthusiasm and commitment to adult faith formation.
- Echoes of Faith Plus: Adult Faith Formation (Methodology) - DVD and facilitator guide from the National Conference for Catechetical Leadership, distributed by RCLBenziger. A video-assisted resource for training catechists for adults in skills for facilitating adults in small-group settings