

**First Sunday of Lent  
March 9-10, 2019**

**From Fr. Anthony Ligato  
*Jesus help me resist temptation***

Dear Sisters and Brothers in Christ,

Today we celebrate the First Sunday of Lent and begin our forty-day journey to Calvary and the resurrection. We begin that journey by accompanying Jesus into the desert. The desert can be a dry, desolate place filled with a sense of loneliness and abandonment. I did not realize how barren and desolate the desert could be until I visited Arizona last fall. I had never seen a desert let alone walk in a desert environment. The heat was beyond oppressive and you could feel yourself becoming dehydrated. The landscape was quite different than anything I had ever experienced before. The ground was various shades of brown and the vegetation was sparse and course. The Land was flat with an occasional rock or boulder. From a distance you could see a mountain range distorted by the glare and haze from the heat and the sun.

That is the environment Jesus himself experienced when he went into the desert; hot, dry and parched. Before he entered the desert, he had been at the Jordan River where he was Baptized by John. As he stepped out of the water he was filled with the Holy Spirit and made his way toward the desert, "led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over, he was hungry." (Luke 4:1-13) Jesus was fortified during those Forty Days, not by food but by the Spirit that strengthened him spiritually so that he might be able to endure the physical battle with the devil. We don't often think that Jesus who came into the world fully human and divine would need fortification, but his physical body needed food and water in the same way we need it.

What was the purpose of Jesus' fasting for 40 days and nights? The significance of 40 days and nights in the scriptures is a prelude to a mighty deed on the part of God. Take for example Noah and the Ark, it rained 40 days and nights and when it stopped, God had cleansed the earth for it to be repopulated by God's creatures. Moses himself went into the desert for 40 days and nights and he fasted and when his desert sojourn was over, he received the Ten Commandments. The great prophet Elijah also fasted for 40 days and nights before he traveled to Mount Horeb (Mount Sinai) and once he reached the mountaintop he heard the voice of God as a quiet and still sound. The event was for Elijah to give God's prophetic word to a disobedient people. Jesus' Forty Days of Fasting concludes with the battle with the devil which ushers in the great event of the salvation of all humanity.

Jesus' fast was a self-emptying which strengthened him for his battle with the devil. Even though he was dry, weary and hungry, he was able to withstand all that Satan threw at him. In the resisting of each temptation Jesus reveals for us how we are called to faithfulness. We are called to rely on Jesus for all our needs the way Jesus relies on the Father, empowered by the Spirit, for all his needs. The unity of God on full display for the salvation of all humanity. Jesus' first temptation was to turn the stones into Bread. Jesus responds by saying, "One does not live on bread alone." (Luke 4:4) Jesus is the bread come down from Heaven and just as the Father

*Continued...*

sustained the Son, so too the Son sustains us with his body and blood. But how often has the temptation of worldly things pulled us away from the Eucharistic celebration? When we are not together in prayer and worship, we are weakened and vulnerable to temptation. Jesus gives us himself as bread for that very reason, so that we may be strong in faith and holiness.

Jesus helps us resist the temptations of power and glory by his own resisting the temptation of the devil. The devil wanted Jesus to worship him, but how could God worship the devil? Jesus responds, "You shall worship the Lord, your God, and him alone shall you serve." (Luke 4:8) We are all called to worship the Lord, Our God by our own being present to Jesus as Jesus is present to us in the Eucharist. The final temptation was for Jesus to throw himself off the Parapet of the Temple in Jerusalem. Jesus responded to this final temptation by saying, "You shall not put the Lord, your God to the test." (Luke 4:12) Do we test the Lord? Every day! Our test is to resist the temptation to test God' faithfulness to us.

This final test reminds us that we are never left alone in our temptations, after all Jesus has gone before us and has shown us the way.

Yours in Christ,  
Fr. Anthony

### **SIGNS & SYMBOLS OF LENT**

Lent is a season which asks us to reflect on that which is not bearing new fruit in our lives and be willing to cut it out in the same way we could cut off a dead branch on a tree. So we see in the barren vines and branches a reminder that the Lenten journey asks us to cut out that which is dead and lifeless. We see the barren vines climbing the Baptismal font to remind us that Jesus died for us and how the waters of new life which flow from the cross can bring us new life. For this reason we will have no holy water in the Baptismal font during Lent to remind us that from Christ's suffering and death came new life. Holy water is available in the Fonts at the Doors. It has been tradition for us in previous years not to have Holy Water in the Fonts to help us heighten the experience of thirsting of the new waters of Baptism which flows from the blood of the Cross. When Jesus died water and blood flowed from his side. In the same way when the people of Israel thirsted in the desert, Moses was instructed by God to strike the rock at Meribah (Exodus 14:5-6) so that the people would have their thirst quenched. In the fonts at the doors this year you will find rocks covered by water, as reminder to us how even in the desert of Lent God quenches our thirst. As a sign of our waiting for the being recreated through Christ's suffering, death and resurrection. We also have traditionally covered sacred images during Lent and will do so beginning with the Fifth Sunday of Lent which is when it is permitted by the Church. The covering of sacred images reminds us of the passion of Jesus and how the world was in darkness at our Lord's crucifixion. Look around and see the signs and symbols that tell the story of our faith.

## First Sunday of Lent



### LENTEN REFLECTIONS

**APRIL 5-6, 2019**

Matthew Leonard is an internationally renowned speaker, author, podcast, film maker, and host of the worldwide smash hit Bible and the Virgin Mary video series.

Matthew hosts a very popular podcast on I-tunes titled “The Art of Catholic”, which is heard in more than 170 countries around the world. He also holds a Masters in Theology from Franciscan University of Steubenville. Matthew lives in Ohio with his wife Veronica and their six children. Learn more about him at MatthewSLeonard.com

**April 5 Begins with Stations of Cross at 7PM**

**St. Michael the Archangel Church**

**Love Hurts: The Truth Behind Redemptive Suffering**

Unfortunately, no one can escape suffering. But don't be discouraged! Christ proclaims a new idea of love that gives meaning to human suffering, penance, and ultimately, death. In fact, there's a powerful secret that unlocks how we can “rejoice in the Lord always” just like St. Paul, no matter what happens! After all, there is absolutely no reason Catholics shouldn't be the most joyful people on earth regardless of earthly circumstances

**April 6 Begins with Mass at 9AM**

**St. Jude the Apostle Church**

**Confirmed in Truth: A Conversion Story**

How does a Protestant Pastor's kid and former missionary to Latin America preaching to Catholics end up Catholic himself? Matthew Leonard describes his road into the arms of Mother Church, including many of the issues he had to deal with. It's a journey filled with study, a few tears, and some big laughs.

**Pray Like a Saint: Wisdom for Growing Closer to God**

According to Scripture, every one of us is called to “be perfect” and to “pray without ceasing.” Prayer is the path to God and we've been doing it all our lives. But are we really praying? Are we really progressing toward holiness, perfection, and deep relationship with God? In this talk we will define and discuss the three traditional modes of prayer as taught by spiritual greats like St. John of the Cross, St. Teresa of Avila, and St. Francis de Sales. We won't just talk theory, but lay out the practical steps to achieve union with God through deep prayer even in the midst of this busy distracting world. Because if you are not praying, you are not living.

**Spiritual GPS: The 3 stages of the Spiritual Life**

Many spiritual writers refer to the “science of sainthood.” It's a defined process by which we achieve union with God, our ultimate destiny—a mode of life beyond what anyone can imagine. This talk explains the three traditional stages of Catholic Spiritual life as taught by spiritual greats like St. Teresa of Avila, St. John of the Cross, St. Thomas Aquinas, and so many others. I also explain how to achieve a life of true peace and happiness in the craziness of this world as you move through the stages of the spiritual journey. This is what life is all about—now and forever!

### PRAYERS

We will pray for those who are ill, hospitalized, recuperating and all those who are in need of prayers. If you know someone who could use prayers, please call the Parish Office and leave their name for inclusion in the bulletin. Please make sure you have their permission to do so. This week we pray for the following people:

*Jacqueline Ackner, Anne Antdomi, Raymond Bagley, Carol Bennete, Colleen Bornhorst, Ann Burke, Bryce Chapman, Bob & Rose Davignon, Michelle Darcy, Chester DeBell Sr., Tina Demczar, Edward Doin, Edward Dworakowski, Theresa Dworakowski, Ric Dworakowski, Joseph Esposito, Thomas Esposito, Ralph Esposito, Donna Flinton, Brenda Flynn, Dick Galvin, Marilyn Gorman, Dave Grinko, Pat Harley, Tony Huneau, Mary Ellen Gibson, Kris Gordan, Lynn Gorman, Margaret Hoban, Debbie Hopkins, Monique Inyard, Dorothy Jones, Mary Keeley, Edward Kehn Jr., Tayla Kreiger, Lucy Langelier, Anthony Mainello, Craig Maloney, Jimmy Margo, Charlie Martinec, Mary McMahan, Chuck Miorin, Debra Moulton, Anne McHugh, Morgan McEvelly, Stella Muzicka, Christine Pangburn, Dawn Perlmin, Mary Phibbs, Jack Reid, Bonnie Ritovoto, Laney Robillard, David & Roni Ruppert, Christopher Russell, Jason Russell, Kirstin Shoemaker, Kenny Schroeder, Kaleb Schwartz, Derrick Senior, Margaret Shields, Mary Signorelli, Courtney Sims, Anne Stevens, John Sullivan, Shirley Talbot, Joseph Tenzyk, Anthony Valenti, Ashley Valenti, Madeline Valenti, J. Van Amburgh, Holly Wait and Sharon Wiliking.*

### ACTIVE, RESERVE AND NATIONAL GUARD

#### PRAYER LIST

We would like to pray for all our military personnel in our Parish and we would like to include their names in the bulletin each week. We request that you assist us by submitting the names to the Parish Office so that these service members can be included in our prayers. **SFC. Michael Baker, Matthew S. Cannon, SRA Jordan Correll USAF, SRA Colton Correll USAF, Third Class Petty Office Christopher Fox, USMC—CPL W (Mac) Harkin, RCT Patrick Long, AB Mary B. McDade, 1st Lieutenant Joe McMillen, First Sergeant Aime Moore, LCpl. Matthew T. Nero US Marines, Airman 1st Class Michael D. Jennings, Master Sergeant Richard Palasz, Specialist Joshua Abbott .**

### FAIR TRADE

Next weekend March 16th & 17th, representatives from Team Pathways will be at the entrance of the church after all Masses and at the Knights of Columbus Breakfast selling Fair Trade products. Your purchase of delicious Fair Trade products including coffee, tea, chocolate bars, almonds, and more helps to build a more fair, healthy and sustainable world. Thank you for your continued support!

MARCH 10, 2019

# ST. JUDE THE APOSTLE SCHOOL

Wynantskill, NY



Congratulations to Jamie and Alex Kendrick on receiving the Community Spirit Award at the Beacon of Hope Ball held on Saturday, March 2, 2019. Jamie and Alex have played integral roles in many SJS events over the years. In 2018 they chaired the Color Run at SJS.

This run is always a fun way of bringing the school and greater community together. In the Fall they were a vital part of the volunteer staff at Wing Wars supplying numerous volunteers, working the event and making all of the t-shirts. In addition, Jamie and Alex regularly attend PCA meetings and are always helping out with classroom parties and activities! Thank you for all you do to make SJS a wonderful school community!

### PARISH NURSE PROGRAM

Many thanks to all who participated and those who attended the Nurses' Way of the Cross this past Friday evening. What a moving presentation by some very dedicated nurses!

## The Wisdom of Lent

### First Sunday

The time is fulfilled, and the kingdom of God has come near; repent and believe in the good news.

### Second Sunday

This is my Son, the Beloved, listen to him!

### Third Sunday

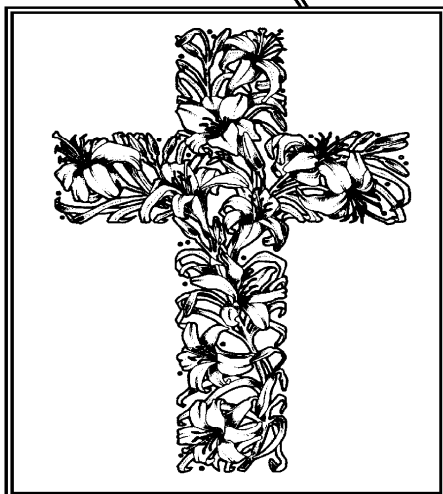
What sign can you show us? I will raise up the temple.

### Fourth Sunday

Whoever believes in him may have eternal life.

### Fifth Sunday

The hour has come for the Son of Man to be glorified.



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### DOORS OF HOPE

This is our local food pantry that aids our community members. The needs of those who are struggling never diminish. Please give generously to help our community pantry provide food and personal care items to those in need. Suggested items needed are: *pancake mix, syrup, cereal, canned pasta/meat meals, shampoo, bar soap and feminine products.*

**15 bags were received and brought to Doors of Hope last week. Thank you for your generosity.**

### BIBLE BASICS



An introduction to the Bible for those with little or no previous experience. We will meet on the four Thursdays of March 14, 21, and 28 at 9:00 – 10:30 a.m. in St. Jude the Apostle Parish Center conference room.



### CHILDREN'S LITURGY OF THE WORD

#### March 10, 2019

9:00AM Jennifer Foust  
11:30AM Carmella Moore

#### March 17, 2019

9:00AM No Session  
11:30AM No Session

Children's Liturgy of the Word will be held during the 9:00 a.m. & 11:30a.m. Mass. Children's Liturgy of the Word is for 3-8 years old.

### K-6 FAITH FORMATION CALENDAR

March 10, 2019 Class at 10:30AM  
March 17, 2019 NO Class  
March 24, 2019 Class at 10:30AM  
March 31, 2019 Class at 10:30AM

### TEAM PATHWAYS

March 10, 2019 No Classes  
March 17, 2019 No Classes  
March 24, 2019 9th & 10th Grade Class at 10AM  
7th & 8th Grade Class at 10:45AM  
March 31, 2019 9th & 10th Grade Class at 10AM  
7th & 8th Grade Class at 10:45AM

## First Sunday of Lent

### Announced Masses

#### Saturday, March 9

**4:00PM** Joseph Elligott, *Peg Dessinger*  
**David Manning Jr.,** *Wife & Family*  
**Mary Marzola,** *Eileen Burton*  
**Anthony Carnevale,**  
*Doyles & Silveri Families*

#### Sunday, March 10

**9:00AM** Mary Marzola, *Randy & Debbie Moore*  
**Carol Maple,** *Randy & Debbie Moore*  
**Ann Conroy,** *Randy & Debbie Moore*  
**William Castle,** *Tom & Mary Phibbs*  
**11:30AM** Mary Marzola, *Phyllis Devery*  
**Ken Burton,** *Family*  
**Anthony Carnevale,** *Phyllis Devery*  
**Ivan & Linda O'Mealy,** *Family*

#### Monday, March 11

**8:00AM** Mary Marzola, *Mary Anne Ryan*  
**Carol Maple,** *Mary Anne Ryan*  
**2:00PM** Heather Grieco, *Barbara Clow &*  
*Rosemary Bennett*

#### Tuesday, March 12

**8:00AM** Ken Burton, *Eileen & Family*

#### Wednesday, March 13

**8:00AM** David Manning III, *TJ & Jan Jackson*

#### Thursday, March 14

**8:00AM** Deceased Parishioners of St. Jude

#### Friday, March 15

**8:00AM** Jody Rogers Akots, *Daughter Madison*  
**Richard Gilooly,** *Family*

#### Saturday, March 16

**4:00PM** Joseph Ienco, *Anne & David Cannon*  
**William Hale,** *Family*  
**Carol Maple,** *Eileen Burton*  
**Paul Caruso,** *Family*

#### Sunday, March 17

**9:00AM** M/M James Monahan, *M/M Jack Rogers*  
**Mary Ann Fragomeni,** *Family*  
**Daniel Keating,** *Wife Norma*  
**Kevin Hayes,** *Jean Hayes*  
**11:30AM** Mary Marzola, *McDade Family*  
**Carol Maple,** *McDade Family*  
**Virginia Merola,** *Al & Patti Mgrace*  
**Tony Farina,** *Wife Betty & Family*

#### SANCTUARY VOTIVE LIGHT

March 10 through March 16  
**Ken Burton, Burton Family**

#### Mass Schedule for our Local Catholic Community

**Sacred Heart** Sat. 4PM, Sun. 8:30AM & 10:30AM  
 Weekday Mon.-Fri. 9AM  
**St. Jude** Sat. 4PM, Sun. 9AM & 11:30AM  
 Weekday Mon.-Fri. 8AM  
**St. Michael** Sat. 5:15PM, Sun. 7:30AM & 10:15AM  
 Weekday Mon-Thru. 12:10PM  
**Van Rensselaer Manor** Tuesdays at 1:45PM

### MINISTRY SCHEDULE

*Weekend of March 16 & 17, 2019*

	<u>4PM</u>	<u>9AM</u>	<u>11AM</u>
<b>Lectors</b>	1. A. Short 2. M. Ghent	M. Ascioti N. Ascioti	K. Giglia L. Burzese
<b>Ministers</b>	H. J. Flanigan 1. K. Harriman 2. <i>Minster Needed</i> 3. L. Owens 4. J. Rogers	Dcn. Warren M. Kruczlnicki D. Clement R. Palasz B. Zemanick	K. Rodriguez J. Behan S. Bonanni
	<b>(Choir)</b> P. Binck		
<b>Altar Servers</b>	1. S. Short 2. J. Ziobrowski 3. M. Fresyssinier	M. Bender N. Ascioti N. Clemenzi	M. McGivern G. Giglia R. Moore

Readings for the week of March 10, 2019

Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/Rom 10:8-13/Lk 4:1-13

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14 [1a]/Phil 3:17—4:1 or 3:20—4:1/Lk 9:28b-36

<b>Week Ending March 3, 2019</b>	
Amount Received From Offertory Collection	\$6,962.00
Amount Received from Electronic Giving	-
Total Received Last Weekend	\$6,962.00
Budgeted Weekly Need	\$4,977.00
Last Week's Difference: <b>Over (Under)</b> Budget	<b>\$1,985.33</b>
<b>Year-To-Date Fiscal Year</b>	
Received Year - to - Date	\$194,102.00
Budgeted Year -To -Date	\$193,316.00
Year - To - Date Difference: <b>Over (Under)</b> Budget	<b>\$786.00</b>

#### COLLECTION COUNTER TEAMS

**March 10, 2019 Team #3 Bob Myron**  
**March 17, 2019 Team #4 John Waterbury**  
**March 24, 2019 Team #5 Cherie Aanonsen**  
**March 31, 2019 Team #6 Tanya Halse**  
**April 7, 2019 Team #7 Rose Galipeau**  
**April 14, 2019 Team #1 Mary Ellen Hunt**  
**April 21, 2019 Team #2 Peter McMillen**  
**April 28, 2019 Team #3 Bob Myron**