

Mass Intentions for the Week

| | | |
|------------|----------|---|
| 7/06 Mon | 9:00 AM | Anthony Barber <i>By Marge Lafave</i> |
| 7/07 Tues | 9:00 AM | Anthony Barber <i>By Pete and Ellie Robinson</i> |
| 7/08 Wed | 9:00 AM | Soddy Mirabito <i>By Dan & Ginni Brandt & Family</i> |
| 7/09 Thurs | 9:00 AM | Anthony Barber <i>By The Suriano Family</i> |
| 7/10 Fri | 9:00 AM | Communion Service |
| 7/11 Sat | 4:00 PM | Matt Walsh <i>By Chris & Gabrielle Stillman</i> |
| 7/12 Sun | 10:30 AM | Anthony Barber <i>By Knights of Columbus</i> |

Share the Bounty ~ Community Lunch
 Saturday July 11, 2026 ~ 11:30AM – 1:30PM
 All are welcome to our Free Community Lunch!!!!

Sanctuary Candle
 The sanctuary candles are lit this week in memory of
 Lorraine Z.

Summer Soul Check –In
 Tuesday July 14, 2026 ~ 10:00 to 3:00PM
 Dominican Retreat & Conference Center
 Art & Nature, time to breath, explore and be still.
**For more information please see flyer in vestibule.*

Dinner with Bishop Mark O’Connell
 Tickets are now on sale for the Dinner Saturday, August 15th.
 Tickets are \$15.00 each and will be available after Mass in
 the vestibule.

Joint Parish Picnic
 Sacred Heart & St. Paul the Apostle Church
 Sunday August 23rd ~ 2PM – 7PM
 Oquaga Creek State Park
 Come join us for food & fellowship!
 More information in flyer in vestibule.



14th Sunday in Ordinary Time-Carrying Our Life Burdens

Life can sometimes leave us weary and overburdened. We get overwhelmed by family pressures, strained relationships, illness, and addiction. Added to this, the weight of sin, guilt, and human weakness often rests heavily on our shoulders. Into these very struggles, the readings of this Sunday speak words of comfort and peace, strengthening our hearts, and renewing our hope through God’s grace. In the first reading, the prophet Zechariah proclaims that the Messiah will come in humility-riding on a donkey and bringing peace to a people worn down by exile and oppression. His message assures us of God’s faithfulness and compassion for the weary and all who suffer. The responsorial psalm echoes this tenderness, praising the Lord who is gracious and merciful, slow to anger and rich in kindness. Saint Paul, in the second reading, urges us to live not according to the flesh but according to the Spirit. He calls us to cast aside the burdens of vice and to walk in holiness, allowing God’s grace to shape our lives from within. When we live in the Spirit, we are freed from the chains of sin and led into the fullness of God’s peace. In the Gospel, Jesus praises the Father for revealing the mysteries of the Kingdom not to the proud or self-sufficient, but to the little ones-those humble enough to receive. He then offers His tender invitation: "Come to me, all you who labor and are burdened and I will refresh you. Take my yoke upon your shoulders and learn from me". A yoke, the wooden beam that joins two oxen, lightens the load by allowing them to pull together. Jesus uses this image to reveal His heart: He offers to share our struggles, lighten our burdens, and give rest to our weary souls. Through His Word and Sacraments, He strengthens and nourishes us; in the sacrament of Penance, He heals our brokenness and draws us deeper into His saving mercy. On this Fourth of July weekend, we give thanks to God for our nation, for those who fought for our freedom, and for all who continue to serve the common good. We pray that God’s Spirit may guide every heart toward righteousness, justice, and peace. May God bless America and shine His light upon us, helping us to yoke our lives to Him and find the peace and freedom that come from surrendering to His holy will. Have a happy Fourth of July. God bless,
 Fr. Dr. Ben

Weekend of July 11th & 12th, 2026

15th Sunday in Ordinary Time

| | | |
|--------------------------------|--|---|
| First Reading- Isaiah 55:10-11 | Second Reading: Romans 8:18-23 | Gospel: Matthew 13:1-23 |
| Celebrant: | Saturday 4:00 PM Communion Service Jane Artis | Sunday 10:30AM Communion Service Judy Roldan |
| Lector: | | |
| Eucharistic Ministers: | Pat Tartaglia, Carole Ostrander, Bill Babbage | Kristin Reuter, Lorraine Keckeisen, Terry Maggio |
| Altar Servers: | Anderson & Garret Callendar | Ayla Gronwall |

Offerings from June 27th & 28th, 2026: Regular \$2,147.00; Repairs \$170.00; Fuel \$130.00

New Parish Tradition:

Bread & Wine and Sanctuary Lamp Offerings

Parishioners who wish to honor a loved one—living or deceased—may now do so by offering a **\$25.00 donation** toward the **Bread and Wine** used at Mass, or offering a **\$10.00 donation** for the **Sanctuary Lamp** that burns before the Blessed Sacrament. These offerings are a meaningful way to remember someone special, mark an anniversary, or give thanks for blessings received. The name of the person being remembered will be printed in the bulletin for that week. To reserve a week, please contact the parish office at **607-563-1591**. We would also like you to know that Mass intention slots are also still available. The offering is **\$15.00 per Mass**. Thank you for your continued generous support and prayers.

Question of the Week

Jesus said, Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.
(Matthew 11:28-29)

Adults: When has Jesus refreshed you when you felt burdened by problems?

Kids: What burden do you need Jesus to help you carry?

Father Ben on a Mission Appeal for Ghana

Father Ben will be away July 11th, 12th, 18th & 19th. In the absence of Father Ben preaching missions for Ghana -
July 11th & 12th: There will be a Communion Service.
July 18th & 19th: Our special guest ,Father Robert Longobucco will be conducting Mass for us.

Thank you!!!

Many thanks and much appreciation for all who helped with Tony Barber's Luncheon.

July Bulletin Quotes

O God our Creator – through the power and working of your Holy Spirit, you call us to live out our faith in the e midst of the world, bringing the light and the saving truth of the Gospel to every corner of society.

~ United States Conference of Catholic Bishops

Attention Single Women: Could God be calling you?

Do you think God may be calling you to the religious life-a life of love and service through the vows of poverty, chastity, and obedience? Would you like to learn more about such a life?

If you would like to learn more about the religious life, please contact Sister Laurie-Marie, C.R. at lauriemarie.parisi@fcda.org or call 518-453-6690 for more information.



Save the Date ~ KOC Dinner Dance

Fundraiser for St. John's and Sacred Heart
9/19/2026, 5:30PM - ? ~ Sacred Heart Parish Center
Dinner, Dessert, and DJ.
More information to come!

Rosary

We meet every 2nd Tuesday of every month.
Our next meeting is July 14, 2026 after 9:00AM Mass.
If you do not have a rosary there are ones available in the vestibule for your use.
If you would like to join us or to become a member please contact Terry Maggio at 607-287-7133.

Wisdom of the Saints

Put yourself in God's hands; He abandons no one.
~St. Andre Bessette



Please pray for the following people, who have requested our prayers: Gussie Shifflett, Joe LaFave, Ginni Roe, Gabi Bakeman, Kimberlee Roe, Michael Bell, Barbara Bennett, Kim Sumski, Grady Charles Weigand, Daniel Rickard, Dorothy Kashuda, Alyson Sabillon, Linda Falk, Debra Barnard, Bonnie La Voie, Doug Williams, Faith Williams, Don Butler, Debra Patterson, Ed Nicol, Dawn Maruszewski, Madlyn Sumski, Alex Roberts, Mary Munetz, Jazmers Moore, Bruce Allen, Kimberly Bosket, David Rivera, Jackie Bargher, Matthew Baxter, Darline Smith, Joseph Dermody, Alice Anderson, Sandy Kemp, George Walters, Lorraine Keckeisen, Maria LaBar, John McCann, Natalie Stone, Marian Heeps, Mary Kolermous, Terri Cristofaro, Nancy Daugherty, Mark Morotwe, Sharon Guenther, Kira Cronk, Terry Yackel, Jack Yackel, Jim Mylotte, Alice Walters, Rev. Steve Deckard, Terry Nicolini, Nick Gibson, Andy Woods, Bob Jenks, Dolores Storzinger, Alexis Spencer, Ines Warlock, Susan Chidester, Bob Oliver, Rose LoCasci, Eugene & Yvonne Cutler, Timothy Bell, Ruth Glaum, Holly North, Dixy Pflug, Celeste Hartman, Aidan Burns, James Jennings, Marge Suriano, Marlena Keath, Marian Agyemang, Frank Holley, Nicholas Gaedeke, Gary Maraia, Rachel Feyh, Marge LaFave, Olivia Ross & family, Joe Maggio, Eric Roll, Barbara Haynes, Renee Joseph, Charlie Washburn, James Rattrie, Sean Granan, Marge Ramsey, Fran Groshans, Marion Kiselic, Pat Nabinger, James Stanley, Chris Smith, Bonnie De Salvo, Lori White, Ellen Reuter, Jaxson Beadle, Francis Duguay, Joan Rice, John MacDonald, Rowan DeCocker, Stephanie Soldingier, Bonnie Tabone, John Gilmore, Will Sterchak, Donna Khan, Anthony Barber, Jr., Payton Lakin, Joan Barber, Mathias Mietzelfeld, Maggie Hoffman, Marybeth Modinger, Jacqueline Richardson, Celeste Aber, Teri Frallich, Andrea Emilia Bernabey, Bill Babbage, Sarah Pressler, Bobbie August, Chris West, Dawn Cronin, Josephine Materazzo, Avery Maggio, Barb & Jerry Patrick, Paisley Halbert, John MacDonald, Anne Klopchin, Gloria Parsons, Anthony Naple, Danielle Spry, Ellen Hogan, Bradley Lathan, Peter Burghardt Jr., The Family of Mufide, Kathy Saludo, Elizabeth Cline, Robert Ostrander, Kyle Banas, Kristin Barber

Please note: All names will remain on our prayer list and will be prayed for unless our office is notified to remove an individual.

